



Spas Holiday Resorts SPA与温泉度假村

谢昕宜 编
常文心 译

辽宁科学技术出版社

Spas Holiday Resorts

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Tamina Thermal Baths

塔米那温泉浴场

Location:
Zürich, Switzerland

Designer:
Joseph Smolenicky

Photographer:
Walter Mair

Completion date:
2009

项目地点：
瑞士，苏黎世

设计师：
约瑟夫·斯莫兰尼奇

摄影师：
沃尔特·梅尔

完成时间：
2009

The Tamina Thermal Baths is explicitly conceived as a part of the grand-hotel culture. The cultural and aesthetic identity of the project seeks an affinity to both Swiss tradition and the grand hotels of the Baltic coast. For this reason the building volume has a monumental character, in order to stand out as an institution equal to the other buildings in the resort. Simultaneously the thermal baths are intended to relativise the almost "urban" stonework character of the spa spring hall.

This strategy of using an explicit resort architecture is underscored in the building's formally fanciful oval windows. Seen from the inside, the windows have the effect of over-dimensional picture frames. Oval picture frames were widespread in the Victorian era for landscape scenes, whereby the intention in the current project is to give specific expression to the view over the relatively neutral landscape by means of the gesture of the frame.

Metaphorically the creation of the interior spaces of the project has an analogy in cutting clearings in the pattern of a forest by felling individual trees. This is the reverse of the common design process. The exterior spaces are similarly created by "felling" supports on the periphery of the building volume. Structurally the building can be more or less seen as a forest, created out of columns instead of trees – a total of 115 supports using the timber of 2,200 fir-trees.

塔米那温泉浴场的设计是大酒店文化的一部分。项目的文化和美学底蕴兼具瑞士传统和波罗的海海岸的大酒店文化。因此，建筑外观呈现了宏伟的特点，从周围的其他建筑中脱颖而出。温泉浴场的石雕和大厅极具都市感的石雕有异曲同工之妙。

奇妙的椭圆形窗户进一步诠释了明显的度假建筑特征。从里往外看，窗户像一个巨大的画框。在维多利亚时代，椭圆形画框被广泛应用于风景画之中。温泉浴场对于椭圆形窗户的应用也是让游客可以透过这些巨大的画框来观看浴场外部美丽的景观。

温泉浴场的内部设计采用了一种隐喻，暗喻着被砍伐过的树林。这与常规的设计正好相反。外部空间的设计也同样采用了“伐木”的概念，并呈现在建筑的边缘区域。从结构上讲，整个建筑可以被看成是一片森林，圆柱代表着树木。115根支承结构总共耗费了2,200棵冷杉木材。

项目的内部和外部有着同样的外观。雪白的木质条板构成了整个室内墙面。从这个意义上说，整个项目并没有什么内部外部结构之分，而是一个整体的建筑项目。

建筑的木质结构不仅仅体现在支承结构上。项目并没有一味地强调支承结构的工程建造和建筑物的加固上，而是更专注于对空间的设计，创造了一种美观庄严的氛围。在这里，洗浴是一种极具教养的行为。

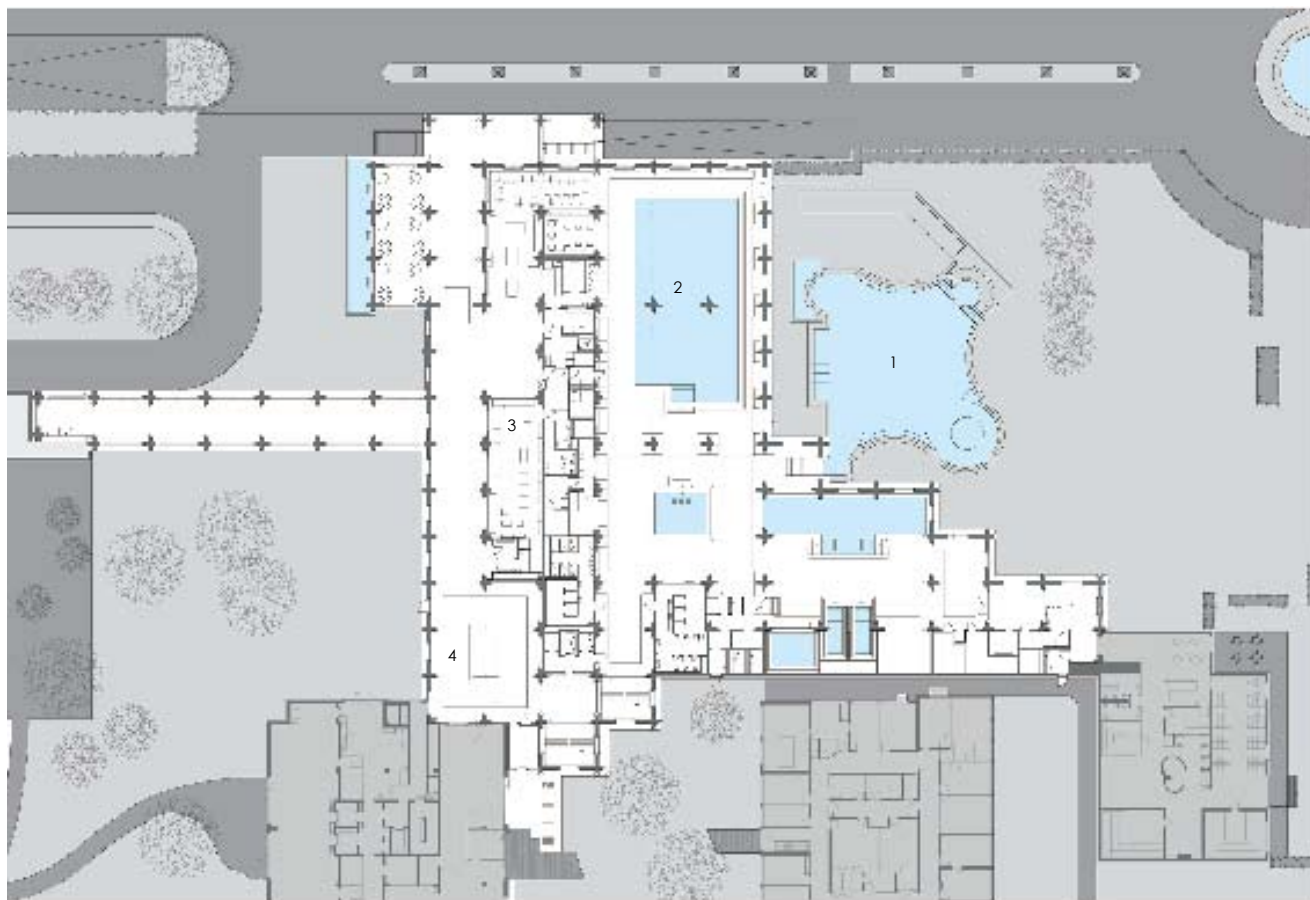


- 1.The magnificent building
- 2.The building and the landscape fuse together, showing a vacation atmosphere
- 3.The white columns look like trees in a forest
- 4.The landscape is as beautiful as a painting
- 5.The interior decoration with white as the main palette is elegant and pure
- 6.One can enjoy full relaxation in the bath pool
- 7.The oval windows look like picture frames

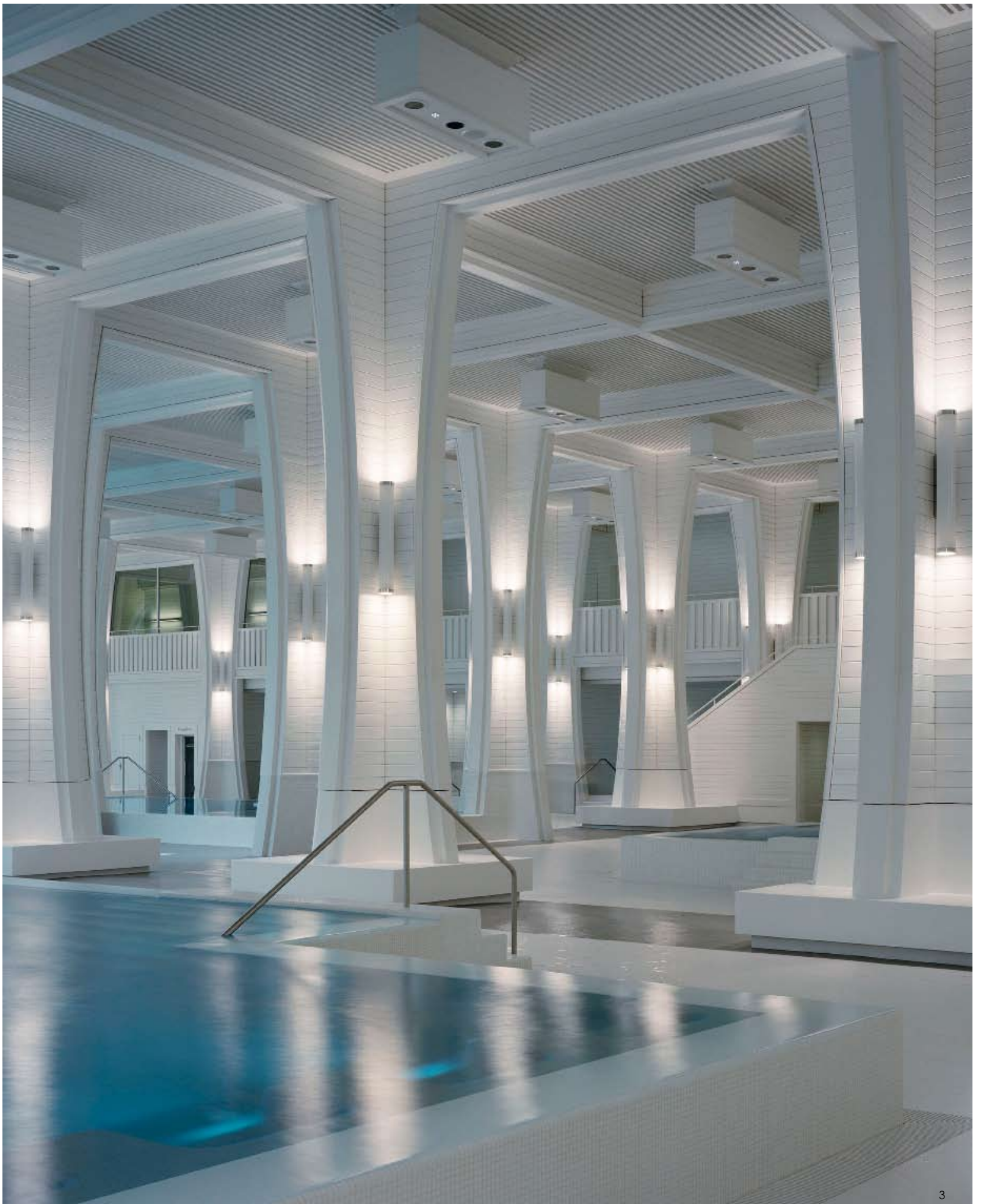
1. 庄严美观的建筑造型
2. 建筑与景观融为一体，体现度假氛围
3. 林立的白色柱子如树木般挺拔
4. 风景如在画中
5. 白色调为主的室内装饰高雅而圣洁
6. 在浴池中可以充分放松身心
7. 椭圆形的窗户如同画框

Materially the project possesses the same appearance internally and externally. The snow-white timber battens are carried over internally as wall surfacing. In this sense there is no actual interior architecture to the building, but instead only a whole architecture of the building.

The timber structure of the building is not merely determined by the criteria of the span of the supports. Instead of a focus on the engineering of the function of the supports and the reinforcement of a construction, the structure concentrates far more on spatial phenomena, creating a beauty and a ceremonial atmosphere. Bathing is celebrated as a cultivated activity.



1. Outdoor bath pool
2. Indoor bath pool
3. Treatment room
4. Lounge
1. 户外浴池
2. 室内浴池
3. 理疗室
4. 休息大厅







6



7



Merano Thermal Baths

梅拉诺温泉浴场

Location:
South Tyrol, Italy

Designer:
Matteo Thun & Partners

Completion date:
2007

项目地点：
意大利，南蒂罗尔

设计师：
马提奥·图恩建筑事务所

完成时间：
2007

Recreation, harmony and relaxation are among the main aims in the Merano Thermal Baths, featuring a total of 25 pools and a refined sauna area. Here the bather will find all he can wish for, from a refreshing cold plunge pool and hot whirlpools to relaxing brine pools. A special inside-outside feeling is provided in the big pool, where the bather can start indoors and simply swim out to a fascinating mountain scenery!

Cosy warmth and a unique flair are provided by a first-class sauna area. Here guests may relax, unwind and sweat while contemporaneously boosting their immune system. Among the state-of-the-art facilities are a Finnish sauna, two steam baths, a sanarium, hay bath, caldarium and an outdoor log cabin sauna. After taking the sauna, the guests can look forward to several cold dips and a very special way of cooling off – in the snow room, where it snows from the ceiling and they will feel like being in the midst of South Tyrol's eternal glaciers.

In 26 treatment rooms people can indulge in the most different kinds of baths, from milk and honey baths to vinotherapy baths for two and the relaxing mountain pine baths. This is the place to relax, and this is the place to unwind.

The green heart of the Merano Thermal Baths is a stunning park, covering an area of more than 50,000 m². 478 different kinds of roses, 900 water lilies and historic old trees render the park a wonderful spot and the ideal place to relax.

休闲、融洽和放松是梅拉诺温泉浴场主题。浴场有25个浴池和一个精致的桑拿区。在这里，洗浴者可以得到他想到的一切洗浴设施，从提神的冷水瀑布池和热漩涡池到放松的盐水池。大浴池采取了室内外相通的设计，洗浴者可以轻易地从室内游到室外，享受迷人的风景。

一流的桑拿区提供舒适温暖而独特的服务。客人可以在放松、伸展、发汗的同时提升自己的免疫系统。极具艺术感的桑拿区有一个芬兰式桑拿、两间蒸汽浴室、一个桑拿房、一个干草浴室，一个高温浴室和一个户外木屋桑拿。在享受完桑拿浴后，客人可以选择一种特别的方式来凉爽下来，他们可以进到“雪屋”里。雪花从天花板上飘落，让人感觉仿佛置身于南蒂罗尔那永恒的冰川之中。

26个理疗室里提供各种各样的洗浴服务，从单人蜂蜜牛奶浴到双人葡萄酒浴，再到放松的松木浴，一应俱全。这是一个放松和伸展的空间。

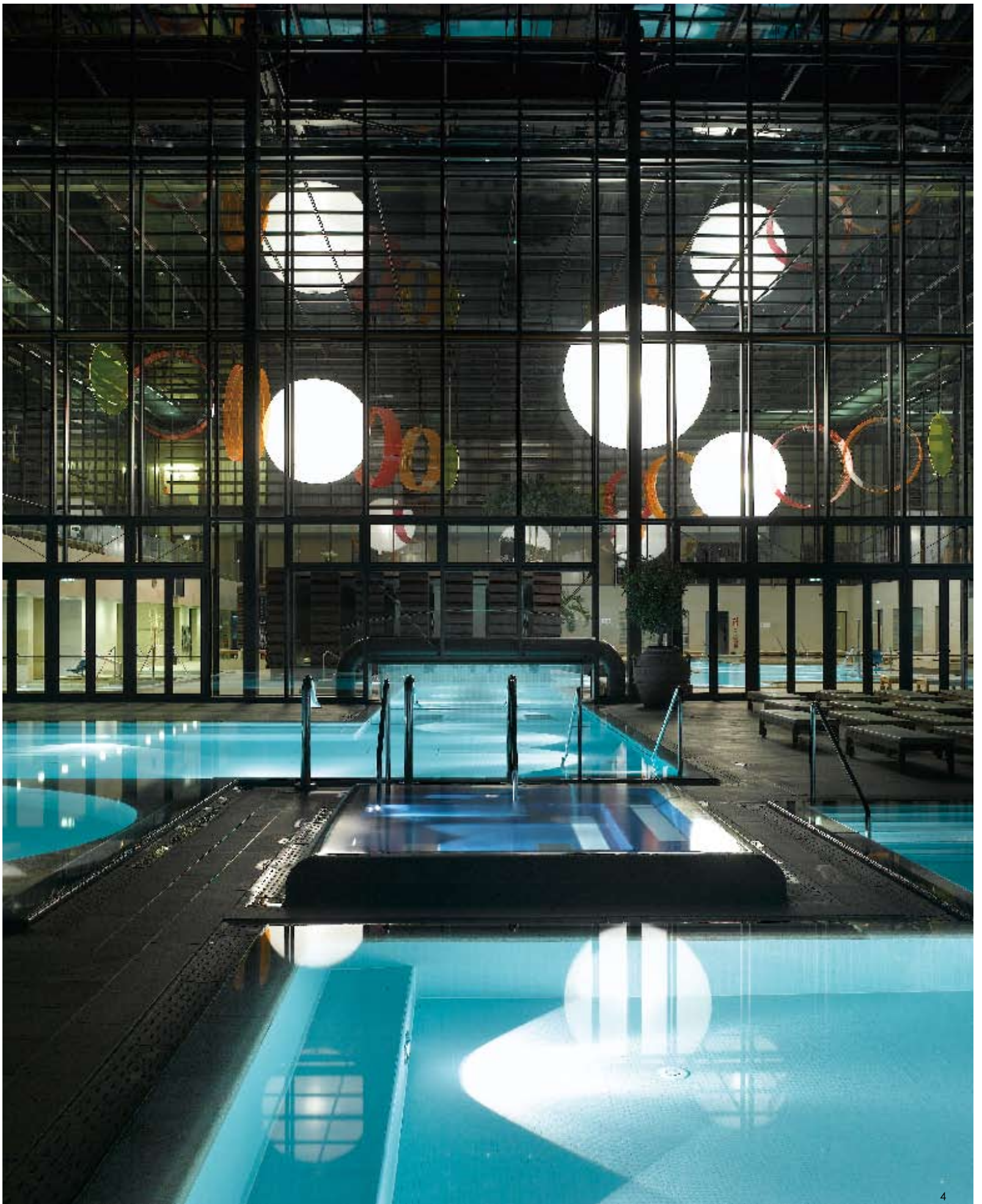
梅拉诺温泉浴场的绿色核心是一个迷人的花园，占地5万平方米以上。478种不同品种的玫瑰、900颗睡莲和古老的树木将花园装点成休闲的胜地。

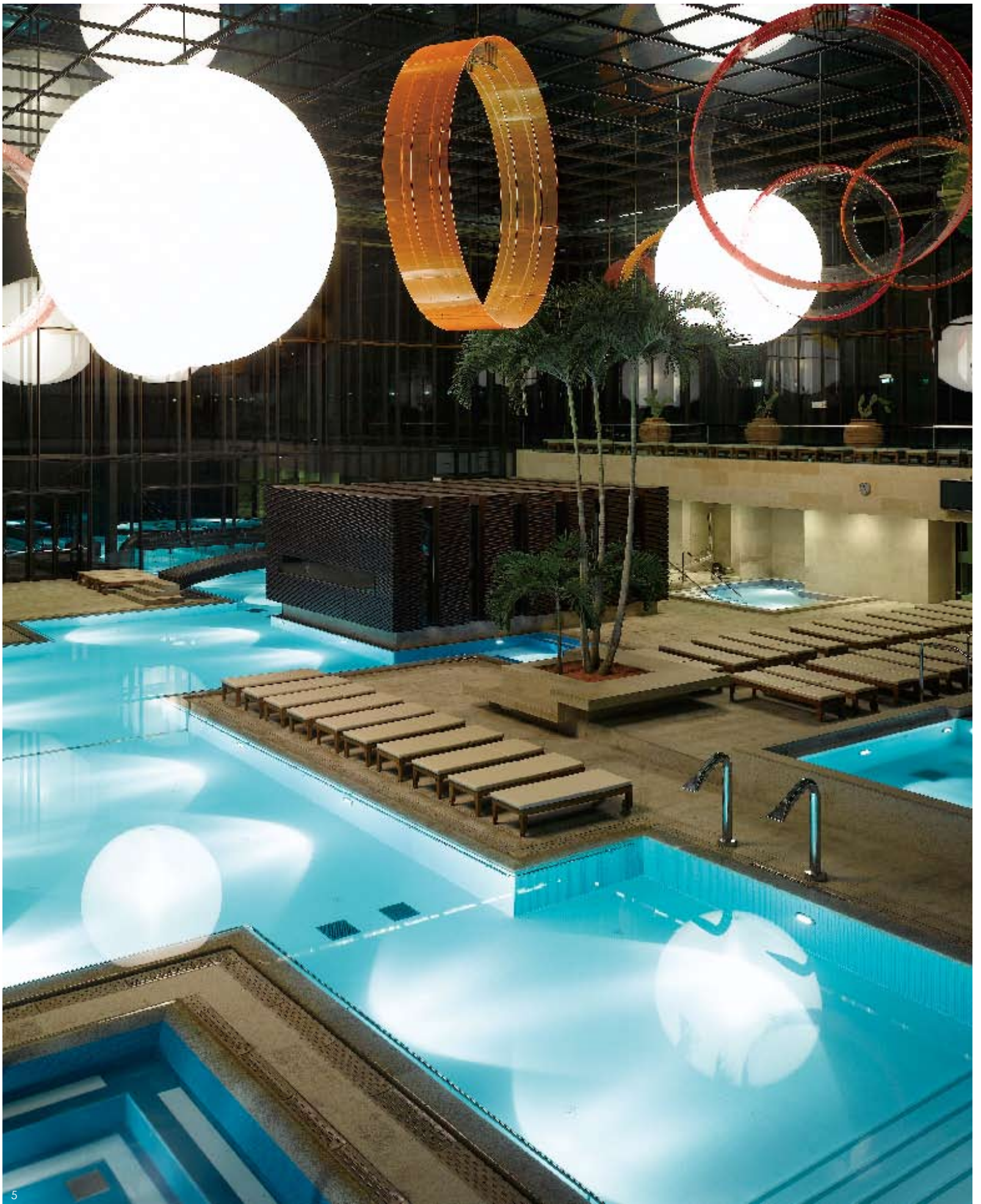


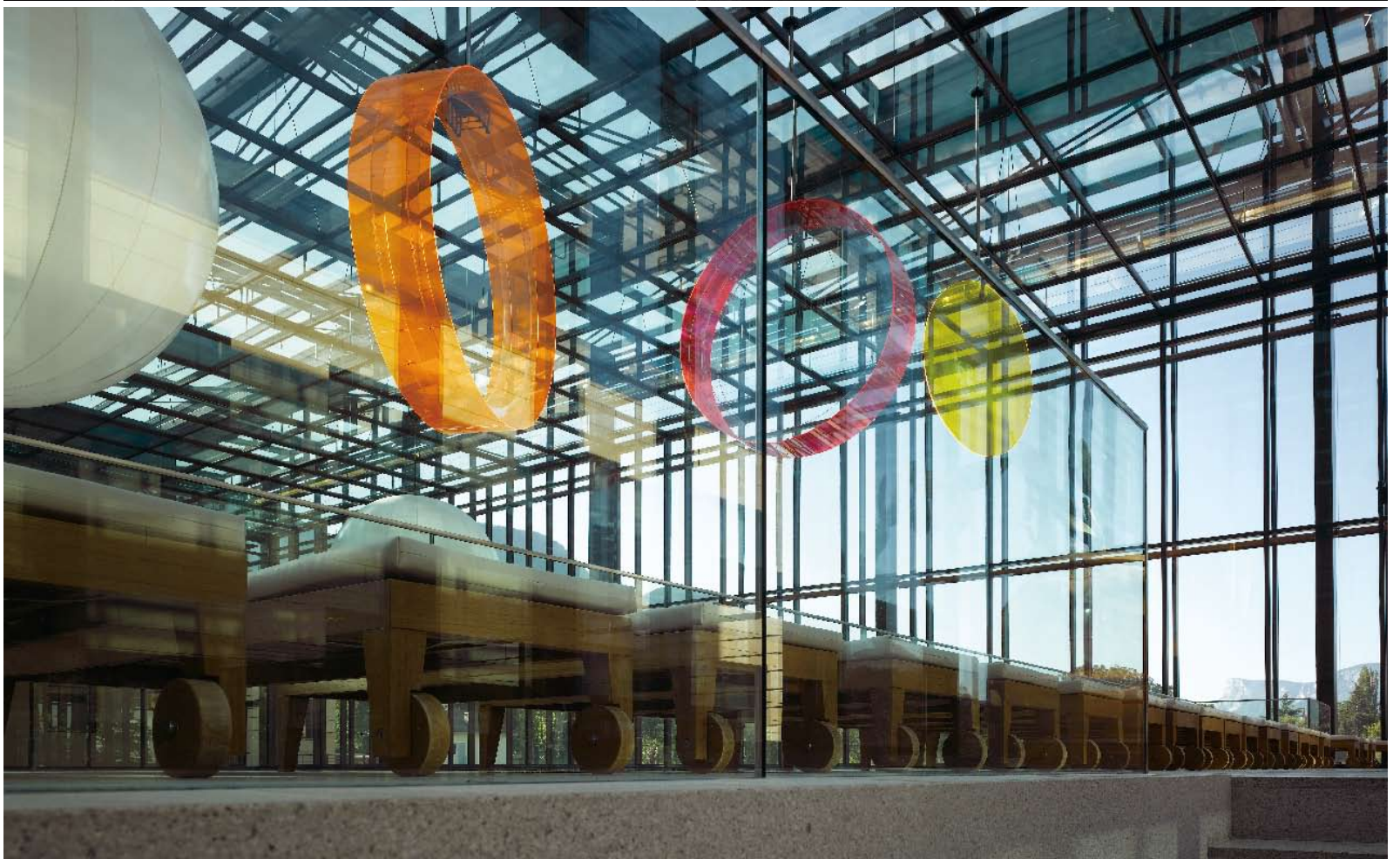
1. Merano Thermal Baths at night
2. The large bath pool connects the interior and exterior spaces
3. The exterior part of the pool
4. The outdoor bath pool is divided by black paths
5. The plant decoration in the indoor bath pool creates a natural environment
6. The bathtub
7. The glass screen makes the whole spa natural and transparent

1. 夜幕下的梅拉诺温泉浴场
2. 室内外相通的大浴池
3. 大浴池室外部分
4. 黑色的小径分割室外大浴池
5. 植物装饰让在室内浴池的顾客也如同置身自然
6. 独立的浴缸
7. 玻璃隔断让整个温泉浴场自然通透











Shangri-La's Rasa Sayang Resort and Spa, Penang

槟城香格里拉珍爱温泉度假村

Location:
Penang, Malaysia

Designer:
One Plus Partnership Limited

Photographer:
One Plus Partnership Limited

Completion date:
2008

项目地点：
马来西亚，槟城

设计师：
壹正企划有限公司

摄影师：
壹正企划有限公司

完成时间：
2008

The Spa at Shangri-La's Rasa Sayang Resort and Spa, Penang has won the "Best Spa Design" and "Best Spa Therapist" at the highly regarded Malaysia Spa and Wellness Awards 2008.

Set amid 30 acres of lush tropical greenery with the comfort of year-round sun, sand and ocean breezes, Shangri-La's Rasa Sayang Resort and Spa offers 304 luxurious guestrooms and suites in its Rasa Wing and Garden Wing. Each of the rooms, and the resort's signature roof in particular, incorporate aesthetic influences of the Minangkabau, an indigenous tribe that originates from West Sumatra in Indonesia, through an extensive use of carved wood, traditional textures and colourful fabrics.

Rasa Premier Rooms provide spatial elegance and custom-crafted furnishing that creates an exotic yet familiar living environment, coupled with oversized, deep-soak balcony bathtubs that provide an extra touch of relaxation. Rasa Deluxe Rooms feature private verandas with private garden space and are ideal for an exotic retreat.

Art and artefacts crafted by local and regional artisans are displayed prominently around the resort, including in its food and beverage outlets such as Spice Market Café. However, the art and artefacts are more than just decoration; they are narratives of a time when culture, art and tradition were an integral part

槟城香格里拉珍爱温泉度假村的理疗中心获得了“2008年度马来西亚温泉疗养大奖”的“最佳水疗中心奖”和“最佳水疗师奖”。

槟城香格里拉珍爱温泉度假村占地121,400平方米，在郁郁葱葱的热带植物环绕之中，常年享受舒适的阳光。度假村可提供304间奢华的客房，分为拉莎区和花园区。每个房间，特别是度假村标志性的屋顶，都融入了米南加保屋（苏门答腊岛的一个原始部落）的美学理念，大量地运用了木雕、传统材质和色彩艳丽的织物。

拉莎高等客房环境优雅宽敞，里面精心定制的家具有营造出一种异域风情，同时也让人感到亲切和熟悉。阳台上巨大的浴缸提供了额外的放松体验。拉莎豪华客房以私人游廊和花园为特色，是一个理想的异域风情度假所。

当地工匠制造的工艺品在度假村随处可见，甚至包括香料市场咖啡厅在内的食品饮料店。但是工艺品并不仅仅是装饰而已，它们还反映了文化、艺术和传统的融合。在原始马来部落中，文化、艺术和传统是必不可少的一部分。

大体上，度假村的装饰品展现了马来西亚灿烂的文化、艺术和传统遗产。度假村的服务团队的优质服务更是让这个马来西亚度假村名声大噪。

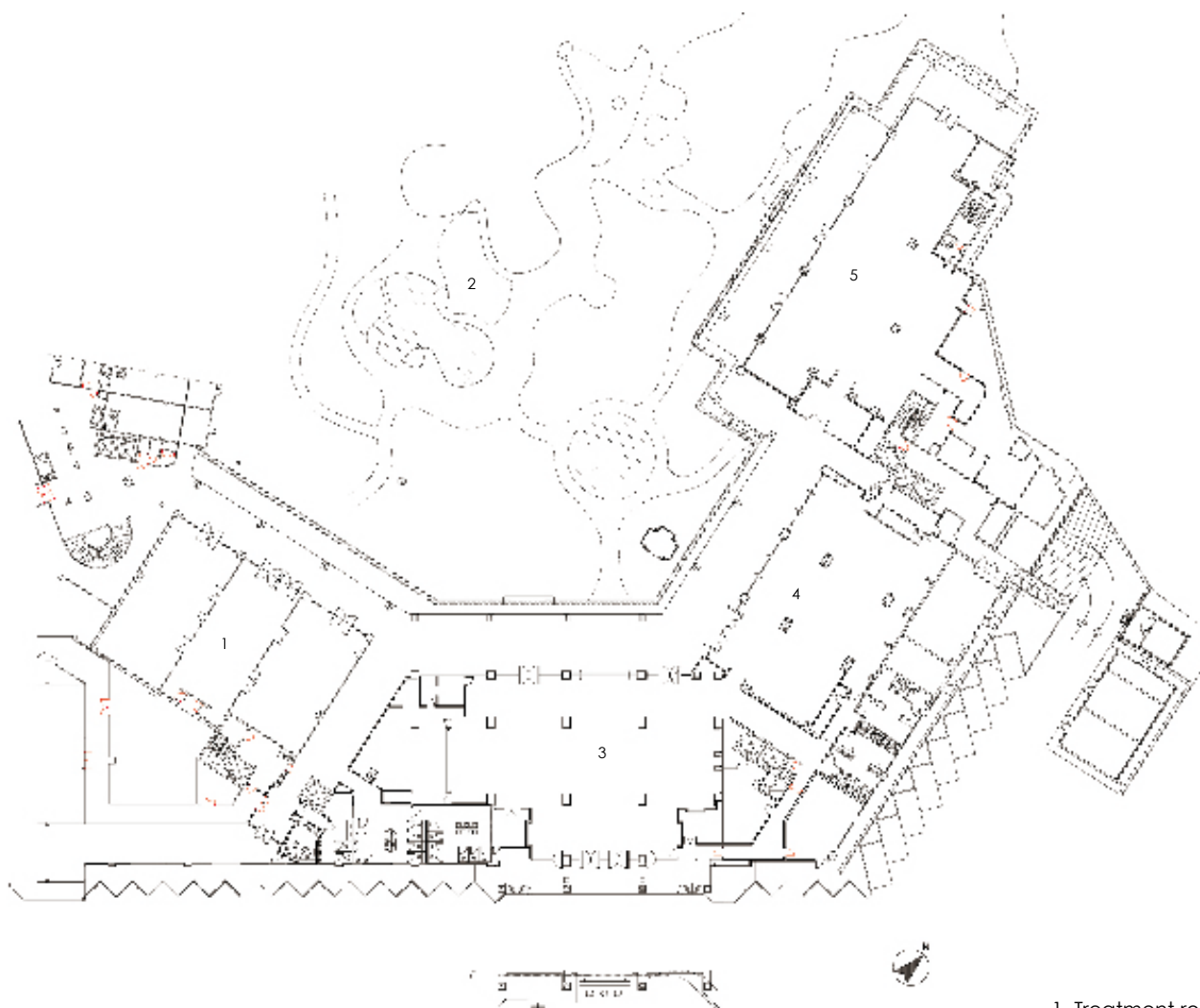


- 1.The resort has beautiful natural environment
- 2.Nature is blended into every corner of the resort
- 3.The outdoor bath pool is surrounded by trees
- 4.The simple and generous lobby
- 5.The interior bath pool in the sunlight
- 6.The interior decoration combines Malaysian culture
- 7.The comfortable guestroom design
- 8.The guestroom has complete functions

1. 度假村拥有优美的户外自然环境
2. 自然融入到度假村的每一个角落
3. 树木环抱中的户外浴场
4. 简洁大方的大堂
5. 阳光下的室内浴池
6. 室内装饰融入马来文化
7. 舒适的客房设计
8. 客房功能齐全

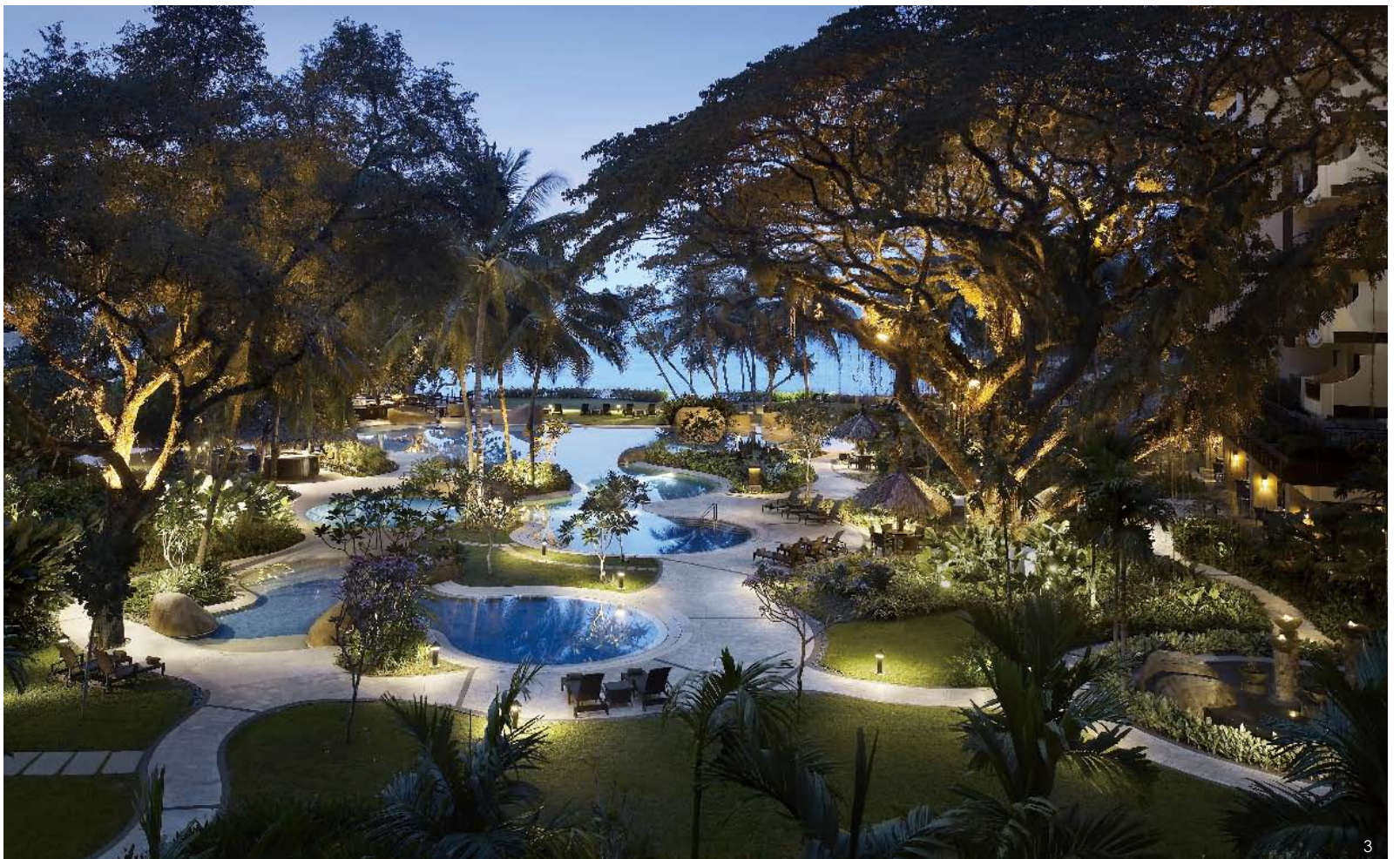
of the old way of life in the tribal and local Malay communities.

In essence, the decorative aspects of Shangri-La's Rasa Sayang Resort and Spa celebrate the rich diversity of Malaysian art, culture, tradition and heritage, which are complemented by the warmth of the resort's service team, renowned for its Malaysian hospitality.



1. Treatment room
2. Swimming pool
3. Waiting area
4. Lounge
5. Café

1. 理疗室
2. 泳池
3. 等候区
4. 休息大厅
5. 咖啡馆



3



4







Aramsa Spa

爱诗玛水疗中心

Location:
Singapore

Designer:
Formwerkz

Photographer:
Formwerkz

Completion date:
2007

项目地点：
新加坡

设计师：
Formwerkz建筑设计事务所

摄影师：
Formwerkz建筑设计事务所

完成时间：
2007

The site sits on approximately 6,000 sqm of park land in Bishan, surrounded by densely populated housing estates. The existing cluster of 7 single-storey retail buildings scattered around the site would be converted to accommodate an integrated day spa facility. Despite the exclusivity of the spa functions, the spa complex is to engage the public and park users in its activities wherever possible. This creates a dichotomy between the public and private realms, as the insertion of an integrated spa facility in a public park is by itself a privatisation of public space. However the project attempts to publicise its private realms to a large extent without giving up on privacy and exclusivity totally. This is achieved by creating visual links into the inner sanctuaries of the spa through transparent intermediate spaces and layers of lush gardens that sandwich the various pockets of spa components. The sensitive selection of plant palette helps to give the much preferred privacy where needed most.

Diagrammatically, a network of curves is superimposed over the grid of the existing structures, slicing the compound into distinct zones, as a programmatic and circulation parti. The curves form strata of spaces, with the zones filtering through the curved layers with increasing levels of privacy. At the main entrance, a sweeping curve dressed in a façade of creepers, seems to have emerged

爱诗玛水疗中心(Aramsa Spa)坐落在一个面积达6,000平方米的国家公园内，四周郁郁葱葱、绿意盎然，七幢簇拥在一起的单层建筑改建而成。除水疗功能之外，设计目标还致力于将公众及公园游客吸引过来。这便涉及到如何在公共空间内植入私人环境（即为公共空间私人化）的问题，但设计师却从另一角度出发——最大限度使得私人环境公共化。他们通过运用透明空间营造视觉联系，同时精心选择植物使其围绕在空间周围，营造私密感。

设计师在原有建筑屋顶上增添了弧形顶棚将其分割成单独的区域，打造空间层次感及私密感。主入口处，宽阔的顶棚披上了藤蔓的外衣，如同从地面处生长出来一般。巧妙的设计使得空间气派十足，同时强调了其与所处环境的紧密联系。

一个个小空间同样呈现圆弧造型，点缀其中，带有美丽的花园景观。同时可以将外面的美景一览无余的收纳进来，让室内外完美融合。走在这里，身边环绕着绿树红花，透过墙壁上的开口及网格结构，更可以尽情欣赏外面的景致。

必须提到的一点是，设计不仅将自然原本地引入进来，在装饰造型上更是大力模仿一落地台灯恰似一盆盆栽植物，硕大的吊灯饰以绿色的外衣，鹅卵石形状的灯饰在夜晚闪闪发亮。



- 1.The spa is surrounded by dense greenery
- 2.The plants divide the space for privacy
- 3.Is it a spa in plants or a spa with plants?
- 4.The detail design of interior decoration is also close to nature
- 5.In the sun, guests can have a rest surrounded by plants

1. 水疗中心被茂密的植物环绕
2. 以植物分隔形成私密空间
3. 是水疗中心在植物之间还是植物引入水疗中心里?
4. 室内装饰的细节也同样贴近自然
5. 在植物环抱和阳光照耀下休息

from the ground. This grand and yet sensitive gesture for the most public part of the spa addresses its relationship to the domain of the public park.

The different strata of spaces are interspersed with distinctive gardens also defined by the curves. The spaces are all extroverted with views out to the interspersed gardens, "extending" the landscape into the interiors. Within some interiors, trees and plants literally emerged into spaces. As one circulates through the spaces, one is constantly viewing gardens in the foreground while silvers of openings and lattices in the curved walls suggest other interspersed gardens in the background and the private strata beyond.

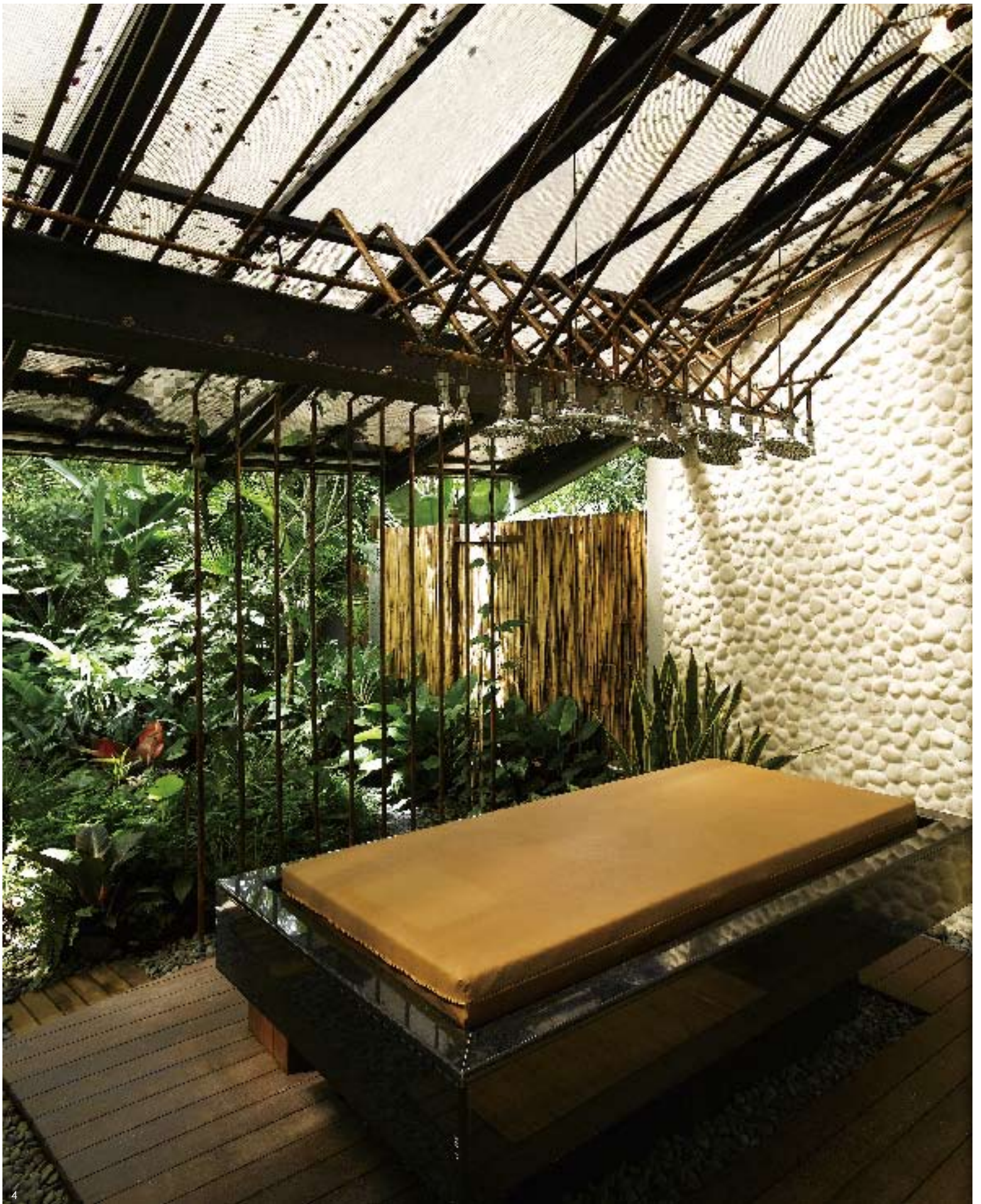
The extension of nature is not just restricted to narratives but also extended into appendages: standing lamps are shaped like potted plants, giant bulb-shaped chandeliers covered in green, larger-than-life garden-lights shaped like luminous pebbles that glow in the evenings.



1. Gym
2. Reception
3. Spa retail
4. Lounge
5. Staff office
6. Treatment room

1. 健身房
2. 接待处
3. 产品零售
4. 休息大厅
5. 员工办公室
6. 理疗室









Thermal Bath, Therapy and Hotel, Bad Gleichenberg

巴特格莱兴贝格温泉理疗中心

Location:

Bad Gleichenberg, Austria

Designer:

Jensen & Skodvin Arkitektkontor AS

Photographer:

Jensen & Skodvin Arkitektkontor AS

Completion date:

2008

项目地点:

奥地利, 巴特格莱兴贝格

设计师:

Jensen & Skodvin建筑事务所

摄影师:

Jensen & Skodvin建筑事务所

完成时间:

2008

The project is situated in a protected park and consists of a treatment area with about 50 different rooms for medical treatments, a four-star hotel with several different restaurants and cafés, and a public thermal bath for the patients and other guests.

The waiting areas in the middle of the treatment rooms for the patients are shaped around courtyards allowing sun and views to the trees, as to give the patients the impression of waiting in the park itself. A full treatment might last for several days and can consist of a number of different treatments, like different types of massages and baths in smaller private treatment rooms, a visit to a cold room with minus 110 degrees Celsius, etc. Between these treatments the patients wait in the open and transparent waiting areas where the park is always close.

The designers wanted to create a low building with a series of gardens, giving light and creating a sense of privacy and exclusion, while at the same time opening up for some of the spectacular views. The wind bracing was exercised using a very simple rule. Where the engineer wanted bracing, the designers always made a connection from one node on the floor level, to the next node on the roof level. Because of all the different dimensions in the plan this creates correspondingly different angles for the bracing, which, because it has the same size as the pillar, is always visible.

项目位于自然保护区, 包含一个具有50间理疗室的理疗区、一个具有餐饮设施的四星级酒店和一个公共温泉浴场。

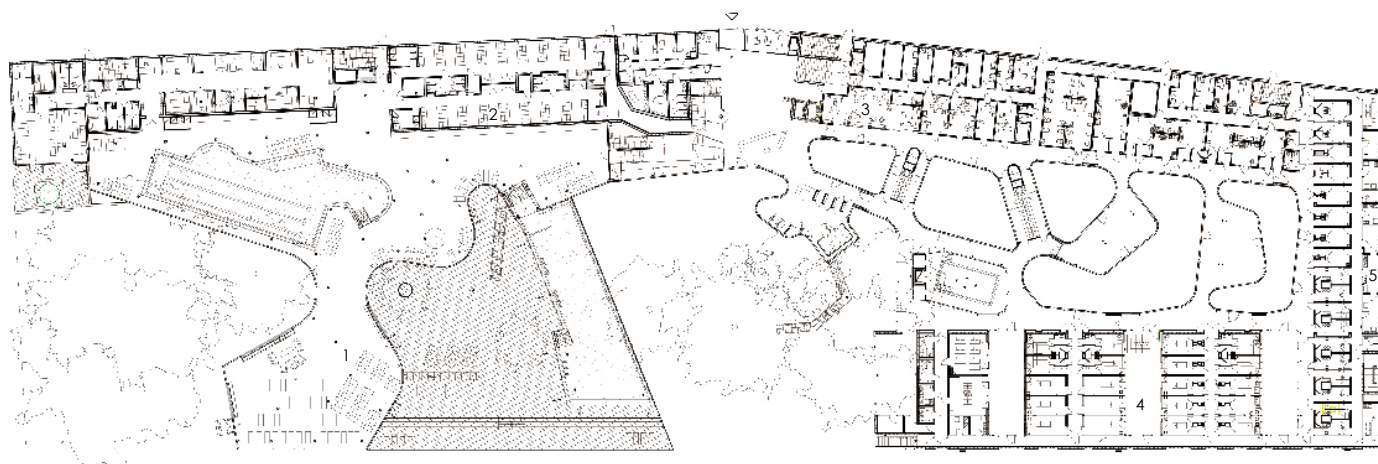
理疗室中心的候诊区沿着庭院建造, 可以享受阳光和风景, 让人感觉置身自然保护区之中。全套的理疗服务要持续若干天, 其中包含一系列的治疗, 例如不同种类的按摩、私人理疗室里的洗浴治疗、-110°C的冷冻治疗等等。在这些治疗活动的间歇, 人们都等候在宽敞透明的候诊区。

设计师想要打造一栋低矮的建筑, 周围要搭配很多花园, 既要有良好的采光又要能保证私密性, 同时还能享受外面壮丽的风景。项目的抗风支撑设计原理十分简单。工程师将支柱的一头固定在水平面的节点上, 另一头则固定在屋顶的节点上。尺寸大小不一的支柱营造了不同的角度, 抗风支柱大小和普通柱子相当, 透过玻璃就可以看见。



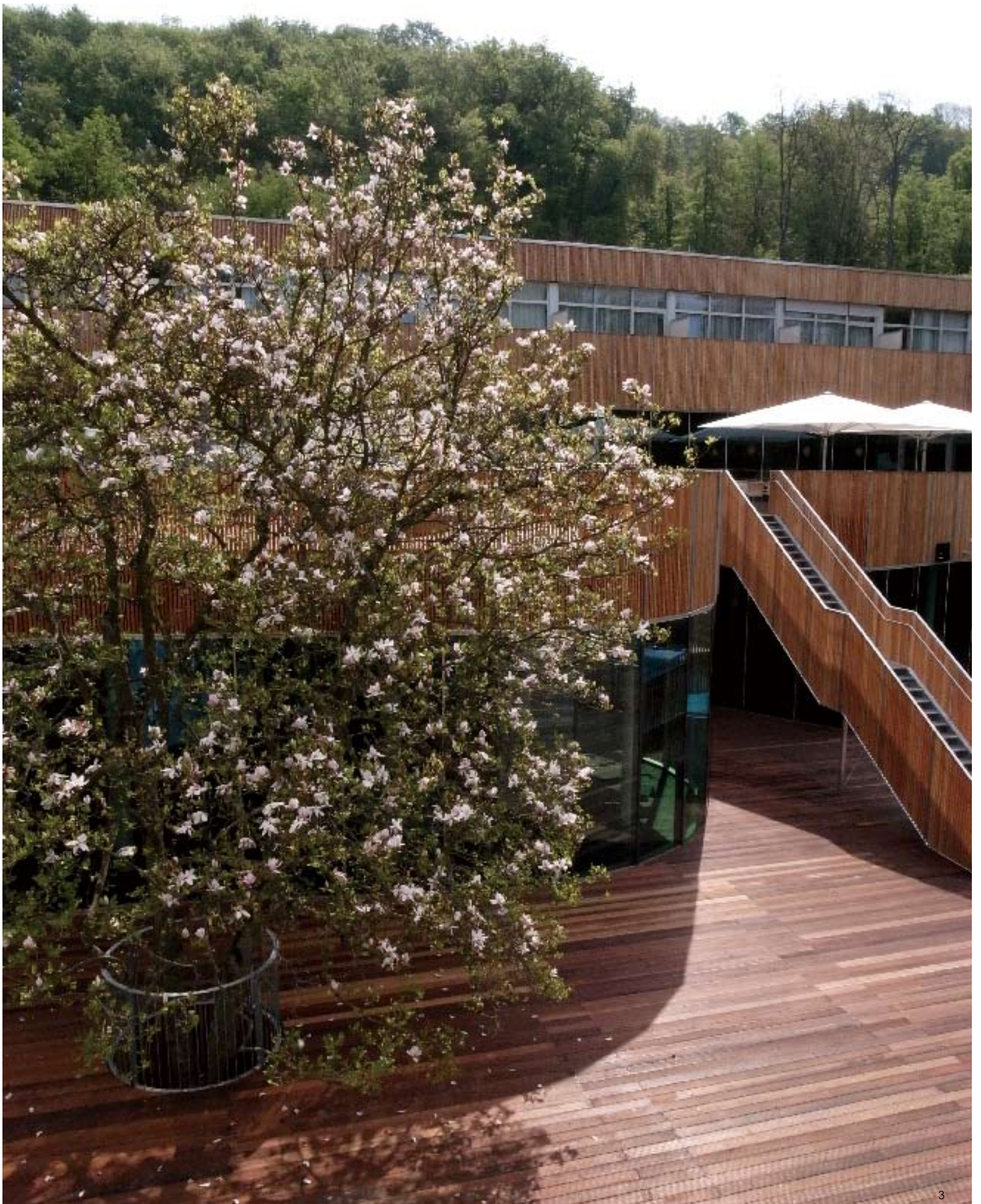
- 1.The "sky garden" on the first floor
- 2.The swimming pool on the ground floor can be seen from the first-floor terrace
- 3.The flowers are in full bloom
- 4.The exterior swimming pool under the trees
- 5.People can enjoy the fresh air although in the interior
- 6.The night view
- 7.The natural environment makes people peaceful

1. 二层的“空中花园”
2. 在二层平台可以看见一层的泳池
3. 花开烂漫
4. 树荫下的户外泳池
5. 即使在室内似乎也可以呼吸室外清晰的空气
6. 夜景
7. 自然环境让人心境平和



1. Platform
2. Dressing room
3. Relaxation room
4. Treatment room
5. Office

1. 户外平台
2. 更衣室
3. 休息室
4. 理疗室
5. 办公室









Spa and Wellness Facilities at Elounda

伊罗达水疗馆

Location:
Elounda, Greece

Designer:
Davide Macullo

Completion date:
2007

项目地点：
希腊，伊罗达

设计师：
大卫·马库洛

完成时间：
2007

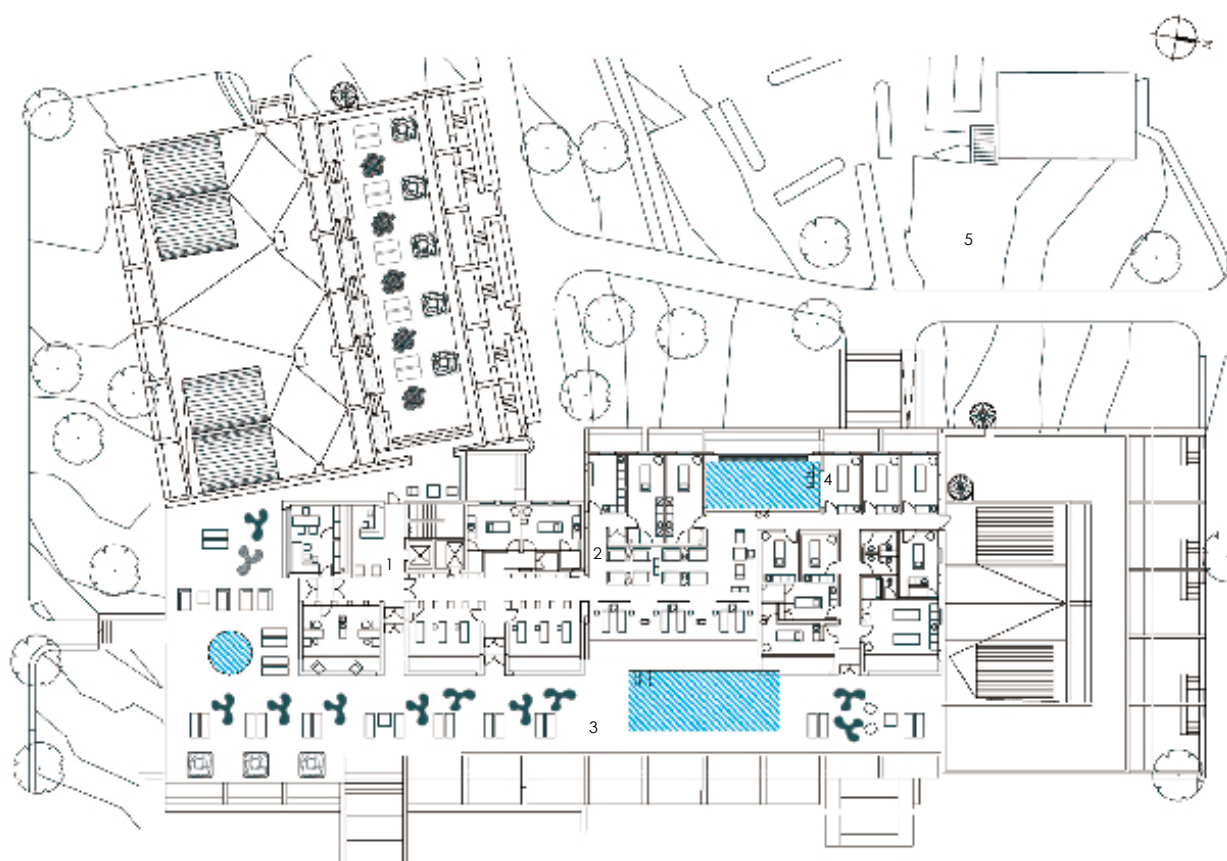
The refurbishment of the penthouse for a new spa in Elounda Beach Resort gives the opportunity to treat the indoor and outdoor spaces as a whole, thus increasing the perception of the space and the feeling of "floating" over the amazing landscape. The "white boxes", that host the different functions, give the whole an harmonious structure increasing the visual continuity between internal and external spaces that go beyond the physical boundaries to extend towards the sea and the hills of Creta; nature seems to enter the spa and draws a new artificial scenery. The project aims at granting a sense of lightness and freshness to meet the prerogatives of a place in which soul and body are treated. The interior spaces, characterised by the use of "light" materials such as glass and translucent panels for walls and ceilings, create a visual neutral continuity and effects of reflections, while the surrounding landscape dominates the space and sheds its colours. The essentiality of the materials and the graphic sign of the "leaves" pattern contribute to stretch the perspective throughout an atmosphere of pastel colours and lightness, emphasised by the use of indirect artificial lighting at night.

伊罗达海滩度假村的屋顶水疗馆将室内外空间融为一体，增添了空间感和海滩迷人的风景的悬浮感。具有不同功能的“白色盒子”形成了和谐的结构，增加了室内外空间的视觉连续感。室外空间打破了极限，直接延伸到大海和克里特山。大自然似乎也融入了水疗馆，形成了一个新的人造景观。项目的目的在于营造一种清新感，以符合这个水疗馆治愈身心的主题。室内空间以“轻”材料的应用为特点（例如：玻璃和透明板制成的墙面和天花板），打造了连续的视觉效果和反射效果。周围的景观环绕并保护着整个空间。基础材料和树叶造型图案进一步延伸了景观。晚间接灯光的应用让灯光和色彩分外美丽。



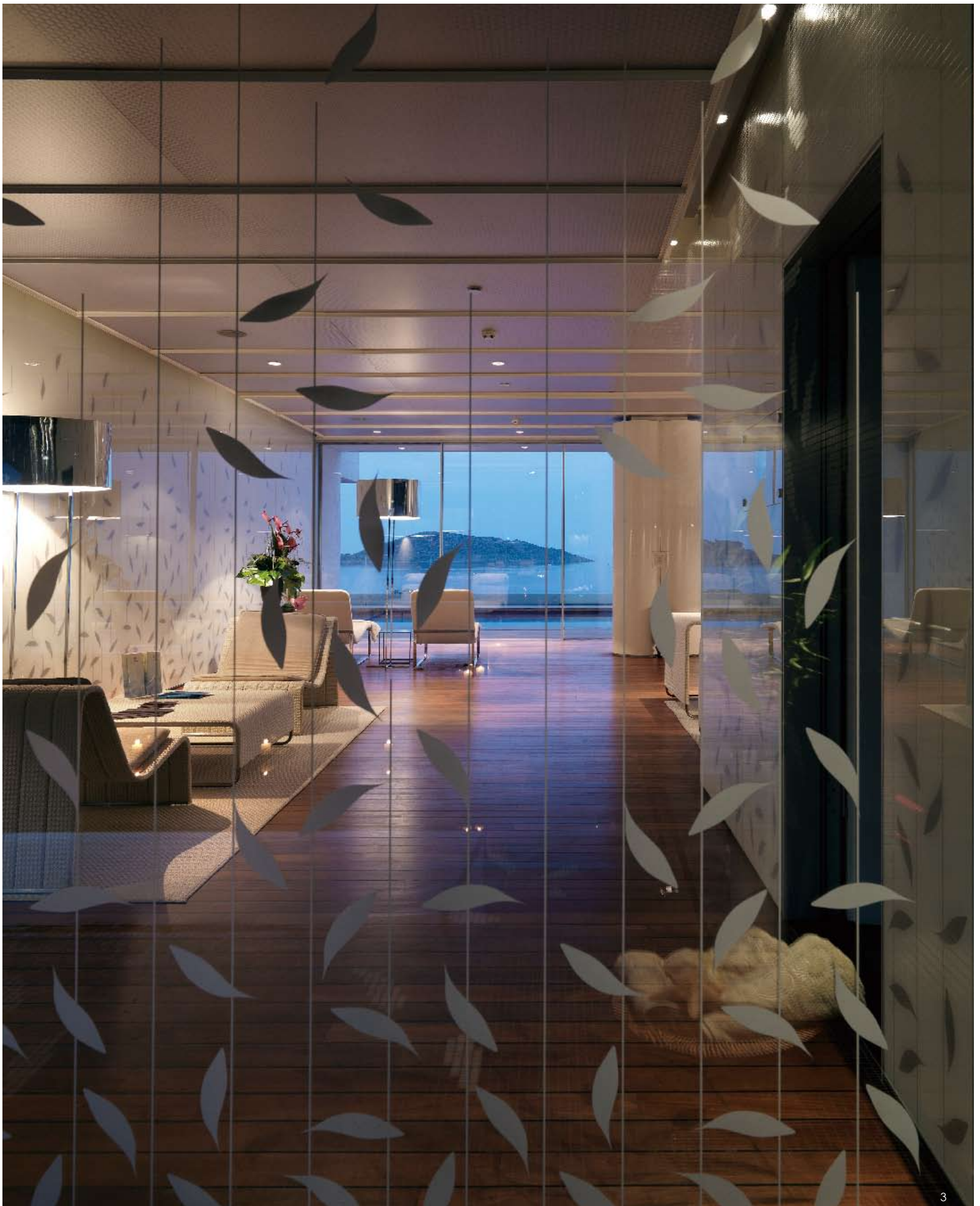
- 1.The spa is surrounded by landscapes
- 2.The bath pool is decorated with leaf-shaped pattern
- 3.The screen with leaf-shaped pattern
- 4.The clean and open lobby
- 5.The products area
- 6.The outdoor swimming pool
- 7.The leaf-shaped pattern can be seen everywhere

1. 在山水环抱之中
2. 叶片形状装饰的浴池
3. 叶片装饰的隔断
4. 整洁开敞的大厅
5. 产品区
6. 户外泳池
7. 随处可见的叶片形状装饰

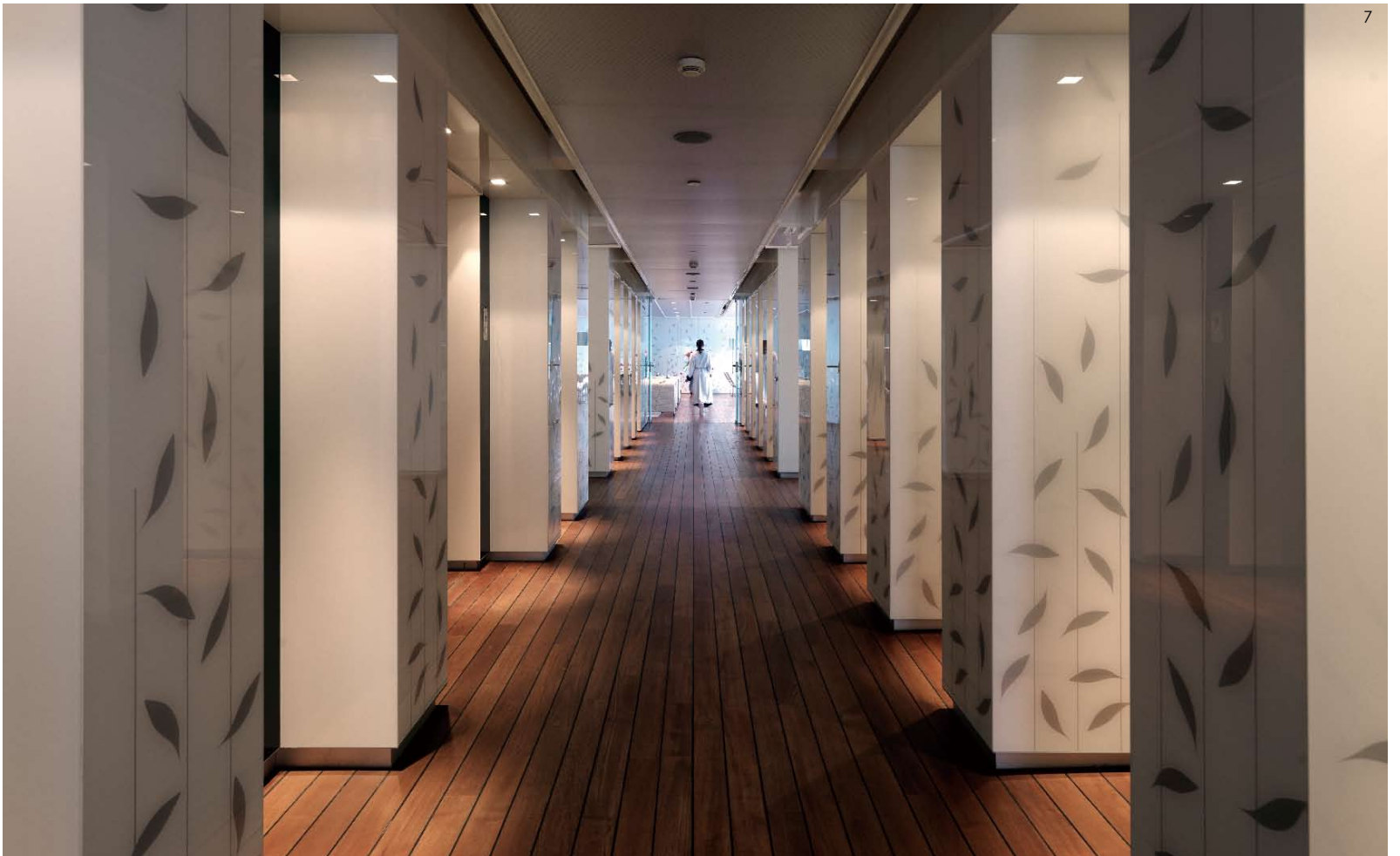


1. Treatment area
2. Beauty salon
3. Outdoor bath pool
4. Indoor bath pool
5. Swimming pool

1. 理疗区
2. 美发沙龙
3. 户外浴池
4. 室内浴池
5. 泳池









Spa Furama

富丽华水疗中心

Location:
Singapore

Designer:
Formwerkz

Photographer:
Jeremy San

Completion date:
2008

项目地点：
新加坡

设计师：
Formwerkz建筑设计事务所

摄影师：
杰瑞米·桑

完成时间：
2008

To create a design that transcends boundaries – that was the brief given by the client Furama International, in line with their plan to grow the new spa and hotel chain worldwide. The spa is envisioned to be a seamless experience, a space without straight, dingy corridors leading to the individual rooms and rooms without corners. The circle is the first, the simplest and the most perfect form. The circle became the chosen form to create a strong and fluid space. It was a site response to the huge columns and service ducts that marked the inner component of the spa located on the 5th storey pool deck level of Furama Riverfront. To heighten the experience of the circular forms and the residual spaces outside the circles, the predominant colour palette was kept to the purest of shades – white. White, when rendered with materials of different transparency, becomes the most intriguing backdrops for play of coloured lights and silhouettes.

Due to the limited floor area, the single rooms are conceived as cocoons that can be easily reconfigured to combine into double rooms whenever the need arises. The level of privacy can also be adjusted by the different layering of curvilinear skins. Even the outdoor cabanas, which offer a more tropical environment for spa treatments, are enclosed with rotating envelopes and circular folding screens which become lit lanterns amidst the landscape

客户要求构思一个能够超越各种界限的空间理念，便于将其打造成世界品牌。设计中摒弃了垂直阴暗的走廊以及房间的拐角，旨在营造一个平缓流畅的空间体验。圆形作为一种最为简约、最为完美的元素被充分运用，与高大的梁柱及管道系统完美呼应。纯白色调进一步突出了圆形结构的存在，同时为色彩缤纷的光线制造了绝佳的背景。

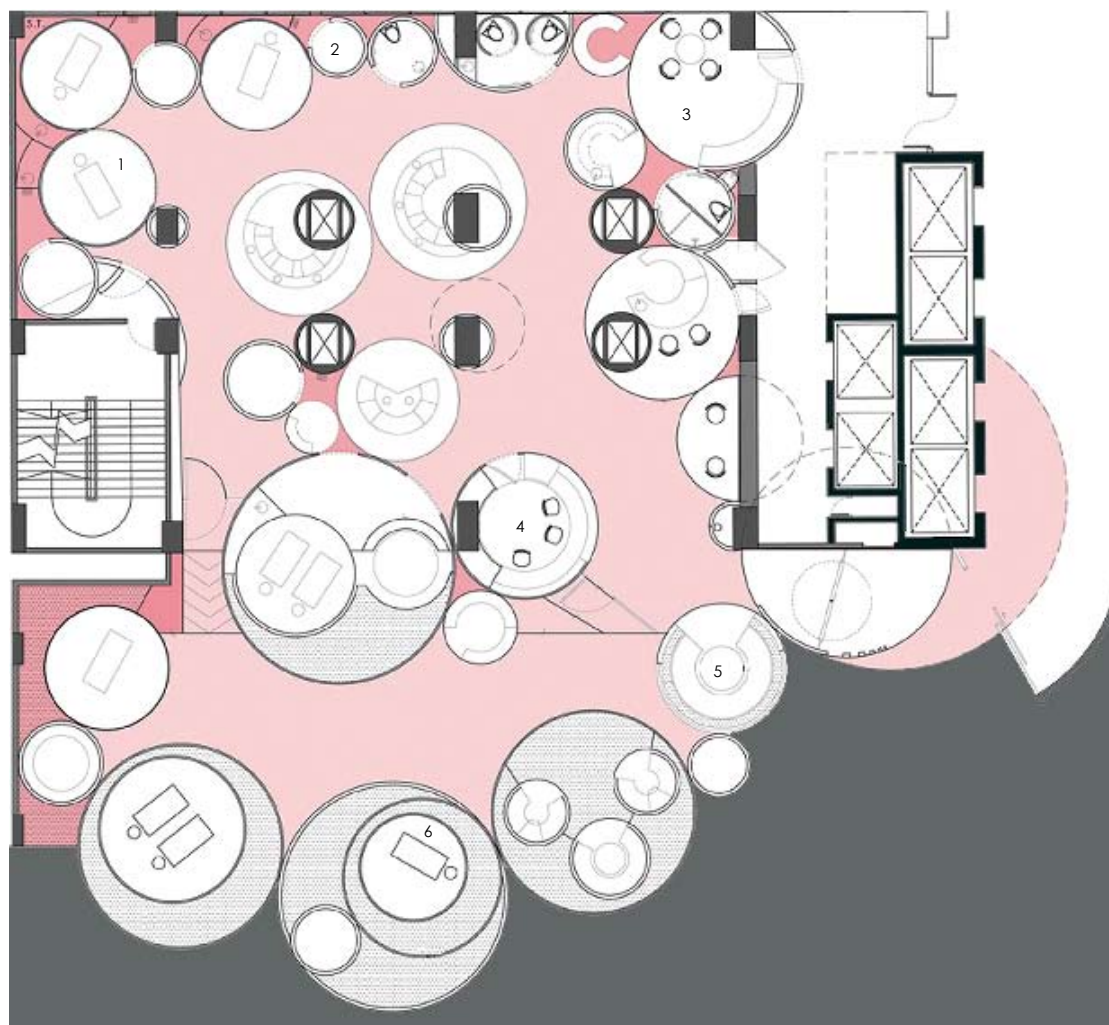
由于空间面积的限制，单独的理疗空间便设计成“蚕茧”形状，可根据需要随时合并。曲线的外观使得空间内部私密感十足，室外小屋同样被包裹起来，在夜晚宛若一个个被点亮的灯笼，闪烁在游泳池边。此外，设计师格外注重细节，淋浴管以及水管的直径全部经过精心计算。



- 1.The entrance
- 2.Circular pattern is repeatedly used in the design
- 3.The bath pool is also dotted with plants
- 4.The circular private room
- 5.The separated circular semi-private room
- 6.The treatment room

1. 入口处
2. 圆形被反复运用
3. 浴池旁边同样有植物点缀
4. 私密的圆形小室
5. 分隔出的圆形半私密空间
6. 理疗室

of the pool deck at night. Interesting interior details include the subtle incorporation of bath elements like shower hose and water pipes of various diameters throughout the spa.



1. Massage room
2. Steam bath
3. Staff room
4. Reception
5. Lounge
6. Outdoor bath pool

1. 按摩室
2. 蒸汽浴室
3. 员工室
4. 接待处
5. 休息大厅
6. 户外浴池







5



6



Banyan Tree Spa Sanya

三亚悦榕庄水疗中心

Location:
Sanya, China

Designer:
Banyan Tree Group
Architrave Design & Planning

Completion date:
2008

项目地点：
中国，三亚

设计师：
悦榕集团
Architrave 设计规划部门

完成时间：
2008

The Spa extends a luxurious welcome to visitors, presenting the epitome of a romantic getaway by the pristine fine beaches of Hainan Island. Home to eight lavish treatment pavilions, it offers an oasis of peace and tranquility where guests may indulge in a series of award-winning signature treatments while taking in the breathtaking views of lush hills and beaches.

True to form, the spa is a visual study in understated tropical cool. It's a resort focal point and dispenses quality treatments and spa packages. Black slate backdrops public areas along with a mix of natural fabrics and wood. A brief foot ritual is a prelude to most treatments as well as the usual popular menu items. Sanya also offers two-hour-plus packages and boasts a state-of-the-art hydrotherapy area. Under the guidance of staff, those who want to get wet are steered through a sequence of hot and cold-water experiences: Rain Shower Corridors, Steam Rooms, Ice Fountains and Jet Pools, a process that is said to benefit blood circulation by expanding and contracting capillaries alternately.

Banyan Tree Sanya is China's first all-pool villa resort and sets accommodation around a narrow lagoon in its own privately accessed

三亚悦榕庄水疗中心位于风景秀丽的海南岛海滨，以其奢华而浪漫的氛围迎接着每一位来客。这里共设有8座豪华Spa套房，为客人营造了静谧幽邃的绝佳环境，客人可以一边欣赏迷人的山水美景，一边享受一系列屡获殊荣的经典疗程。

这里秉承了悦榕庄水疗中心的一贯特色，在设计上彰显热带简约主义的建筑风格。公共区域内黑色石块打造了低调的背景，同天然材料及木材完美混合。大部分的护理疗程都会以一个简短的足浴开始，在这里不仅有多种历时两小时的全套护理可供选择，同时还拥有先进的水疗设施，例如雨淋走廊、蒸气房、冰喷泉以及水力按摩池等。这一系列的过程能通过伸缩毛细血管，从而起到促进血液循环的效用。水疗区域会有专职的水疗师指导每位客人使用各项设施，以确保客人在使用每项设施时能达到最好的疗效。

三亚悦榕庄是中国第一家全泳池别墅度假村，沙滩湖泊形成了这里独特的美景。泳池花园的设计具有良好的私密性，百合池中的露天浴缸别具一番韵味。客人在自己的别墅内就可品尝到泰式、中式及其他各国美食。这里交通便利，离三亚市中心仅15分钟车程。



2

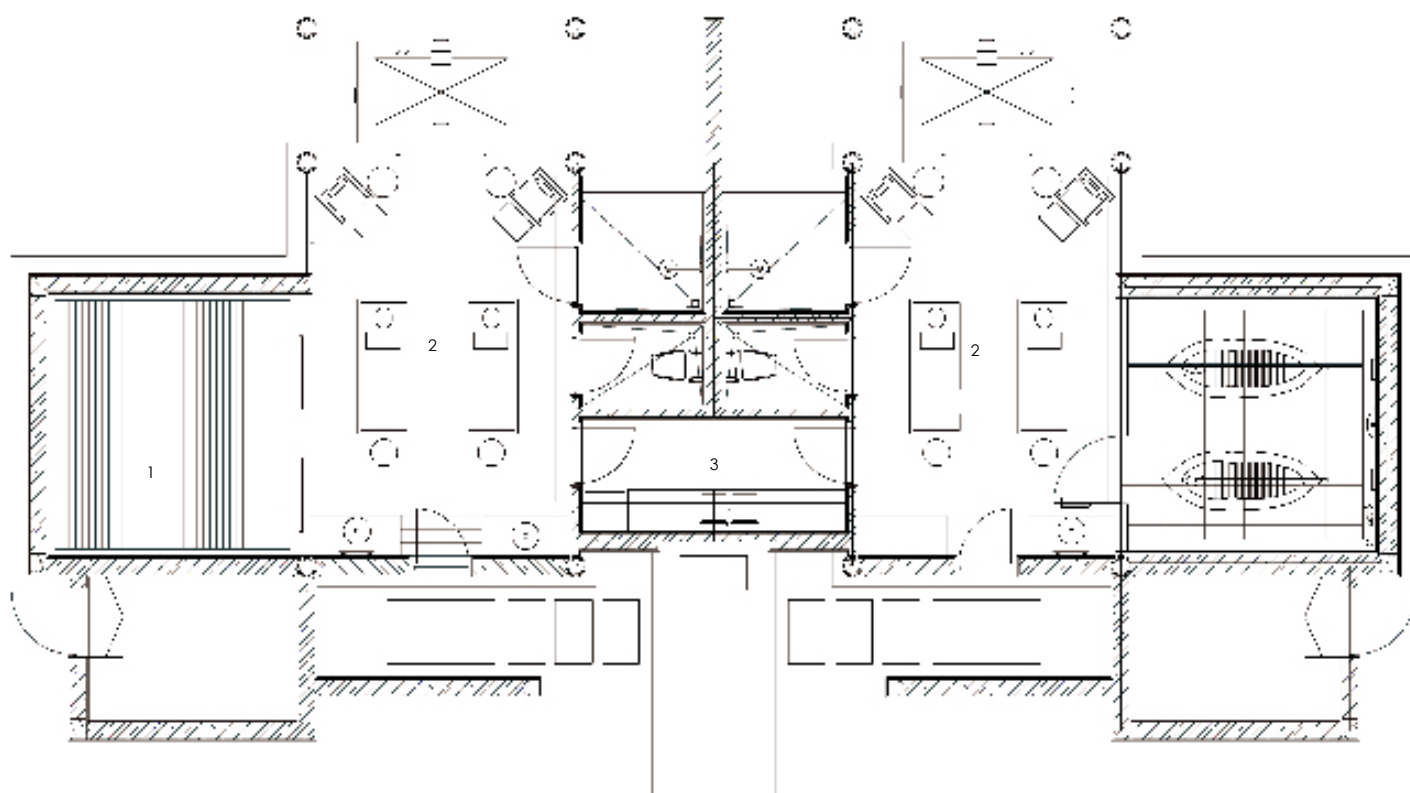


3

- 1.The spa is close to nature
- 2.The waterscape in the lobby
- 3.The peaceful environment for a vacation
- 4.Each detail design has different flavours
- 5.The outdoor treatment area

1. 水疗馆贴近自然
2. 大厅的水景装饰
3. 恬静自然的度假环境
4. 每个细节都富有风情
5. 户外理疗处

bay. All pool gardens are well designed for seclusion and a large alfresco bathtub is set in a small lily pond off the villa bathroom. Food from its Thai, international and Chinese kitchen can be enjoyed from the comfort of the villa and downtown Sanya is a mere 15-minute cab-ride.



1. Platform
2. Treatment room
3. Steam room

1. 户外平台
2. 理疗室
3. 蒸汽室



4



5



Baths at Panticosa

潘蒂科萨水疗馆

Location:
Huesca, Spain

Designer:
Moneo Brock Studio SL

Photographer:
Jeff Brock, Luis Asin

Completion date:
2008

项目地点：
西班牙，韦斯卡

设计师：
莫尼奥·布劳克工作室

摄影师：
杰夫·布劳克，路易斯·阿辛

完成时间：
2008

The older development of the spa seemed to deny the real situation of the springs, thus the designers sought from the very beginning to reaffirm the wilderness of the place in the architecture; they wished to give the mountain back its voice. More than just acknowledging the natural landscape that surrounds the building, they wanted to make it a player in the architecture.

In the interior design they were looking for an effect of light, views, and a fluid internal relationship of spaces that would draw visitors through the installations, encouraging a sense of discovery rather than that of a programmed itinerary, encouraging a meandering kind of experience where the nature of one's "ailment" and its "treatment" may be one's own to discover.

The municipal zoning limits require that much of the floor area be located underground, making the provision of natural light and views of the natural surroundings to the maximum area of the plan a design priority. Glass blocks were employed to bring light to the building interiors, which faced the mountain on all sides, and to express luminosity to the exterior at the same time. By using different combinations of translucent wall, vision glass, and screen walls made of columns of glass blocks, views of the surrounding landscape were modulated to provide just the right amount of light and orienting cues for the visitors inside.

传统的设计忽视了水疗馆所处地理位置的优势，设计师从这一点着手，将自然环境引入到建筑中来，同时赋予其重要的角色，成为空间的一部分。

室内空间设计中，试图营造独特的光影效果及美丽景致、打造流畅的空间格局，为客人带来独特的“旅行”体验。

由于市政规划条例的制约，水疗馆的大部分空间必须处于地下。特殊的环境决定了自然光线和室外景致将扮演着重要角色。为此，设计师选用玻璃结构，使得四面环山的室内空间顿时明亮起来。同时，透明墙壁、可视玻璃及玻璃隔断墙的混合运用以及自然景观的协调使得室内光线恰到好处。

喷泉及室内游泳池设置在建筑南侧和西侧，极大地增强了光线的透射及反射。同时，为将光线及美丽的山间景色进一步引入进来，建筑主体结构环山而建，露台之间的外皮被专门修成锯齿形状。

此外，重复蜿蜒的环形通道、迂回曲折的墙壁使得室内格局异常复杂。为解决这一问题，设计师运用设计语言的连贯性、发挥山峰的指向性，让客人随时知道自己所处的位置。

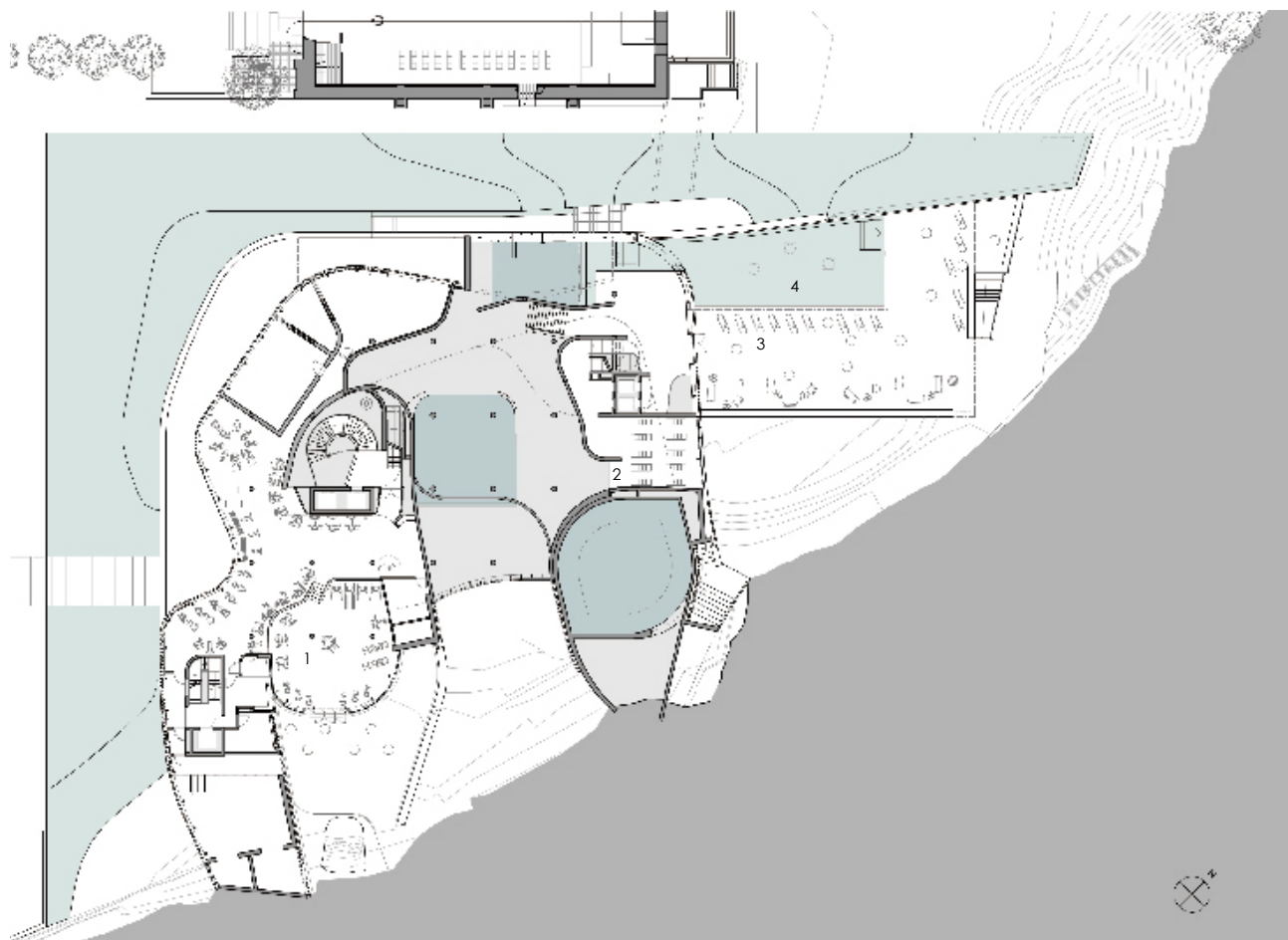


- 1.The spa is surrounded by mountains
- 2.White is the main theme of the interior design
- 3.The use of glass and screen makes the interior lighting comfortable and natural
- 4.The snow mountains can be seen from the interior
- 5.Sunlight comes into the spacious lobby
- 6.The treatment room
- 7.The interior design makes guests feel as if they were in a natural space

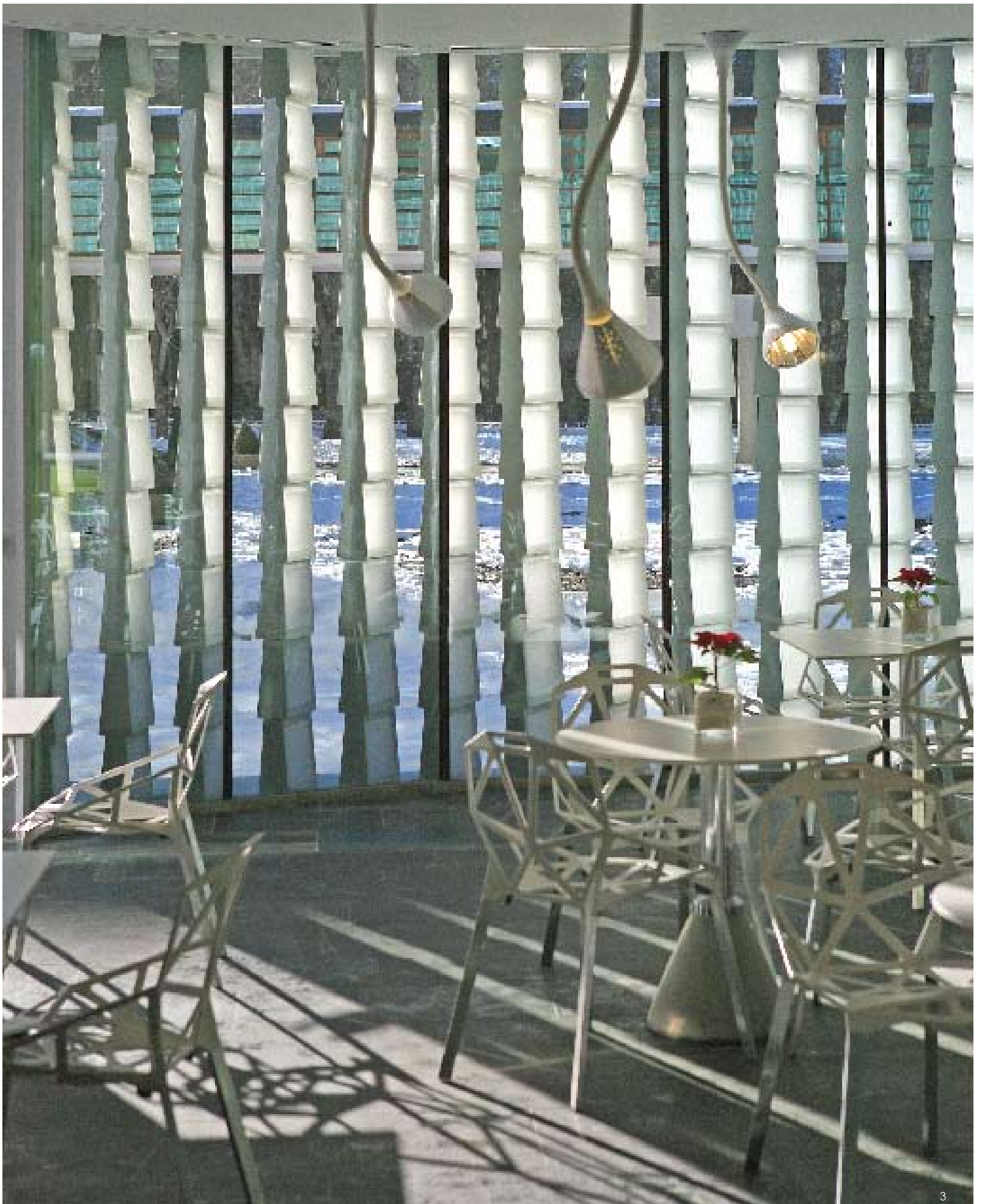
1. 群山环抱中的水疗馆
2. 白色为主的室内设计
3. 玻璃的运用和分隔的设计让室内光环境达到自然舒适
4. 在室内可以看见窗外的雪山
5. 阳光照入宽敞的大厅
6. 理疗室
7. 室内环境设计让顾客如同置身自然空间

Fountains and reflecting pools were designed around the south and west sides of the building to amplify the daylight shining on and into the building. To bring daylight and mountain views into the centre of the plan and down to the lower levels, the building mass was made to embrace the mountain, and the façade sections between terraces were crenellated.

Within the building, spatial arrangements are very complex, and the partitioning of the plans somewhat labyrinthine, with repetitive and circular patterns of circulation, twists and turns of walls and a multiplicity of interconnected levels. However, the consistency of the design language, and the possibility of making repeated reference to the different mountain peaks give visitors a sense of where they are in the building at all times, and a sense of its organisation.



1. Gym
 2. Lounge hydrotherapy
 3. Relaxation lounge
 4. Outdoor pool
1. 健身房
 2. 水疗大厅
 3. 休息大厅
 4. 户外浴池







6



7



Exedra Nice Hotel Wellness Centre

博斯科洛酒店疗养中心

Location:
Nice, France

Designer:
Simone Micheli

Photographer:
Jürgen Eheim

Completion date:
2008

项目地点：
法国，尼斯

设计师：
西蒙·米凯利

摄影师：
尤尔根·艾因姆

完成时间：
2008

Inside the famous Hotel Exedra Nice in Nice, property of Boscolo Hotels, in the basement ground rises the amazing wellness centre, signed by the architect Simone Micheli. "Planning a space designed for the psycho-physical regeneration and recreational relax, in the beautiful Costa Azzurra, means to converse with the existing historical background through the creation of emotional and anti-mimetic places connected to our contemporaneity, seduced by the will to exalt the senses of the guests through a project with strong and exciting features that develop into sinestesia. A new step towards the future according to my architectural belief and my content and formal benchmarks, for excellent dreams and realisations" (Simone Micheli).

Everything is designed to include and cherish the guest in this dream: a new wellness centre able to live even independently from the hotel. We cross the spaces walking on a rough flooring in natural Prun stone, and set against the plasticity of everything that's around us, we can find the clean and essential furnishings and the ceiling coloured by the hole in the ceiling. Fluid shop-windows for cosmetics, internally painted blue, emerge quite naturally from the shaped walls and from the ground, lighted with white 1W-led spotlights like a mighty white tree/sculpture erects almost casually into the defined spaces. Going on in this sensorial path, curvy and harmonic shapes transpose

西蒙·米凯利在博斯科洛酒店地下一层打造了一个疗养中心，令人不禁为之惊叹。“在美丽的海滨建造一个放松心智的空间就意味着在已有的历史背景中，通过创新手段营造感性、特色十足的氛围，激起客人的感官意识。”

中心内的每一个元素及细节设计都是以珍爱顾客为目的，打造一个即使脱离酒店也能够满足顾客需求的全新空间。走在天然石材铺设的地面上，在不同的空间内穿梭，清新整洁的装饰以及装有照明设施的天花板给人异样的感觉。流畅的橱窗粉以蓝色，用于盛放化妆品，从墙壁和地面上自然地“呈现”出来，在白色小灯的闪烁下，如同白色的树木雕塑。中心内包括走廊在内的所有空间表面全部采用聚亚胺脂材料、石膏及白树脂装饰，打造了连续流动的“窗帘效应”。这里最具特色的是一间供夫妻顾客使用的双人理疗空间，内部宽大的浴缸更是别具一格。

洗浴区内包括蒸汽浴区、芳香淋浴区、浴室淋浴区等。游泳池位于空间的尽头，墙面采用玻璃马赛克装饰，蓝色的嵌入式LED灯以及微波荡漾的水面共同映射出天空的景象，形成奇妙的光影效果。泳池入口处，瀑布顺着从屋顶垂悬下来的金属结构上喷流而下，构成了一处奇妙的景观。



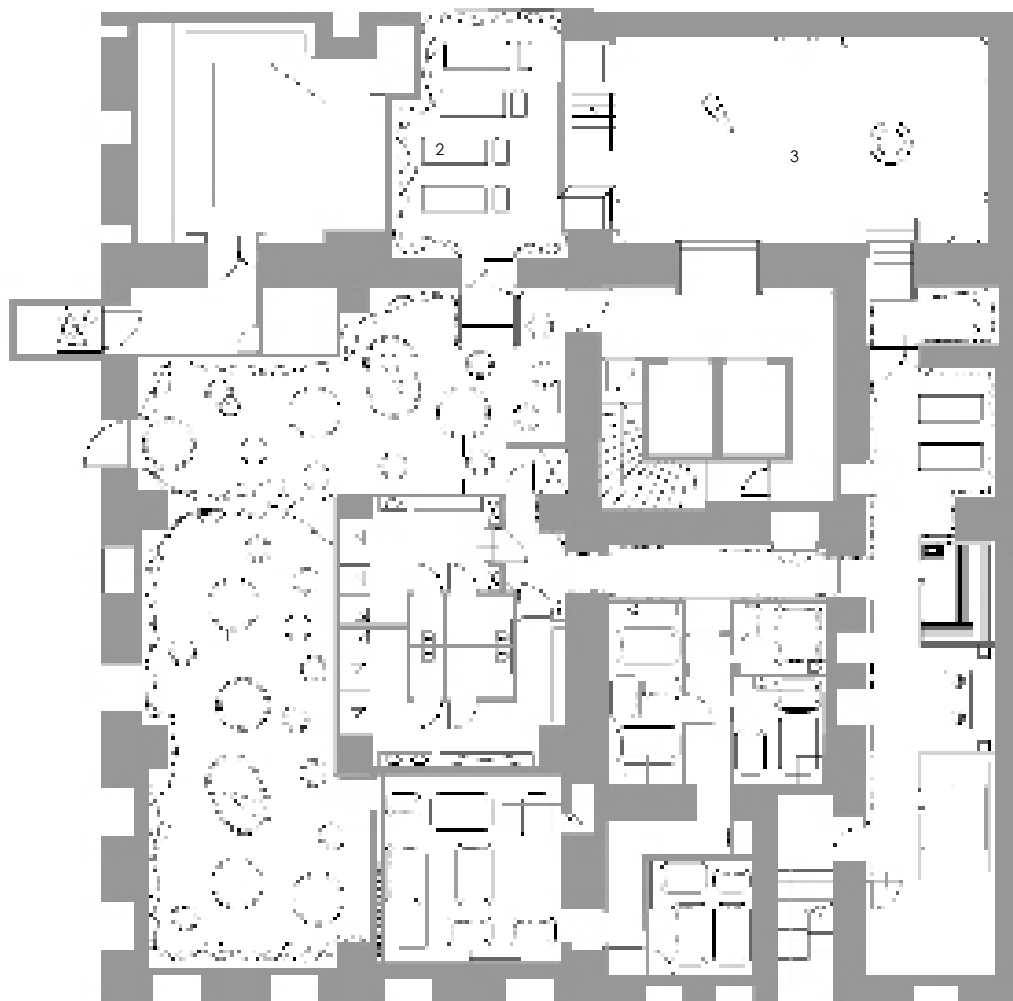
- 1.The reception
- 2.The curve design in the front makes the space soft and beautiful
- 3.Curtains are used as partitions
- 4.The bathing pool looks like a fairyland
- 5.The gym
- 6.The clean interior environment
- 7.The tap resembles a tree

1. 接待台
2. 前面的曲线设计让空间变得柔美
3. 布帘做隔断
4. 浴池如同梦境
5. 健身房
6. 整洁的室内环境
7. 树造型的龙头设计

themselves in a fluid covering "curtain effect", realised in expanded polyurethane and finished with plaster and shiny white resin, that characterises the corridors and all the wellness area. This space is completed by a wide double cabin for couple treatments with a long bathtub in white solid surface.

Going on, we can find the wet zone of the centre: steam bath, aromatic showers, vichy showers, ice maker, cold and hot waters, that offer the customer a deep dive in a dimension that allows to relax in a dreaming and unreal atmosphere. In the end emerges the extraordinary space of the pool-whirlpool bath with its covering in glassed mosaic tiles that wraps the wall covering, generating a fluid fragment of sky, thanks to the thin and punctual blue luminescence of the built-in LEDs and to the continuous reflections of the water on the move. The pool, dominated by the big

idealised tree, from which the branch comes out a strong massaging throw of water, presents a long lateral seat with whirlpool bath, covered with a silver glassed mosaic, and inside rise several effects and water plays. Scenographic waterfalls come down from a huge intense blue metallic portal, that marks the main entrance to the pool, from a wide disc in shiny stainless steel put on the ceiling and from the big wall showers backlit with blue light, making unique and exclusive this spectacular wellness path into the water.



1. Bath area
2. Treatment room
3. Bath pool

1. 洗浴区
2. 理疗室
3. 浴池









Oulton Hall Hotel Spa

奥尔顿会馆酒店水疗中心

Location:
Leeds, England

Designer:
Greyline Design

Consultant Architect:
3DReid

Photographer:
Cloud 9

Completion date:
2008

项目地点：
英格兰，利兹

设计师：
Greyline设计公司

建筑顾问：
3DReid设计公司

摄影师：
云9工作室

完成时间：
2008

Oulton Hall Hotel in Leeds is part of the De Vere Collection and is the only five star hotel and spa facility in Yorkshire, England. The project has included the extensive refurbishment of the main reception, bar and restaurant area, to provide high-quality dining and leisure facilities. The refurbishment of the spa, meanwhile, provides state-of-the-art facilities including a gym, fitness studio, a 15-metre-long heated swimming pool, a Jacuzzi and treatment room facilities. Within all of the refurbished areas, the attention to detail is superb with finishing touches that enhance the product and offer guests a feeling of luxury throughout.

One of the greatest challenges was improving the flow of the public spaces which was somewhat disjointed. This involved relocating the bar; creating a new Champagne bar offering. The hotel now has far greater flexibility from these rooms, and leisure guests and business guests can be kept apart more easily. All of the furnishings are bespoke, unique to Oulton Hall. The lines are very elegant while the fabrics are sumptuous silks and velvets, and much lighter than one would normally expect. Colour-wise, rich tones of gold and taupe predominate in the main public areas; the bar is accented in varying shades of blue while the restaurant is a dramatic Chinese red with black-lacquered detailing.

利兹市奥尔顿会馆酒店隶属于戴威尔精品酒店系列，是英格兰约克郡唯一一家五星级酒店和水疗中心。项目包含酒店前台、酒吧和餐饮区的巨大改造工程，以提供高品质的就餐和娱乐设施。水疗中心的翻修工程提供了最新的设施，包括健身房、热游泳池、按摩浴缸和理疗室。所有翻修区域细节的最后润色工作十分出色，提升了产品的品质，同时也显示了一种奢侈感。

设计过程中最大的挑战就是将脱节的公共空间连接起来，使室内交通变得流畅。这项工作包含重新安置酒吧和建造一个新的香槟吧。酒店因此而更加具有灵活性，来休闲的客人和谈生意的客人可以轻易地被分开，找到自己想要的酒吧。所有的家具都是特别为奥尔顿酒店定制的。家具的线条十分优美，织物大多是奢华的丝绸和天鹅绒，比想象中要轻盈得多。大量的金色和灰色色调在主公共区内占据主导地位；酒吧着重强调了各种不同的蓝色；餐厅则以采用了夸张的中国红，并佐以黑色喷漆装饰品。

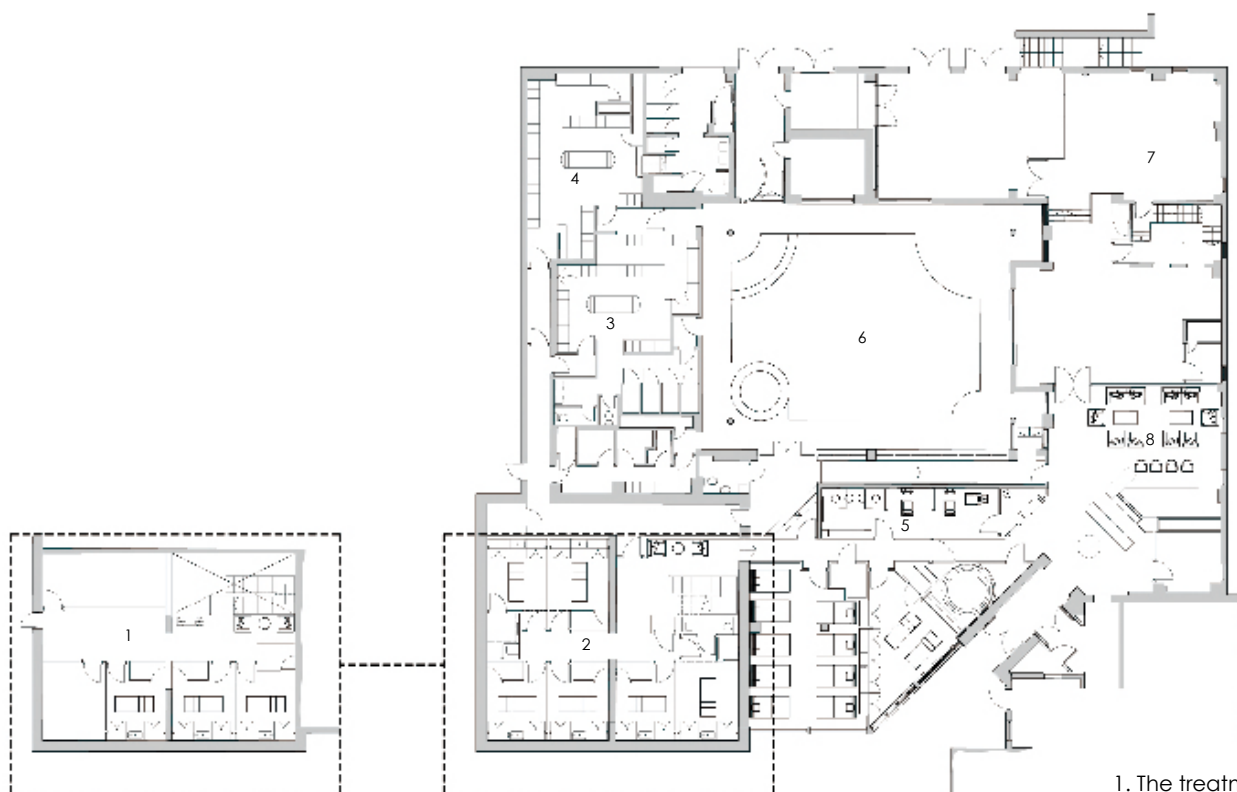
设计师将公共区域的设计风格带到了水疗中心的设计中，但是在深古铜色的映衬下，水疗中心的基调略显忧郁。设计师仅仅保留的台球室，在里面添加了优雅的黑木和玻璃屏风。大多数其他的区域都经过了重新规划，以使水疗中心的室内交通变得流畅。



- 1.The central bath pool
- 2.The chairs along the staircase
- 3.The interior design is classic and elegant
- 4.The fabrics of silks and velvets are comfortable and luxurious
- 5.The central bath pool has a view of the surrounding rooms
- 6.The washstand in the treatment room
- 7.The treatment room provides complete facilities and good services
- 8.A corner of the treatment room

1. 中央的大浴池
2. 楼梯旁的座椅
3. 室内设计风格古典而优雅
4. 丝绸和天鹅绒织物舒适而奢华
5. 中央浴池可以看见四周的房间
6. 理疗室的洗手台
7. 理疗室设施齐全服务周到
8. 理疗室一角

It was key for the designers to take the style they had developed in the public rooms through into the spa area, though they made it slightly moodier, with punches of dark copper colour for drama. They retained only the pool hall, which is simplified and screened off with an elegant dark wood and glass screen, and most other areas had to be completely re-planned to make the spa flow well.



1. The treatment area on the first floor
2. The treatment area on the ground floor
3. Female dressing room
4. Male dressing room
5. Beauty salon
6. Swimming pool
7. Gym
8. Juice bar

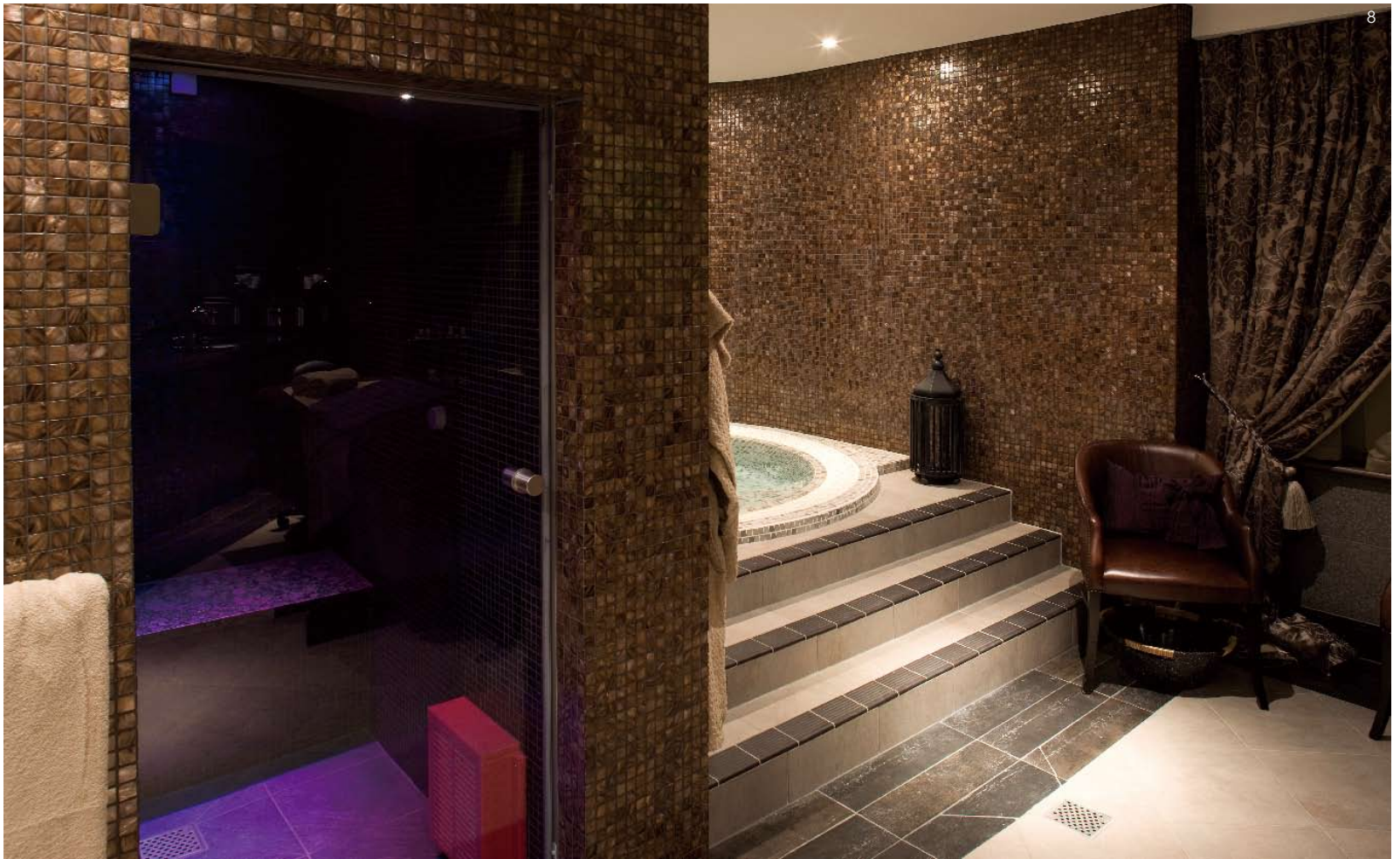
1. 二层理疗区
2. 一层理疗区
3. 女更衣室
4. 男更衣室
5. 美发沙龙
6. 泳池
7. 健身房
8. 水吧







7



8



Hyatt Key West Resort & Spa

基韦斯特凯悦温泉度假酒店

Location:
Key West, USA

Designer:
morrisonseifertmurphy

Photographer:
morrisonseifertmurphy

Completion date:
2008

项目地点：
美国，基韦斯特

设计师：
morrisonseifertmurphy建筑事务所

摄影师：
morrisonseifertmurphy建筑事务所

完成时间：
2008

This newly renovated Key West resort is taking the Key West experience to a new level. The renovation has transformed the property into a truly "tropical modern" experience, a unique environment like no other in Key West. The hotel has been transformed into an intimate spa-like facility with the use of light colours along with crisp detailing. A clean soothing material palette greets you in the renovated lobby and also connects to the pool lounge/deck area and the new spa treatment rooms. The 118 rooms have been updated to have a clean, fresh and timeless appearance and are unexpected surprise with a tropical modern quality.

As the guests walk into the guestrooms, they immediately sense the cooling effect of the white tile floors. The use of the light-coloured bamboo along with other natural finishes provides the backdrop for the colourful accent fabrics and artwork found in the rooms. The bathrooms have a spa-like quality with light finishes and unique plumbing fittings. Since the baths open directly to the rooms, they act as an extension of the room with their aqua glass mosaic accent wall and open layout. During the day natural light fills the bath and at night the accent lighted glass mosaic wall adds a dramatic feature to the room.

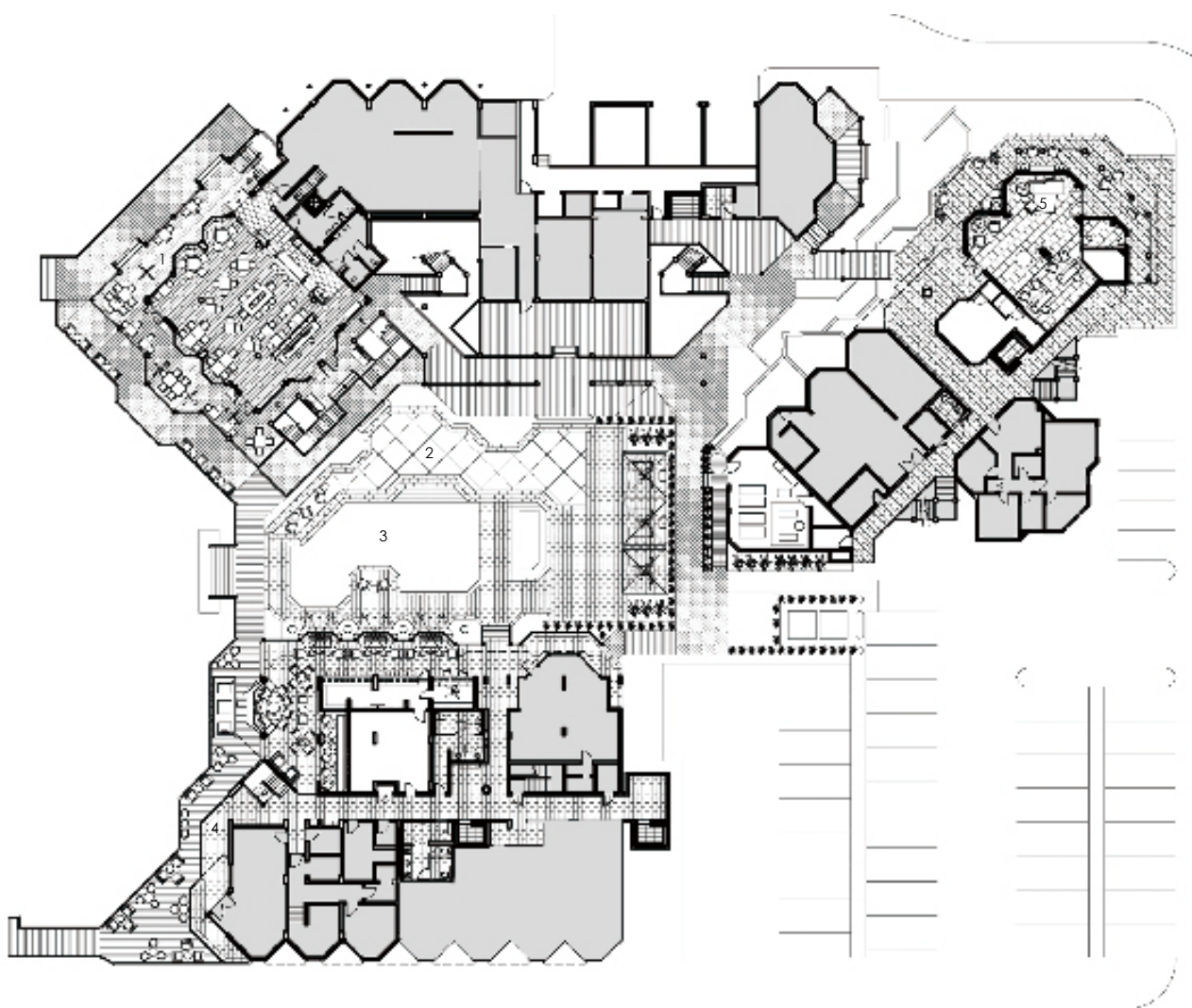
新翻修的基韦斯特凯悦温泉度假酒店将基韦斯特的旅游业带到了一个新高度。酒店经过翻修，充分体现了一种“现代化热带风情”，形成了基韦斯特独一无二的环境。浅色的设计和舒适的细节将酒店改造得像水疗中心一样。大厅与水池休闲室和新的水疗室相连，干净柔和的材质和色彩让游客心旷神怡。118个清爽简洁的客房充满现代的热带气息，给游客带来惊喜感。

一进门，客房纯白的瓷砖地板立刻让人体验了一种清爽感。房间里浅色的竹子和其他天然装饰映衬着色彩鲜艳的织物和艺术品。浴室清淡的装饰和别具一格的卫浴设施可以媲美水疗中心质量。浴室直接和卧房相连，浴室的开放式设计和浅绿色玻璃马赛克成为了房间的一部分。白天，阳光洒满浴室；夜晚，灯光照在玻璃马赛克墙面上，营造出一种极富戏剧性的效果。



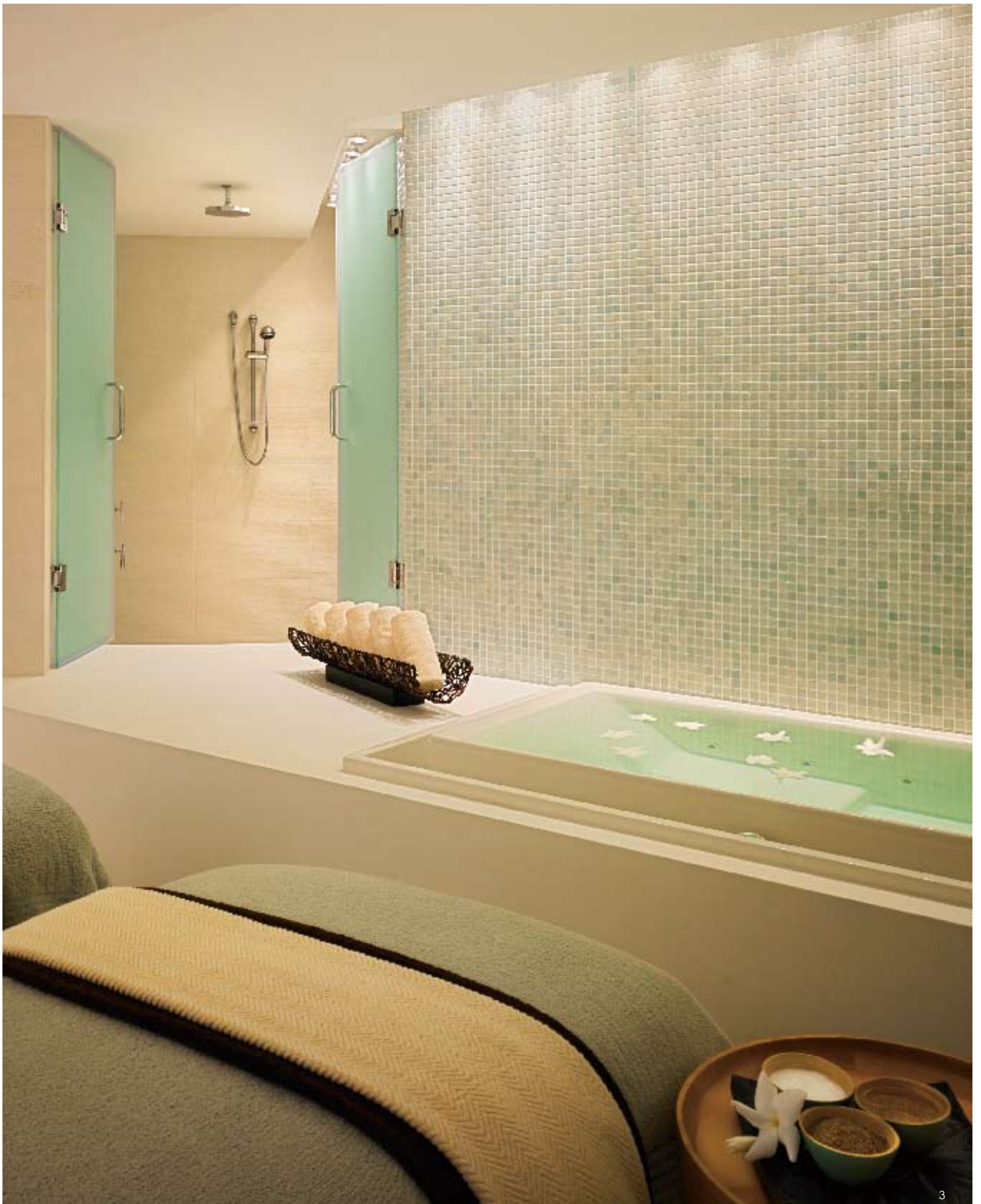
1. In the spa, guests will feel at home
2. One can have a rest in the outdoor natural environment
3. The professional spa facilities
4. The interior and exterior spaces are connected
5. The guestroom and the bathroom are connected
6. A complete set of bath facilities

1. 宾至如归
2. 在户外自然环境中休息
3. 专业的SPA设施
4. 室内外环境相通
5. 客房和浴室相连
6. 卫浴设施齐全



1. Restaurant
2. Treatment area
3. Bath pool
4. Relaxation area
5. Lobby

1. 餐厅
2. 理疗区
3. 浴池
4. 休闲区
5. 大堂









Carbon Hotel Spa

碳元素酒店水疗中心

Location:
Genk, Belgium

Designer:
Peter Cornoedus

Photographer:
Peter Cornoedus

Completion date:
2008

项目地点：
比利时，根克

设计师：
彼得·克尔诺艾德斯

摄影师：
彼得·克尔诺艾德斯

完成时间：
2008

Carbon Hotel Spa offers a health club, sauna, hammam, chromotherapy, relaxation treatments, massage, cocoon corners, herbal baths, tai chi and chakra and a large south-facing terrace. The first-floor terrace garden of the hotel is a calm sanctuary in the middle of bustling Genk. In a dark and sober shades ranging from grey to black slate, parts of the hotel recall us of the shades of coal. The 60 rooms are spacious and equipped with all the latest hi-tech and in their bathrooms with extra large showers and huge tubs. Simple lines and materials chosen emphasise the natural beauty: the natural beauty of the planet and also yours. The hotel spa will provide you with care in this spirit. The scrubs, massages and tai-chi and Shakra classes are proposed to allow people to be in harmony with the body, gently soothe themselves and find the true nature.

The wellness experience is part of the vibrant rejuvenation of the commercial centre of Genk, the heart of the 19th-century Limburg coal-mining industry. The Carbon dedicates itself to life's vital element in both name and design.

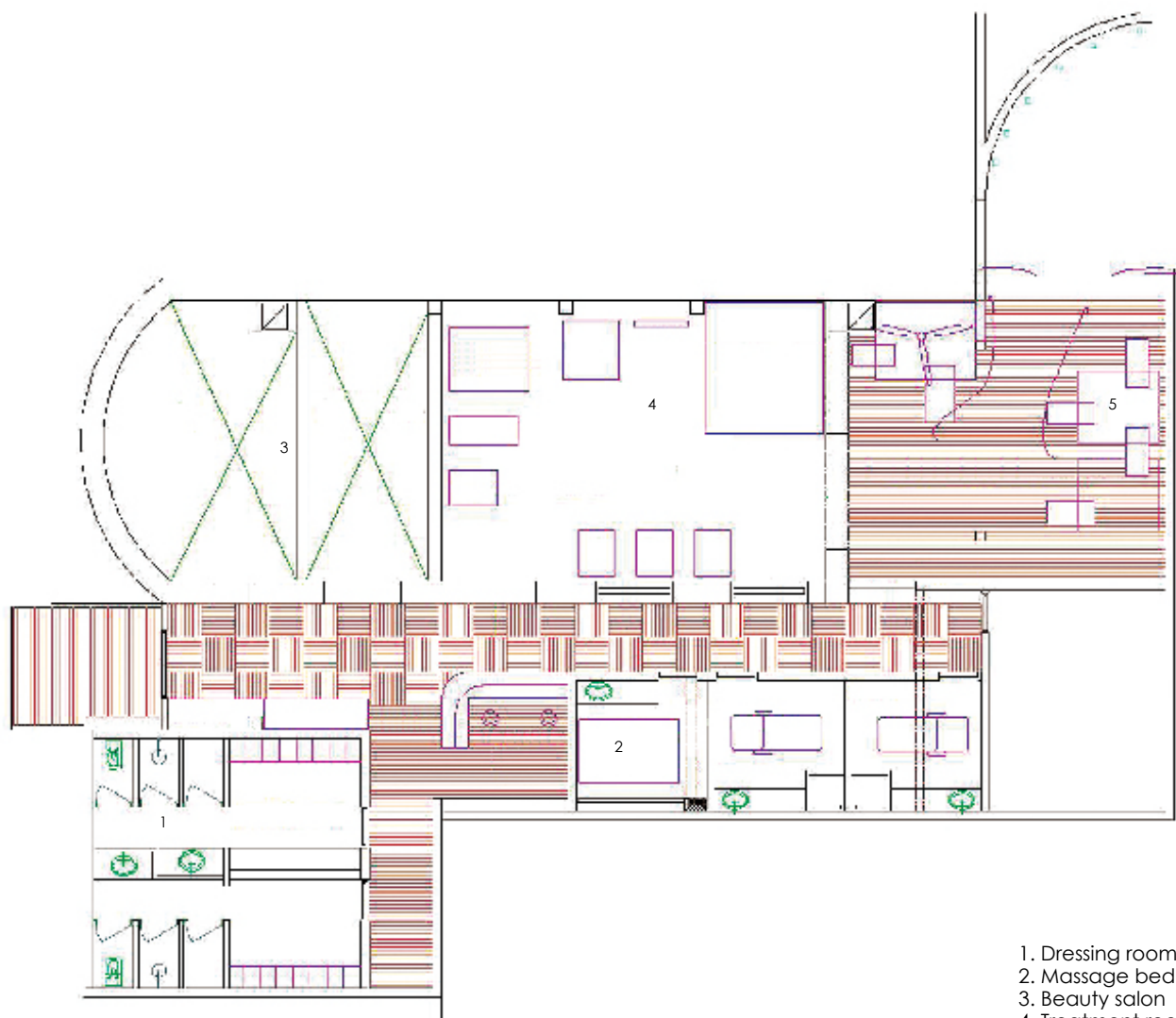
碳元素酒店水疗中心包含提供的服务有：健身、桑拿浴、土耳其浴、光疗、放松理疗、按摩、茧角、药草浴、太极和查克拉训练。水疗中心还有一个朝阳的大平台。在繁忙的根克市中心，酒店二楼的平台是一个宁静的避难所。酒店灰色和黑色的石板让人沉静和清醒，也让人想起了煤炭。60间客房明亮而宽敞，全部采用了最新的科技。客房的浴室里是超大的淋浴器和浴缸，线条和材料的选择十分简洁，强调了花草和人类的自然美。酒店的水疗中心也秉承了这种概念。洗澡、按摩以及太极和查克拉教学让人的身体和谐协调，让人们得到放松，并找回真正的自我。

根克市是十九世纪林堡煤矿产业中心，水疗中心是根克市中心重获新生工程的一部分。碳元素酒店从名称和设计上都表现出碳元素在人类生活中的重要性。



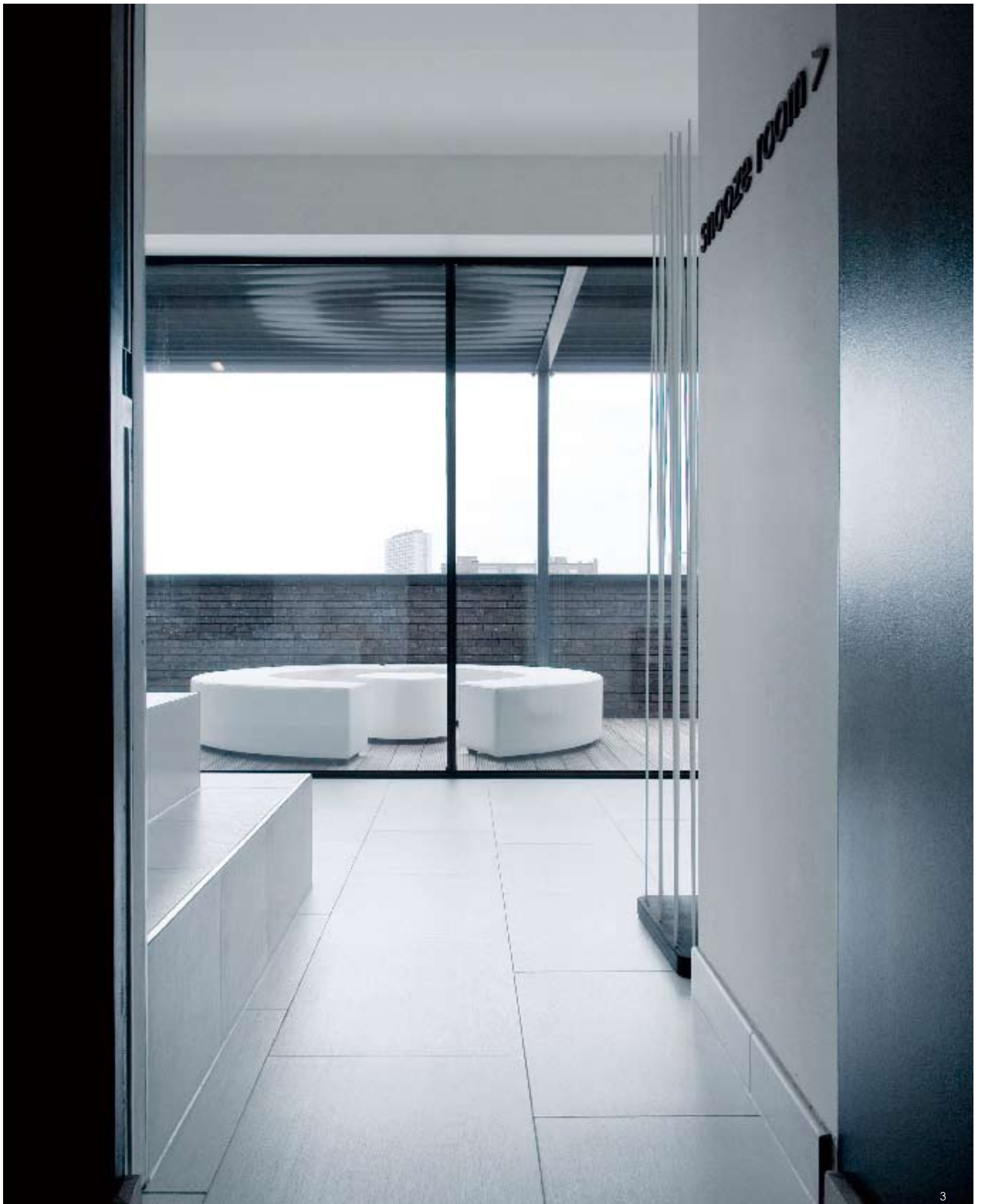
- 1.The first-floor terrace uses mirrors as decoration
- 2.The first-floor terrace is a calm sanctuary in the bustling city
- 3.The terrace leading to the first floor
- 4.The grey and black colours make people sober and calm
- 5.The design is open and simple
- 6.One can rest or meditate in the corner
- 7.The fresh storage room

1. 二楼平台采用镜面做装饰
2. 二楼平台是远离城市的安宁去处
3. 通往二楼的户外平台
4. 灰色和黑色色调让人沉静和清醒
5. 设计风格开敞简约
6. 在角落里休息或冥想
7. 清爽的储物间



1. Dressing room
2. Massage bed
3. Beauty salon
4. Treatment room
5. Lounge

1. 更衣室
2. 按摩室
3. 美发沙龙
4. 理疗室
5. 休息大厅









Hotel Europe Spa

欧洲酒店水疗中心

Location:
Killarney, Ireland

Designer:
Hirsch Bedner Associates

London Director:
Inge Moore

Photographer:
Hirsch Bedner Associates

Completion date:
2008

项目地点:
爱尔兰, 基拉尼

设计师:
Hirsch Bedner Associates设计公司

伦敦办事处总监:
Inge Moore

摄影师:
Hirsch Bedner Associates设计公司

完成时间:
2008

The Gallery, Hirsch Bedner Associates' London-based studio, has added another feather to its cap with the striking redesign of Hotel Europe.

Hotel Europe has one of Ireland's most comprehensive spa facilities, managed by world-class operator ESPA. In creating the spa, guests are greeted in the spa lobby by an impressive art installation of carved monolithic timber blocks spread along the floor, echoing design features from the hotel lobby. During the day, an 11-metre-tall glass-enclosed atrium staircase floods the entry area with warm daylight. The wall flanking the staircase is composed of dark water, and in the grey afternoon hours, a central glass chandelier casts warm spirals of light from above the stair. Upon arrival to the spa, guests are visually engaged with a century-old Irish pattern, cut out from paper-thin bronze sheets suspended from the ceiling. Spa amenities are comprised on two separate levels. The first, or active level contains a state-of-the-art fitness, kinesis and Tai Chi studio, along with female and male changing rooms.

This active level has opalescent silk wall coverings and jewel-like creamish grey accents that contrast with the dark and opulent relaxation areas. Here, the hardness of the black stonewall, dappled with niches for candlelight, is complemented and softened by velvet throws and soft pillows, while custom-

"The Gallery" 为赫希贝德纳酒店联合设计有限公司 (Hirsch Bedner Associates) 设于伦敦的工作室, 近期它为欧洲酒店进行了引人注目的重新设计, 再度受到赞誉。

欧洲酒店拥有爱尔兰最齐全的水疗设施, 并由世界级运营商 ESPA 管理。客人一进入水疗中心大堂, 就会看到一件令人赞叹的艺术品: 雕花的整体木块铺作地板, 与酒店大堂的设计风格遥相呼应。白天的时候, 11 米高玻璃围合成的中庭楼梯用温暖的日光照亮了入口处。楼梯两旁的墙壁由隐藏的水组成, 在阴沉的午后时间里, 中央的玻璃枝形吊灯会从楼梯上方洒下温馨的光线。一走进水疗中心, 客人们就会从视觉上被一个年代久远的爱尔兰图案所吸引, 图案从纸一样薄的青铜板上切割出来, 自天花板悬吊下来。水疗设施包括两个分离的楼层。第一层, 也就是活跃楼层, 配有最先进的健身、运动和太极房, 还有男女更衣室。

这个活跃的楼层采用了乳白色的丝质墙壁罩和宝石般的白灰色调, 与暗黑华丽的休闲区相映成趣。这里, 坚硬的黑色石墙上有斑驳的烛火壁龛, 天鹅绒沙发罩和柔软的枕头柔和了气氛。量身定制的休息床周围挂着板帆似的屏风, 营造出了终极的私密舒适环境。在这一层还有一个跳水池, 靠近室内/室外活力池, 另有一个啤酒屋和“热体验”区, 里面有海水活力池、蒸汽房、桑拿和黑暗夸张色调的大活动淋浴房。

二楼更像一个圣殿, 那里有护理室, 排列在静谧的内部庭院旁, 而庭院被设计成了现代灌木花园。这里的风格时髦而精致, 铺着银灰木地板, 温暖的灰色喷漆表面。定制图案的金属面板, 真品 B&B Italia 扶手沙发, 备有柔软蓬松的炭灰色天鹅绒软垫, 加上水银艺术品, 为客人提供了尽情享受护理的终极环境。这一层还有配露台的私人套房, 内设可俯瞰湖面的铁刀木桑拿、大小可调的雨淋花洒、可喷水的双人石板浴缸。

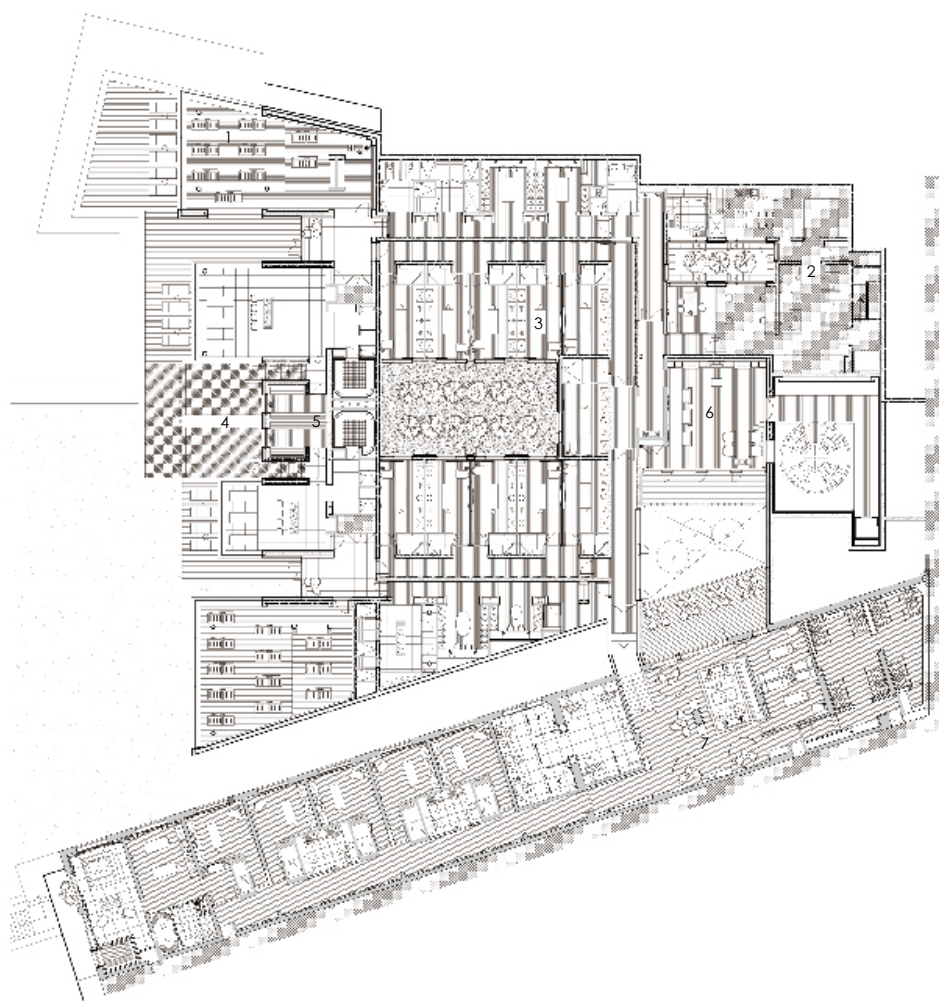


- 1.The custom-made rest bed
- 2.The velvet fabrics, the printing wallpaper and the grey and white tone all bring a taste of nobility
- 3.Guests can enjoy full relaxation in the world of water
- 4.The semi-transparent soft screen

1. 量身定做的休息床
2. 天鹅绒材料、印花壁纸和灰白色调都带来贵族气息
3. 在水的世界中客人可以充分放松
4. 朦胧的软隔断

designed bespoke relaxation beds surrounded by slat sail-like screens offer the ultimate privacy and comfort. Also on this level is a plunge pool adjacent to the indoor/outdoor vitality pool, plus a brasserie and "heat experience" areas consisting of a salt-water vitality pool, steam room, sauna and large activity showers in dark, dramatic tones.

The second floor is more of a sanctuary, offering treatment rooms arranged around a peaceful internal courtyard that is designed as a contemporary topiary garden. The tone here is sleek and sophisticated, with silver ash timber flooring, warm greys and lacquered surfaces. Bespoke-patterned metal panels, original B&B Italia armchairs upholstered in soft, opulent charcoal grey velvet and Mercury silver art give guests the ultimate setting for decadent pampering and treatments. This level also features a private terraced suite, complete with a Wenge-wood sauna overlooking the lake, sizable rain showers, and a stone-clad tub with water jets for two.



- 1.Relaxation room
- 2.Staff area
- 3.Treatment room
- 4.Pool
- 5.Sauna
- 6.Reception
- 7.Lounge

1. 休息室
2. 员工区
3. 理疗室
4. 浴池
5. 蒸汽室
6. 接待处
7. 休息大厅



3



4



Wald & Schlosshotel Friedrichsruhe Spa

瓦尔德城堡酒店水疗中心

Location:
Friedrichsruhe, Germany

Designer:
niki szilagyi interior architecture

Completion date:
2008

项目地点：
德国，腓特烈斯鲁

设计师：
niki szilagyi建筑事务所

完成时间：
2008

After crossing the large lobby, a perfect place for exhibitions or events, the entrance to the spa next to the reception is kept narrow to surprise the guest with a gorgeous view of the spacious pool area. The swimming hall with gallery extends to the first floor and is flooded with daylight – due to the roof light.

Different themes are shown in the saunas and steam baths. An imposing feature serves on the one hand as a towel shelf – on the other hand as an illuminated partition. Adjacent to it you will find a water bar with silver quartzite flagstones. A booth consisting of a steam bath, sauna, showers and space for relaxation is located at the back of this area. It can be used exclusively for a group of women, for example. Directly from the sauna area, the outdoor facilities with the kelo sauna, a kneipp-pond and a jacuzzi can be reached. Inside you can lounge on comfortable furniture, whereas outside you can relax on a wooden bench under a huge bonsai.

In Sauna area, the silver quartzite continues down the generous stairs with illuminated steps and into the gallery, where the relaxation rooms with different design themes are located. In the room of total relaxation you sink in a crème-coloured world of cushions. The library with its open fire is designed with warm colours and has specially made divan beds with reading lamps. This room is the perfect place to read at leisure. The third relaxation room is very light thanks to its fanlight.

穿过酒店宽敞的大堂——一处展示和接待活动的主要场所，客人来到酒店前台旁边的水疗中心。进入水疗中心的入口狭窄，它和华丽、宽敞的泳池区形成对比，让客人大为惊喜。游泳大厅和休息平台跨越两层空间，因为设有采光屋顶，这里阳光充足。

桑拿区和蒸汽浴室有不同的主题。一个让人印象深刻的亮点是两边即做毛巾架又做灯光隔断的设计。紧挨着毛巾架有一个水吧，吧台由银白色石英岩制成。桑拿蒸汽区的后面是一个隔间，里面有蒸汽浴、桑拿、淋浴和休息区。这个隔间可以作为女士专用隔间。正对桑拿区，有室外的洗浴设施，如地下桑拿间、克耐普香薰池和按摩浴缸。在室内，可以在舒服的家具上休息；在室外，则可以在一个大盆景旁的木板凳上放松身心。

在桑拿区，银白色的石英岩材料延续至有照明的台阶处和泳区的休息平台，那里的休息室有不同的设计主题。在完全放松的休息室里，人们可以舒适地坐在米黄色座椅上。图书室为暖色调，设有壁炉，特别订做了带扶手的长沙发床，旁边放置了台灯，是一个休闲、读书的好地方。因为装有扇形窗，第三间休息室内非常明亮。

理疗区的地面大多铺着石灰石。理疗室里，珍贵的核桃木地板让人感到很温暖。家具也是核桃木的，以尽量减少使用不同材料的可能，营造一个安静而放松的空间。艺术家 Johannes Klinger 还在这里设计了一盏给人很深印象的灯，银白色的葡萄叶印在树脂材料上投下颇具诗意的灯影。男士套房的设计则有一种阳刚的风格，格调简洁。



- 1.The bathtub and sofa
- 2.The exquisitely designed foot spa facility
- 3.The treatment room
- 4.The circulation space is used for storage too

1. 浴缸和沙发
2. 设计巧妙的足浴设施
3. 理疗室
4. 公共交通空间兼做物品存放

A large part of the treatment area is also floored with lime stone. In the treatment rooms precious walnut parquet is used to transmit a feeling of warmth. The furniture is also made of walnut to reduce the amount of different materials to create a room of silence and relaxation. An impressive light field was designed together with Johannes Klinger. A poetic shadow play is created with silver wine leaves bedded in acryl. Designed in a more masculine way, the men's suites have a wengè-accent.



1. Dressing room
2. Treatment room
3. Reception
4. Office
5. Lounge
6. Bath pool
7. Foot spa

1. 更衣室
2. 理疗室
3. 接待处
4. 办公室
5. 休息厅
6. 浴池
7. 足疗



3



4



Roomers Hotel Spa

房客酒店水疗中心

Location:
Frankfurt, Germany

Designer:
3deluxe-biorhythm and Grübel

Photographer:
Ernst Stratmann

Completion date:
2009

项目地点：
德国，法兰克福

设计师：
3deluxe

摄影师：
恩斯特·斯达特曼

完成时间：
2009

From the outside of the building you can see the classic architectural lines that burrow a highlight: the innovative glass roof of the spectacular Conference & Spa facilities.

The concept is formed out of the 3C, contemplative work and listening in the conference area, communication and celebrations in the sky lounge and then the conclusion and confident, sexy perception in the relaxed and inspirational atmosphere of the spa.

A roundly shaped sauna is surrounded with floating and interchanging lights. A steam bath with sensual lighting and a glass crystal beach with lighting objects, which resemble mysterious jelly fish. The relaxing water jet beds facing at the nylon ceiling are another highlight. This all is completed by the massage pool with changing lights and a transparent foliage at the veneer. The gym with its smart reflection on all sides and the dynamic lights create a positive atmosphere of movement. The outside terrace is like the whole spa project, elegant, laminated and soundproof. The spa area is open to all hotel guests.

从大厦外观看去，特色十足的建筑线条已足够引人注目，而会议区及水疗中心上方的玻璃屋顶则更是构成一道独特的风景，将目光吸引过去。其设计理念源于3C（contemplative, communication and conclusion）：在会议区内专注地工作；在大厅内交流与庆祝；在水疗区内放松与享受。

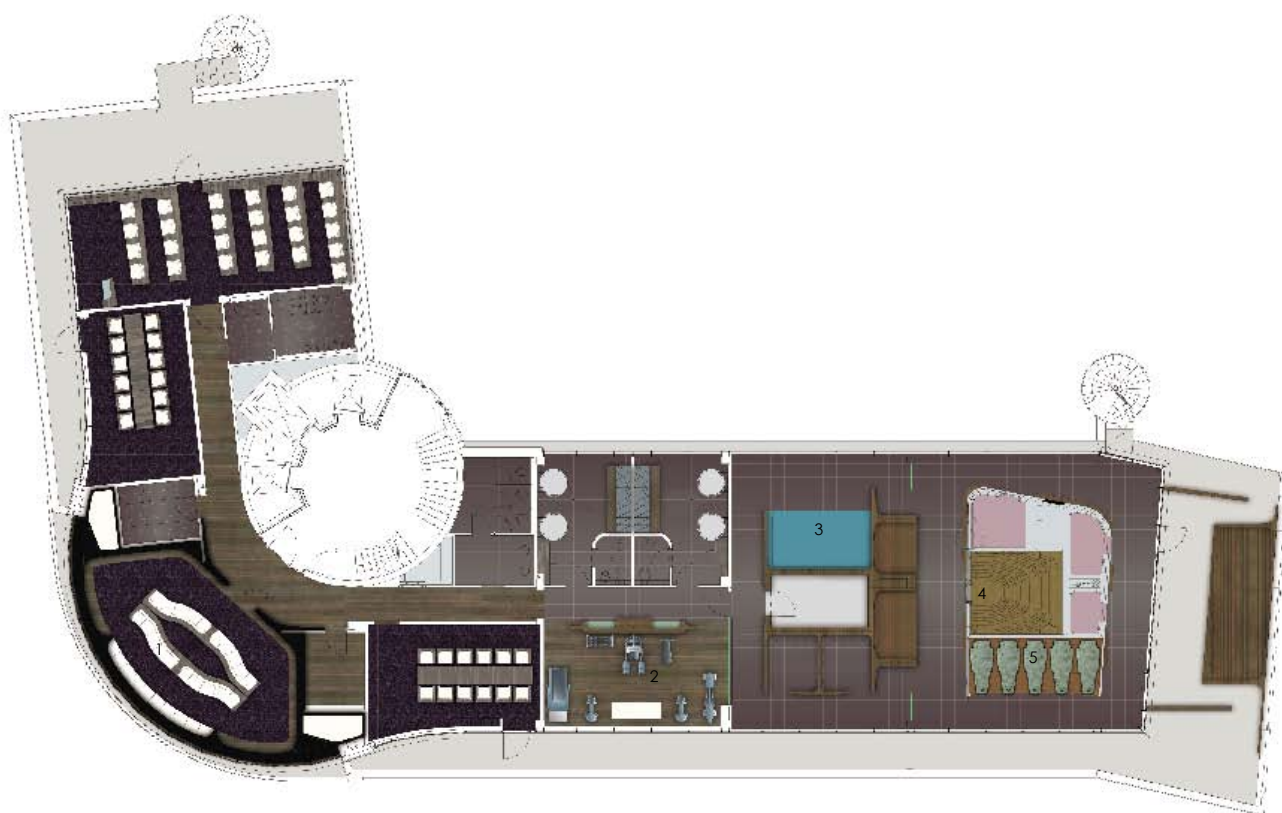
其中，圆形的蒸汽浴室周围环绕着不断变换的灯饰，似乎悬浮在空中。浴缸上安装有感应灯，玻璃水晶灯饰垂悬在上，外形酷似柔软的水母。喷水床构成一道亮点，在天花上霓虹灯饰的照耀下更是独具特色。

健身房内光线跃动，营造了活力十足的氛围。室外露台如同水疗区一般，典雅淡然。此外，水疗中心面向酒店的所有客人开放。



- 1.The bar with mirror decoration
- 2.One can enjoy full relaxation in the spa
- 3.The light fixture above the bathtub
- 4.The steam room

1. 镜面装饰的吧台
2. 在水疗中心享受放松
3. 浴缸上方的灯饰营造梦幻效果
4. 蒸汽室



1. Lounge
2. Beauty salon
3. Bath pool
4. Steam room
5. Bathtub

1. 休息大厅
2. 美发沙龙
3. 浴池
4. 蒸汽室
5. 浴缸





Hotel Steigenberger Treudenberg – Spa

斯蒂根伯格酒店水疗中心

Location:
Hamburg, Germany

Designer:
JOI- Design GmbH

Photographer:
JOI- Design GmbH

Completion date:
2008

项目地点：
德国, 汉堡

设计师：
JOI设计公司

摄影师：
JOI设计公司

完成时间：
2008

JOI-Design's brief for the Hotel Steigenberger Treudenberg was to construct a spa within a resort village that provides an escape from the bustling lifestyle of Hamburg. JOI's solution was the use of natural FF&E materials that relate to the nearby Alster Valley to create an environment that felt secure and holistic for both the nature-based complementary therapies and the more traditional medical treatments. By creating an ambience suitable for leisure and medical holidays, JOI-Design has helped Hotel Steigenberger Treudenberg bring greater value and realise an additional revenue source.

Functional practicalities for delivering alternative treatments such as hydrotherapy and physical rehabilitation are satisfied while retaining the sense of being pampered. Hanseatic chic is expressed in the spa with the use of warm, regional oak and cherry species that, when contrasted with the entry area's crisp cool whites, result in a clean and understated welcome equally suited to a leisurely spa escape or a more formal doctor's check-up. The emphasis between the yin and yang balance of the facility's uses is further underscored through the combination of straight and rounded lines as evidenced in the reception desk and the corridor's horizontal joinery lines offset by the areas' curved pathways and soffits.

斯蒂根伯格酒店水疗中心隶属于度假村，为游客提供了一个远离喧嚣城市的避难所，JOI设计公司采用与邻近的阿尔斯特山谷相关联的天然材料，营造了一个安全而完整的环境。水疗中心既提供当代自然疗法，也提供传统药物疗法。水疗中心休闲而治愈的氛围为斯蒂根伯格酒店带来了更大的价值，增加了额外的收入。

实用的交替水疗和物理治疗让游客感到极度舒适。温暖的本地橡木和樱桃木打造出中世纪汉萨同盟式的时尚。橡木和樱桃木与入口处纯粹的白色色调相对比，简洁而低调，既适合悠闲的水疗，又适合严肃的体检。阴阳调和的理念也体现在直线和曲线的对比中：前台和走廊的细木线条和弯曲的小径相得益彰。

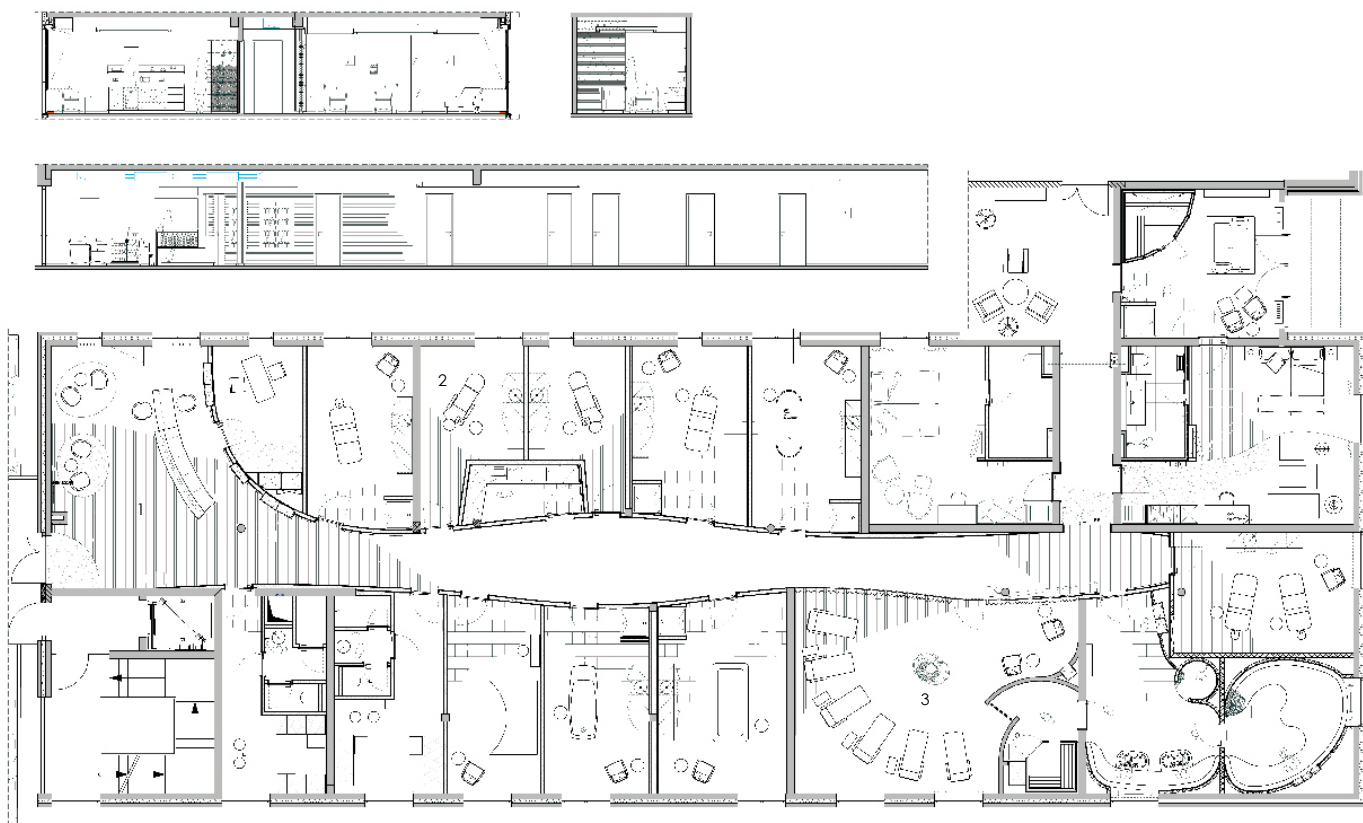
灯光的应用尤为重要。理疗室天花板上的柔光灯营造出温暖的光线，让人放松。可调控的亮光则更适合医生诊疗。闪闪发光的玻璃马赛克瓷砖可以反射灯光，从一片磨砂表面的家具中脱颖而出。自然的杂色石地板和休息椅上的植物纤维让人远离充斥着现代技术的城市。



- 1.The graceful corridor
- 2.The interior ornamentation
- 3.The flowers and fruit on the bar counter
- 4.The private room
- 5.The corridor view from the entrance
- 6.The bathtub
- 7.The detail of the washstand

1. 优雅的走廊环境
2. 室内陈设
3. 吧台上的插花和果盘
4. 独立的房间
5. 从入口看走廊
6. 浴缸
7. 洗手台细部

The use of lighting is especially important. Soft lights recessed into the ceilings of treatment rooms cast a warm glow to encourage relaxation, while optional brighter lights are better suited for medical consultations. The round shower with twinkling glass mosaic tiles allows for light reflection and is a touch of sparkle in a design with mostly matte finishes. The natural finishes of the mottled stone floors and woven fibres in the lounge chairs serve as a tangible, textural relief from the technology-fuelled city.



1. Reception
2. Treatment room
3. Lounge

1. 接待处
2. 理疗室
3. 休息大厅







6



7



Bergman Beauty Clinics MediSpa

伯格曼美容院水疗中心

Location:
Amsterdam, the Netherlands

Designer:
Concrete Architectural Associates

Photographer:
Ewout Huibers

Completion date:
2008

项目地点：
荷兰，阿姆斯特丹

设计师：
Concrete建筑事务所

摄影师：
伊望·修波斯

完成时间：
2008

Bergman is all about beauty. The best item to express beauty is a mirror and therefore this is the centre theme of the MediSpa. These mirrors are used in the three areas of the MediSpa: the shop, the treatment rooms and the main surgery room. It enlarges the rooms and creates a spacious feeling. Corian is an important material of the interior. Furniture built from corian is seamless. Concrete used this as a metaphor for having a smooth skin.

When clients enter the MediSpa, they are invited to take a seat in the heart of the shop: an island made of corian and smooth white leather surrounded by Bergman's Beauty Products and magazines. Floating white corian cabinets filled with and coloured by Bergman's Beauty products give customers the opportunity to try the products such as crèmes and make-up.

Inside the four treatment rooms, located on both floors, a spacious and cosy environment is waiting for their clients. Full-length mirrors create the impression of an even more spacious room. White corian cabinets and semi transparent curtains give the room a smooth and clean appearance.

In the surgery room consumers encounter an open atmosphere. Cabinets of stainless steel, filled with bottles of alcohol give visitors the suggestion of being in a laboratory. A big surgical light is hanging above the white treatment chair.

伯格曼美容院专注于美丽，而最能体现美丽的工具就是镜子，所以水疗中心以镜子为主题。水疗中心分为三个区域：商店、理疗室、主手术室，每个区域都装饰着许多镜子。镜子增加了房间的面积，让房间看起来更加宽敞。可耐丽（一种人造大理石）是室内设计中一种重要的材料。可耐丽制成的家具光滑无缝，设计师以此来比喻光滑的皮肤。

走进水疗中心，顾客便可以在商店的中心就坐。商店的中心岛由可耐丽和白色皮革制成，周围环绕着伯格曼的美容产品和杂志。悬空的货架上摆满了五颜六色的美容产品，顾客可以试用乳液和化妆品。

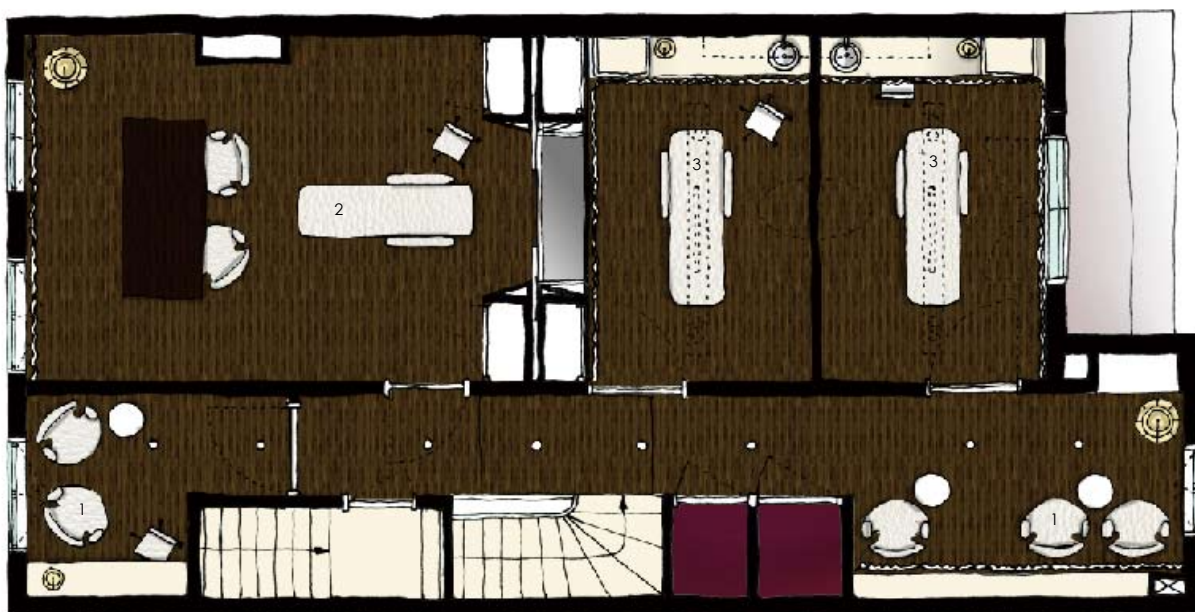
四个诊疗室分别位于不同的楼层，里面的环境宽敞又舒适。整面墙大小的镜子让房间看起来更加开阔。白色的可耐丽橱柜和半透明窗帘给房间一种光滑洁净的感觉。

手术室里有一种开阔的氛围。装满了瓶瓶罐罐的不锈钢柜子让人仿佛置身于一间实验室。白色的治疗椅上悬挂着巨大的手术灯。



- 1.The SPA products are displayed in a clean line
- 2.There are magazines and TV in the lounge, where the exterior views can be seen
- 3.The mirrors are the theme of the interior decoration
- 4.The central island is surrounded by beauty products and magazines
- 5.The various spa products
- 6.The luxurious treatment room
- 7.The benches of the central island

1. 整齐陈列的SPA专用产品
2. 休息等候区有杂志、电视，还可以看到窗外的景色
3. 镜子是室内装饰的主题
4. 商店的中心岛周围环绕着美容产品和杂志
5. 种类繁多的SPA用产品
6. 豪华理疗室
7. 中心岛的座椅



1. Relaxation area
2. VIP treatment room
3. Treatment room

1. 休息区
2. VIP 理疗室
3. 理疗室







6



7



Scandinave Les Bains Vieux-Montréal

Vieux-Montréal斯堪的纳维亚水疗中心

Location:

Montréal, Canada

Designer:

Saucier + Perrotte architectes

Photographer:

Marc Cramer

Completion date:

2009

项目地点:

加拿大, 蒙特利尔

设计师:

Saucier + Perrotte建筑事务所

摄影师:

马克·克莱默

完成时间:

2009

Scandinave Les Bains Vieux-Montréal is an urban spa whose purpose is to provide a thermal therapy experience that engages each of the body's senses. The formal part of the project is derived from the contact between hot and cold – and more specifically, the naturally occurring phenomena associated with these conditions – the design distills the idea of cool glacial forms and the warmth of volcanic rocks.

Upon exiting the dressing room, the visitor is immersed in a unique environment where walls, floors and ceiling are slightly angled according to a notion of interior topography through which visitors may wander. These angles, though subtle, give bathers a perceptual difference from their everyday environs; the awareness of the corporeal relationship with their surroundings is heightened. Just as in a natural landscape, slight undulations in the ground plane create gentle slopes; depressions in the floor level generate basins of water for bathing. At particular moments, volumes emerge from the ground to sculpt interior zones for the sauna and steam bath. Uniting the main space is an undulating wood ceiling that echoes the movements of the floor: walls of white marble mosaic appear to melt at the point of contact with the warm-coloured wood on the ceiling. Heated, cantilevered benches made of black slate offer visitors a warm place to pause in between a hot and cold bathing cycle.

Vieux-Montréal斯堪的纳维亚水疗中心旨在提供温泉热疗服务，让人们的身心都得到治疗。项目的设计核心在于冷与热的联系。具体来说，就是在冷热环境下产生的自然现象。因此，设计师采用了冰冷的冰川地形和炙热的火山岩作为设计元素。

更衣室是一个奇妙的地方，墙壁、地板和天花板都沿着室内的地形微微倾斜着，人们可以在里面漫步。尽管这些角度很微小，但还是能给人带来一种与日常生活不同的全新体验。在这里，与周围环境的有形联系感得到了提升。就像在自然中一样，地面的起伏形成了缓坡；地面的凹陷则形成了浴池。在一些特定的地点，拔地而起的隔断划分出桑拿浴和蒸气浴区域。与地板的起伏遥相对应的波浪形天花板将空间组合在一起；当白色的大理石马赛克墙壁遇到了天花板上暖色的木头，好像融化了一样。在冷热浴池交界处，黑色木板制成的悬臂式加热长椅为人们提供了一个温暖的休息地。

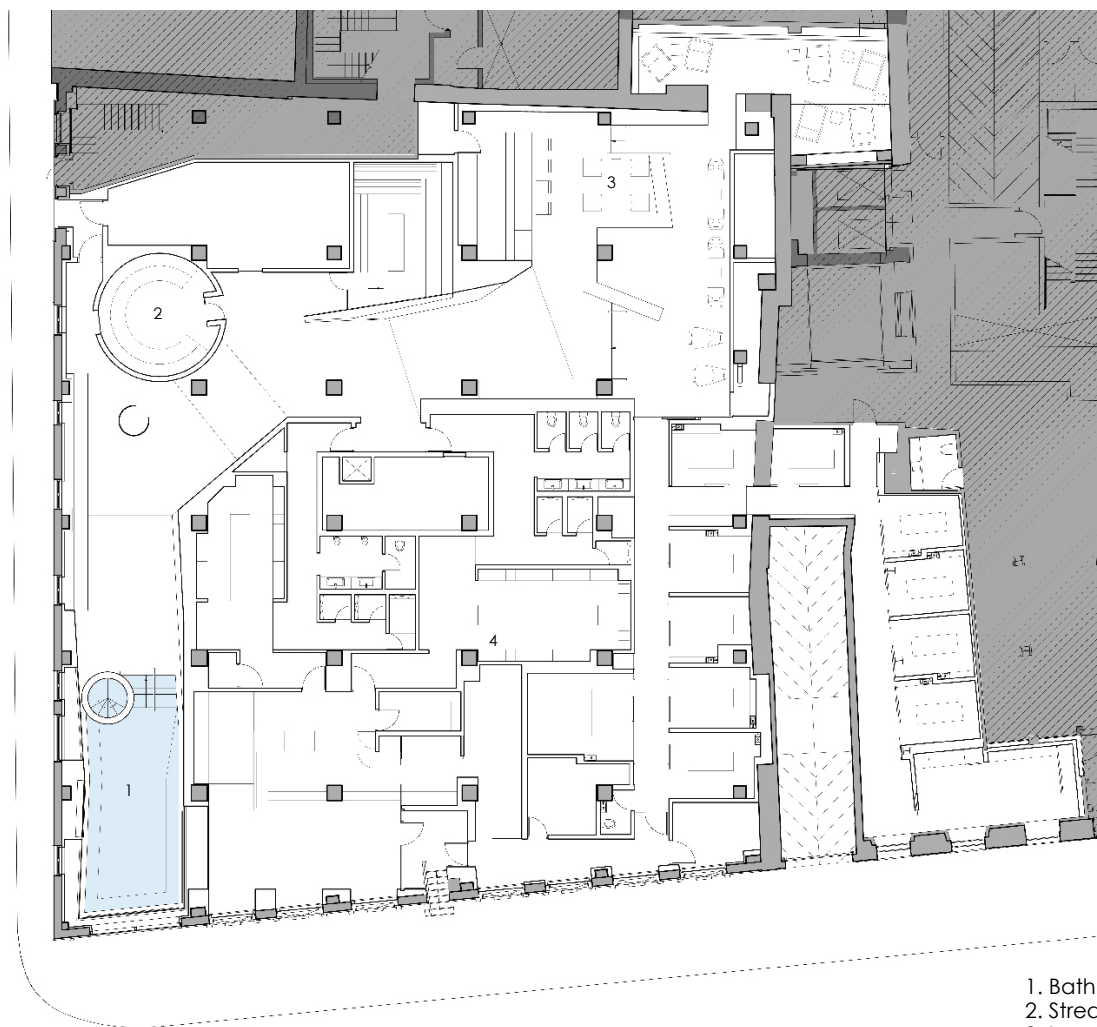
水疗中心采用了乳白色玻璃窗，既有利于采光，又能有效地保护隐私。弥漫在浴池区域的光线为空间增加了纯净感，让洗浴者与城市生活紧密联系的同时，也能感受到一种宁静和平和。临街的玻璃窗上，水帘沿着玻璃缓缓流下。因此，外面路过的人只能看到浴池的剪影。休息室围绕着洗浴区而建，人们可以在石椅和装着豆子的休息椅上休息。



- 1.The simple and clean interior space with generous bath pool
- 2.The design of water screen is unique
- 3.The steam room
- 4.The lounge
- 5.Walking to the bath pool
- 6.The design style is simple but spacious
- 7.The dark grey mosaics shows nobility in coldness

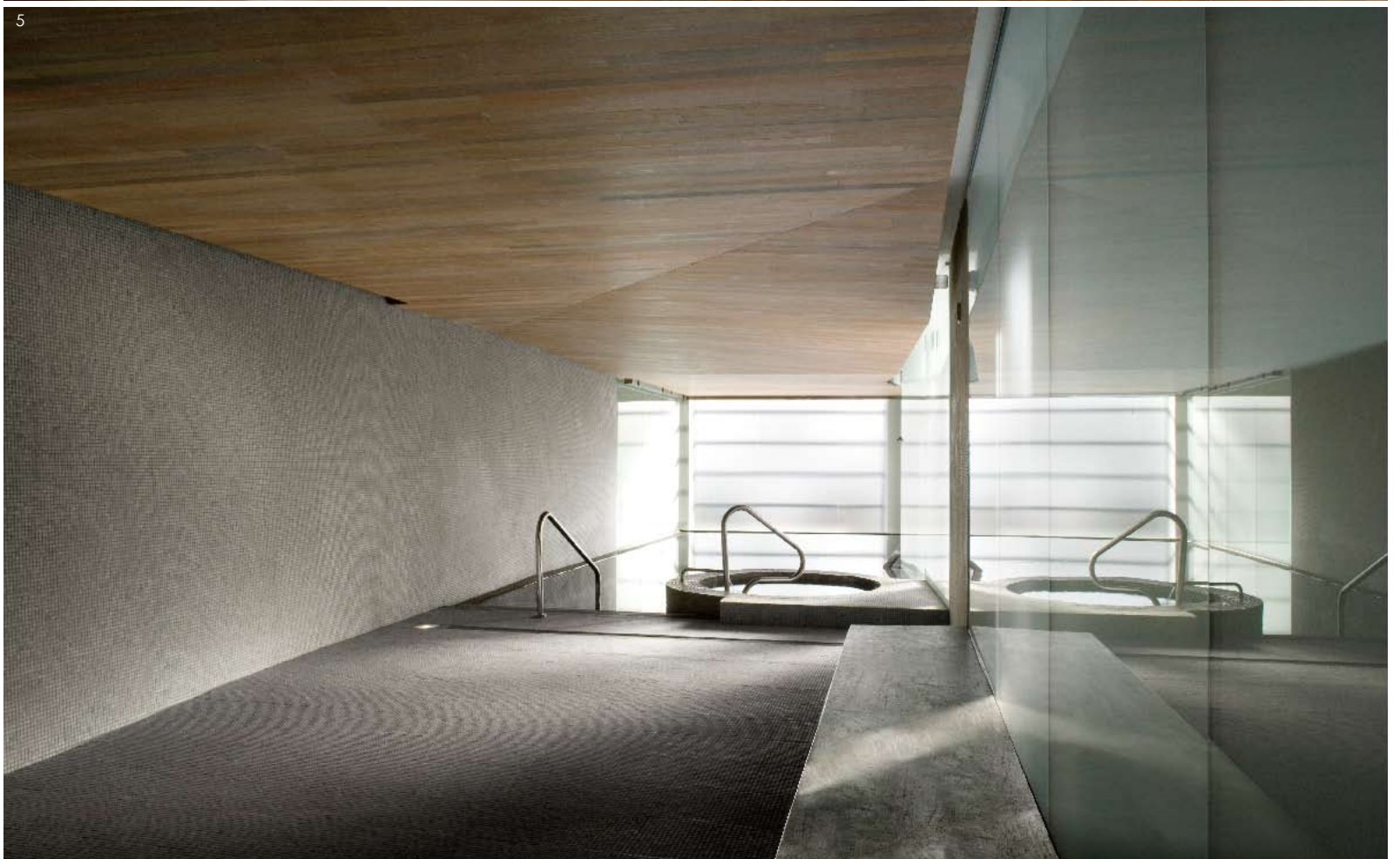
1. 简约的室内环境，足够宽的浴池
2. 水幕设计别出心裁
3. 蒸汽房
4. 大厅休息区
5. 走向浴池
6. 简约宽敞是其设计风格
7. 深灰色马赛克装饰，冷酷中又见高贵

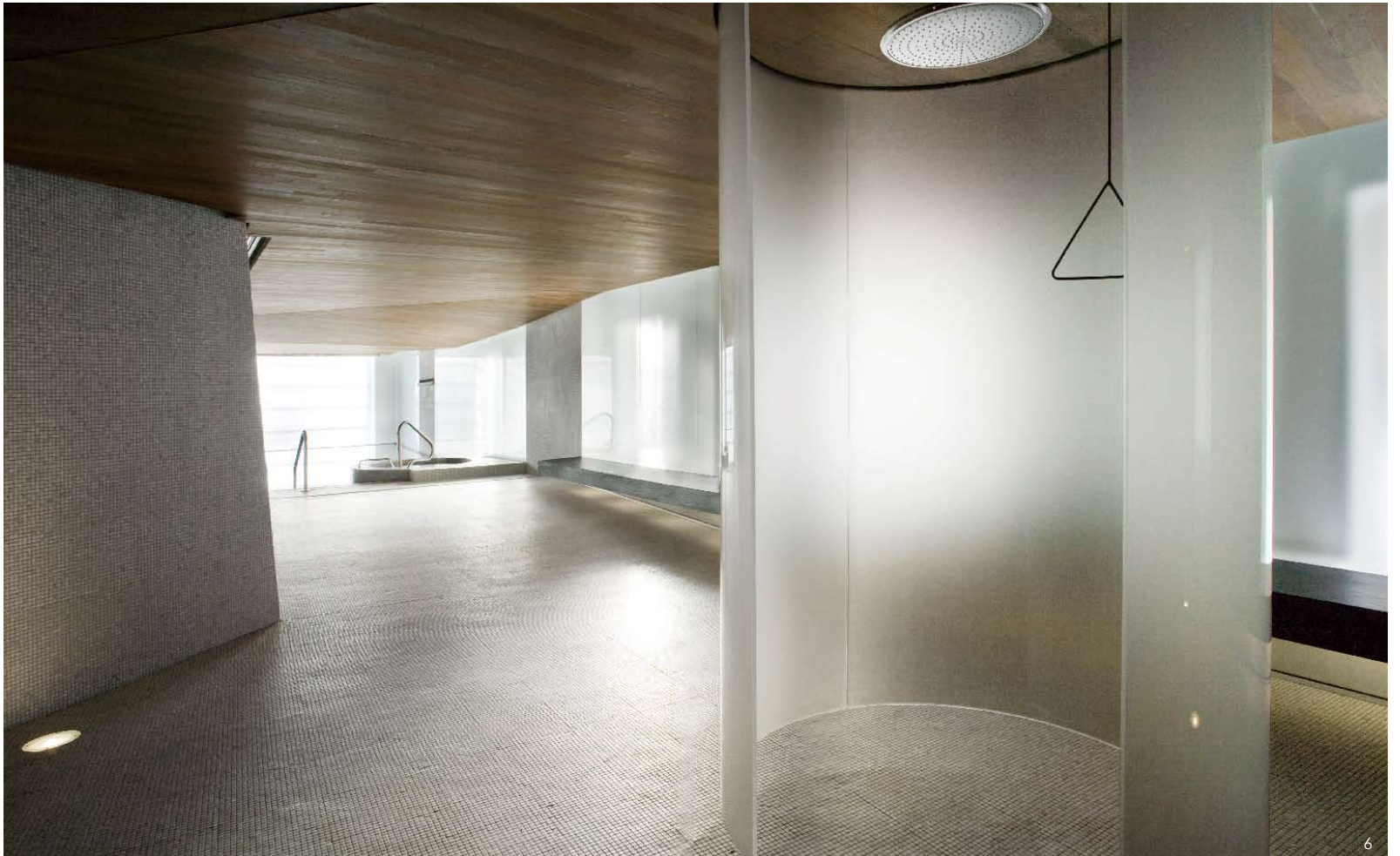
Opalescent glass has been added to admit natural light through the building's existing openings while providing a sense of privacy for the visitors. The light that permeates the bath area glows, adding to the purity of the space and the feeling of tranquility for the bathers while keeping contact with city life. Along the street, a thin cascading layer of water flows on glass surfaces, filtering views so that from the exterior, passersby can see only shadowed silhouettes of the figures within the hot bath. Rounding out the holistic journey is a relaxation room where bathers can relax in rocking chairs or bean-bag lounge chairs.



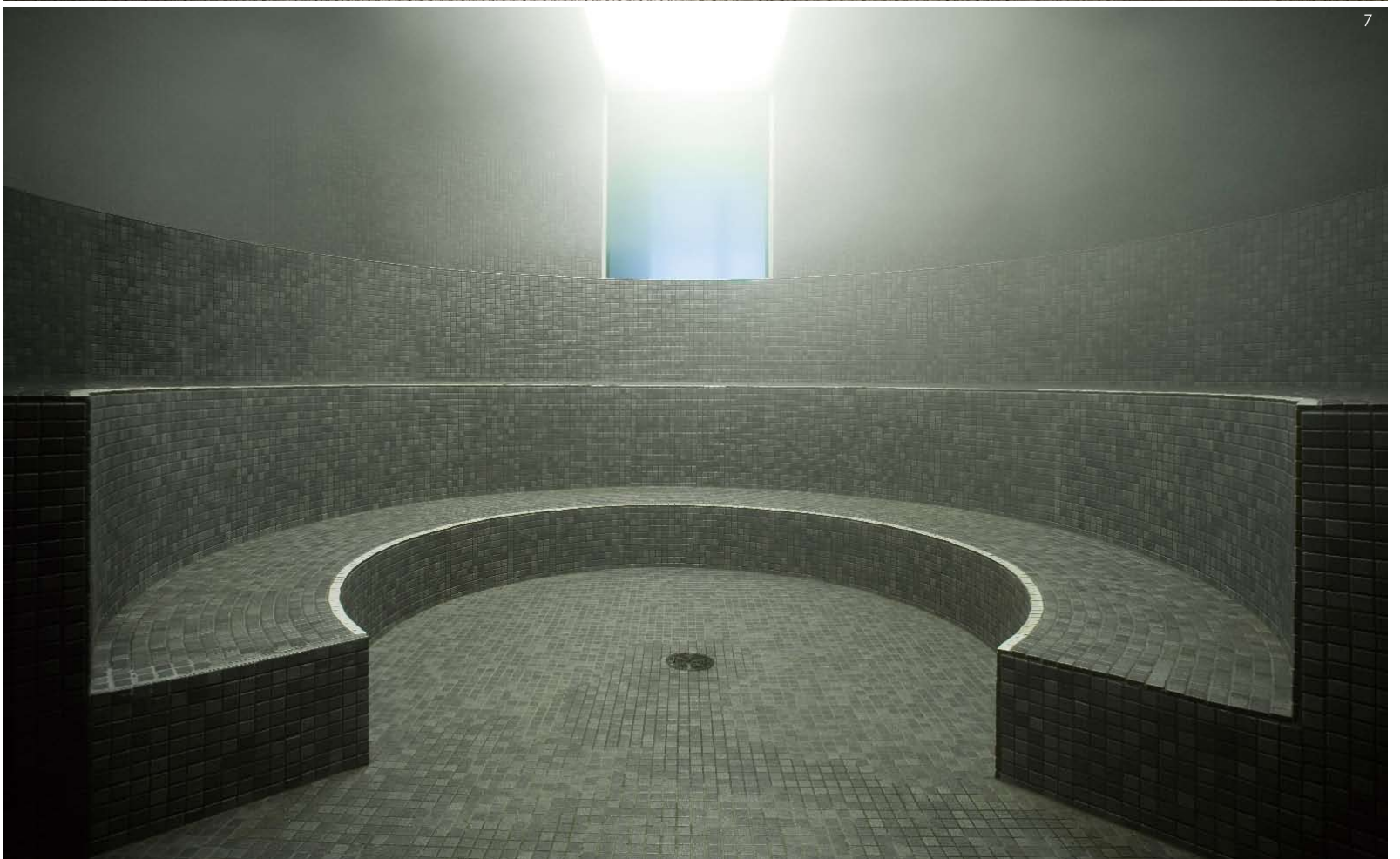
1. Bath pool
 2. Steam room
 3. Lounge
 4. Treatment room
-
1. 浴池
 2. 蒸汽室
 3. 休息大厅
 4. 理疗室







6



7



Cornelia Day Resort

科妮莉亚理疗馆

Location:
New York, USA

Designer:
MARKZEFF

Photographer:
Zeff Design

Completion date:
2005

项目地点:
美国, 纽约

设计师:
MARKZEFF设计公司

摄影师:
Zeff设计公司

完成时间:
2005

Cornelia Day Resort is located on New York City's famed Fifth Avenue, although it seems worlds away from the hustle and bustle of the busy streets below. Customised care is the core of Cornelia, and the design plan was no different. The designer sets out to create a hideaway, an indulgent day resort where the customer could tailor his own experience, be it holistic or hedonistic, invigorating or relaxing. The space is divided between the 8th and 9th floors of the penthouse in the newly redesigned Ferragamo flagship building. The spa includes both high and low-tech offerings; from endermologie, massage and Romanian-style body treatments to one of New York City's only Watsu pools.

Upon entering the space, guests are greeted in the reception area where cool shimmering celadon tiles and the sound of running water set the tone. The relaxation library, with its plushy carpet, is dimly lit; velvety loungers and comfortable yet structured furniture line the walls, perfect for unwinding before treatments. Guests are encouraged to take a day-long mini vacation. Treatment rooms are tranquil, lined in Venetian plaster and Moroccan tiles. The colour palette is soothing and warm. Following treatments, guests can nosh at the 35-seat café on the roof deck's beautifully landscaped terrace, which is gently shaded by cream canvas umbrellas. The rooftop lounge also boasts private sunbathing areas and shrubbery-

在纽约著名的第五大道，科妮莉亚理疗馆就像是一个远离喧嚣闹市的世外桃源。个性化服务是科妮莉亚的主要特色，因此设计方案也是为它量身打造的。设计师把这里变成了人间天堂，客户自由定制自己的理疗计划，是做全套护理还是只做娱乐的部分，是要提神醒脑还是放松身心，全凭自己做主。理疗馆与新装修的菲拉格慕旗舰店分踞大厦的八楼和九楼。理疗馆有高中低档各式服务，包括塑脂、按摩和罗马尼亚式的身体护理，还有纽约唯一的水下指压按摩池。

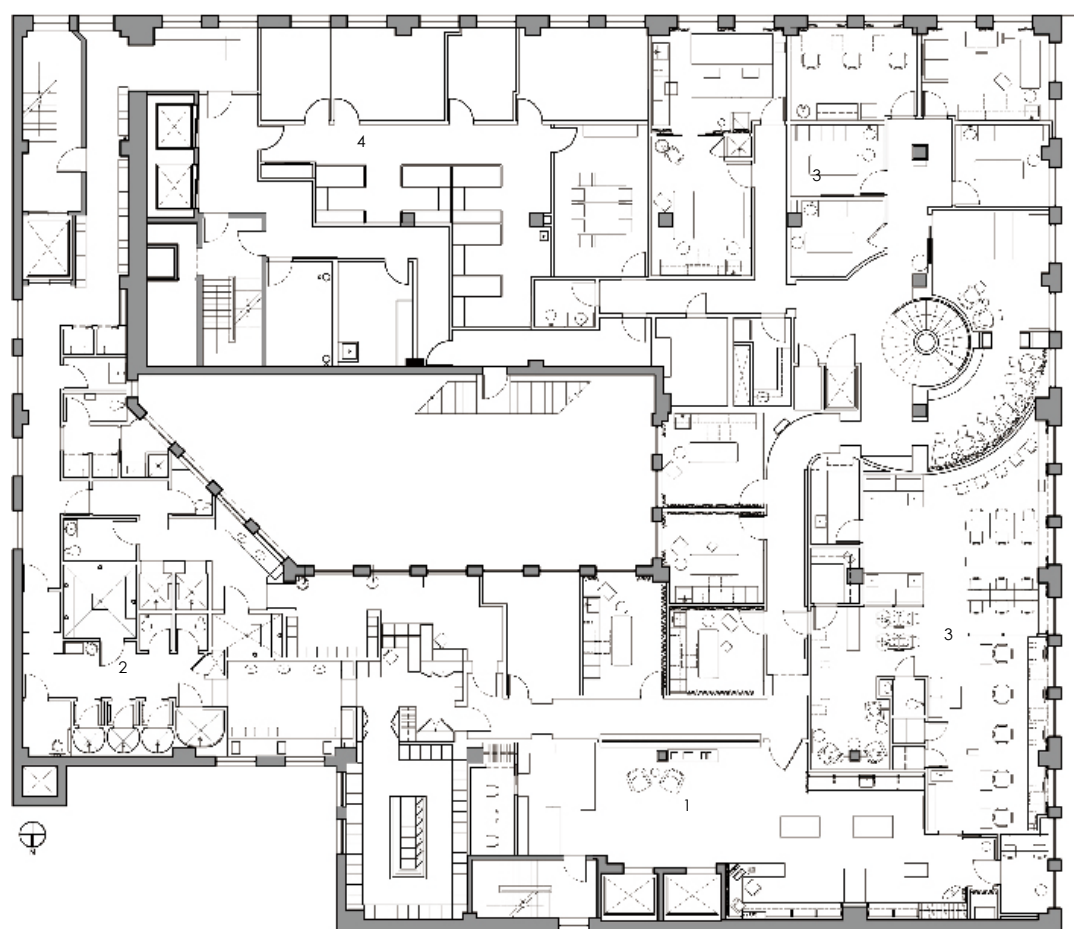
理疗馆入口处是接待区，贴着淡绿色的透光瓷砖，有潺潺的流水声。休息室里铺着长毛地毯，灯光昏暗，墙边摆着天鹅绒座椅和舒适的家具，理疗前在这里放松紧绷的神经再适合不过了。客人将在这里渡过一天的小假期。理疗室里平和安宁，两侧的墙面上刷有威尼斯灰泥，贴着摩洛哥的瓷砖。暖色系的颜色搭配有助于舒缓心情。屋顶的景观天台有一个35个座位的咖啡馆，每张桌子上都有一把米色的遮阳伞，理疗结束后，客人可以到这里吃些点心。天台上还有私人日光浴场和灌木环绕的欧式浴池。客人也可以到精品店逛逛，这里出售科妮莉亚的产品。理疗馆将古典的优雅高贵与现代的便利设施结合起来，是新与旧的融合。



- 1.The comfortable furniture
- 2.The detail design is delicate
- 3.The beauty salon
- 4.The hairdressing facilities
- 5.The hairdressing tools
- 6.Professional treatment facilities

1. 舒适的家具
2. 精致的细节设计
3. 美容美发区
4. 配套美发设施
5. 美发用具
6. 专业的美容理疗设施

shrouded European soaking baths. Guests can also visit the resort-style boutique, which carries Cornelia products. The spa combines classic elegance with modern amenities, melding the old world with the new.



1. Lounge
2. Bathing area
3. Treatment area
4. Office area

1. 休息大厅
2. 洗浴区
3. 理疗区
4. 办公区









Oriental Spa Du Parc

公园东方水疗馆

Location:
Torino, Italy

Designer:
Stefano Testa, Alessandra Raso / Cliostraat

Photographer:
Franco Lima

Completion date:
2007

项目地点：
意大利，托里诺

设计师：
斯特凡诺·特斯塔、阿莱桑德拉·拉索
(Cliostraat设计公司)

摄影师：
法兰克·利马

完成时间：
2007

The design programme for the Oriental Spa Du Parc seeks within ancient traditions for the ingredients of well-being and personal care which are so precious for today's lifestyle. Since the beginning, the core-issue of this interior design was to reminisce the captivating oriental atmosphere while proposing a modern-view interpretation.

The choice of materials was fundamental: the designers wished to find a balance between the traditional references and the contemporary building techniques in order to guarantee a high efficiency both in terms of hygiene and functionality. They wished to define an intriguing set-up on a sensory level in an atmosphere of general cleanliness. The pattern of the petrified fir boards and the cold subsoil light are of key importance for the choice of the colour and texture palette.

The designers organise the correct air-volume for every room, with a careful jigsaw arrangement of the available space. Fluid connections between each space are nevertheless marked thresholds between one activity and the other. The dominating elegant and smooth rosewood, the hard stainless steel, the simply evoked chatoyant bamboo, the opalescent glass and the pitch black of the flooring create a charming and comfortable environment.

公园东方水疗馆的设计试图应用传统的健康和个人护理方法，这在当今的生活方式中十分宝贵。从一开始，设计的核心就是既要体现迷人的传统东方气息，又要采用一种现代的诠释。

材料的选择十分重要。设计师想在传统疗法和现代建筑技术之间寻求一种平衡，让设计在卫生和功能上都能保证高效率。他们想在洁净的环境中营造一个迷人的感官空间。冷杉木板上奇特的图案和冷色调灯光是材质和色彩选择的关键。

设计师精心设置每个房间的空间，像是在拼一个空间拼图一样。各个空间被流畅地连接起来，而门槛则将不同活动的空间分隔开来。优雅光滑的玫瑰木、坚硬的不锈钢、简洁透光竹子图案、乳白色的玻璃和深黑色的地板共同营造了一个迷人而舒适的环境。



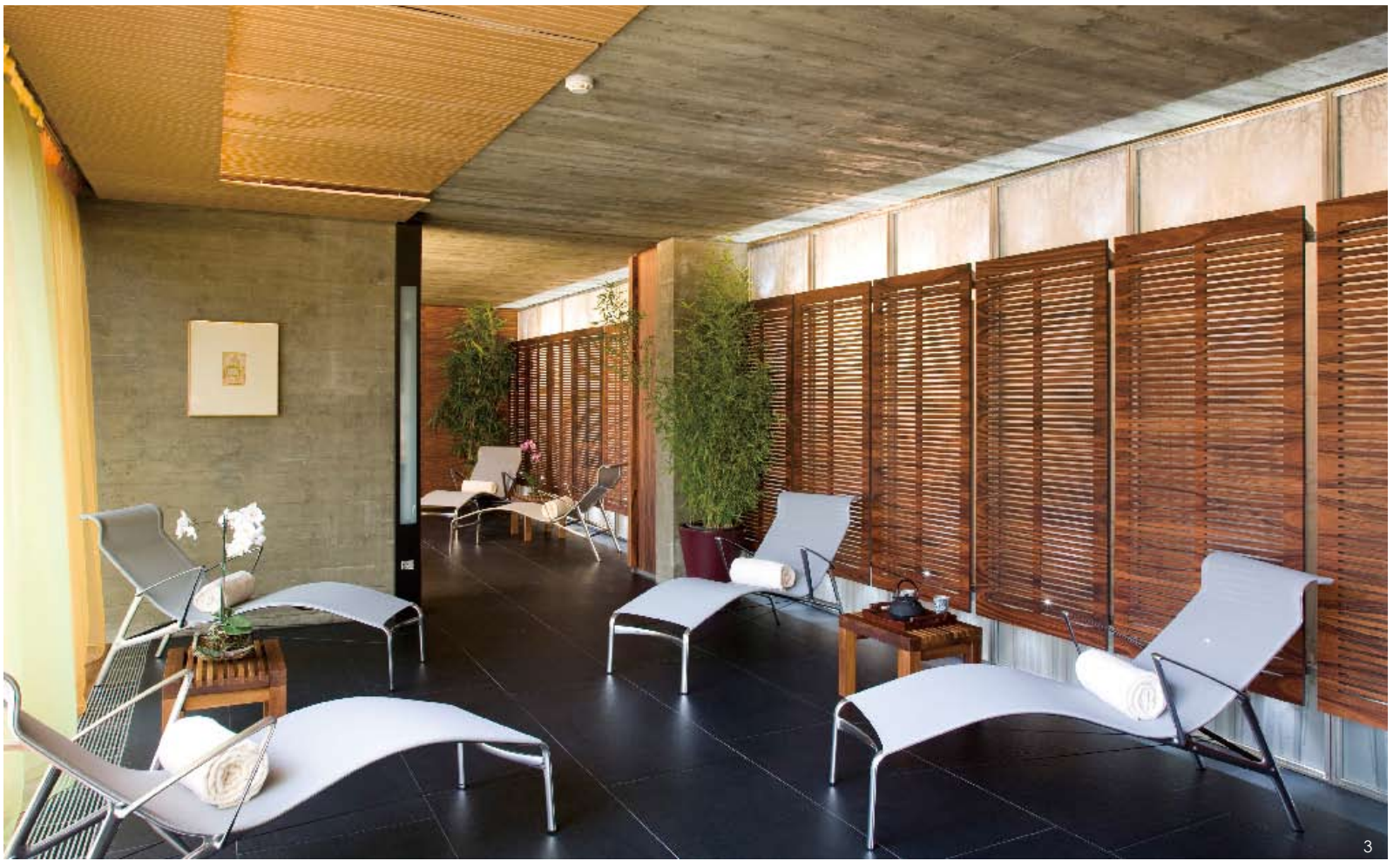
- 1.The light-coloured curtain creates a fantasy effect
- 2.The stream and lighting are flowing down
- 3.The comfortable couches
- 4.The fir texture is a natural decoration
- 5.The space is made up of black mosaics and solid wood
- 6.The simple space in black and white
- 7.The comfortable treatment room
- 8.The graceful interior environment

1. 浅色的纱帘营造梦幻效果
2. 倾斜而下的水流和光线
3. 舒适的座椅
4. 冷杉木的纹理成为最天然的装饰
5. 黑色马赛克与实木搭配的空间
6. 黑白色调的简约空间
7. 舒适的理疗室
8. 优雅的室内环境

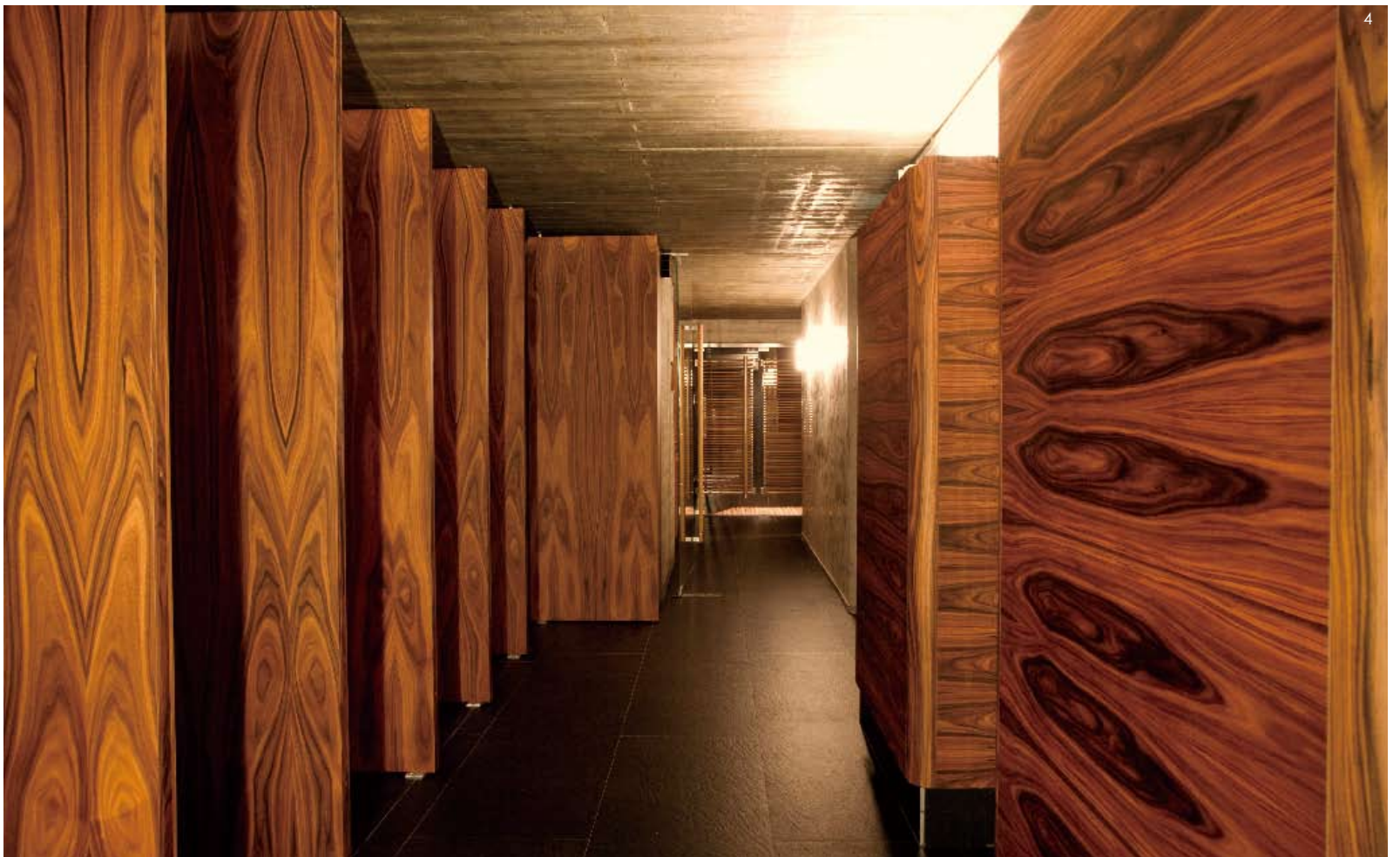


1. Private bathroom
2. Relaxation room
3. Treatment room

1. 独立浴室
2. 休息室
3. 理疗室

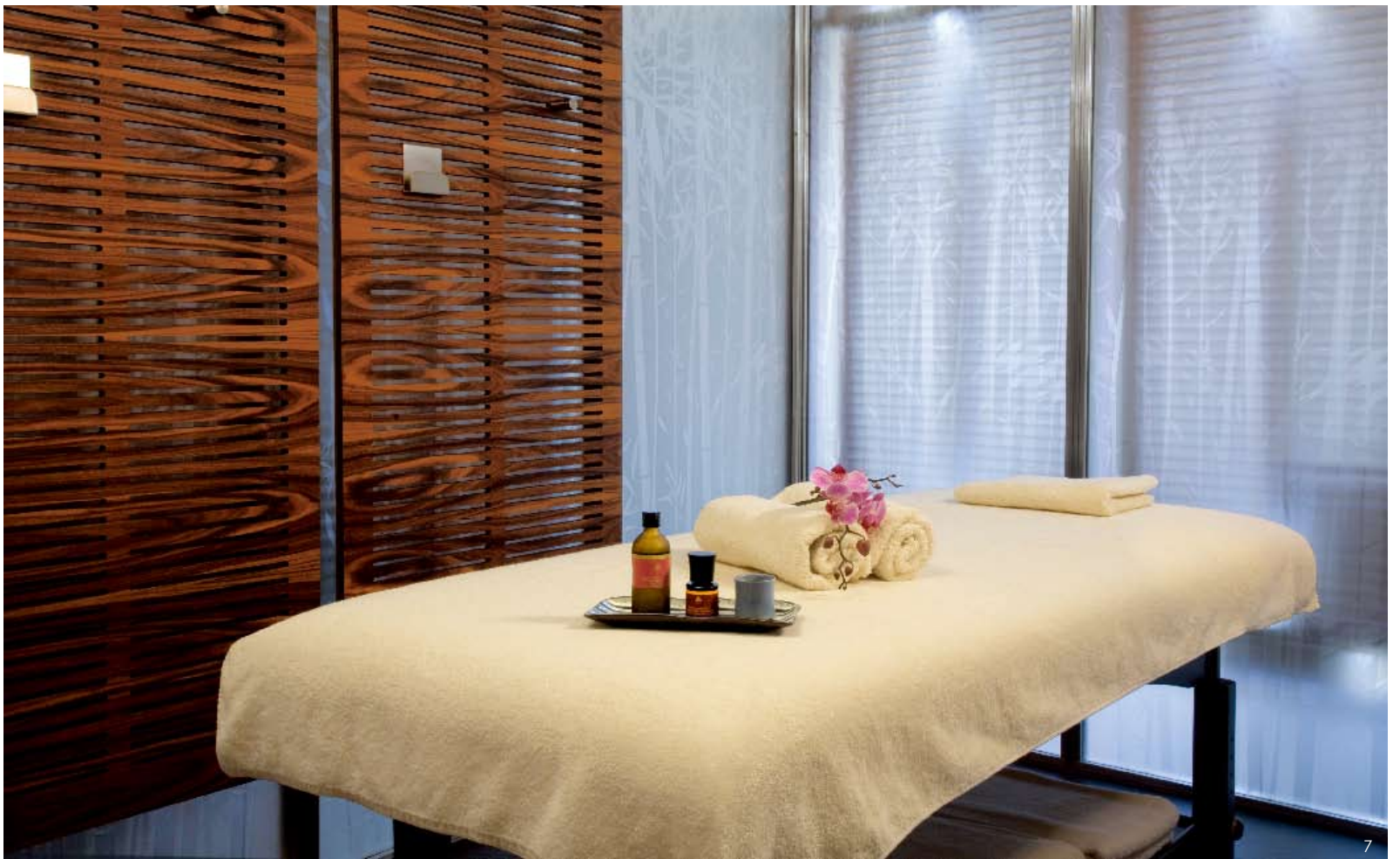


3



4







Caudalie Vinotherapie® Spa

Caudalie Vinotherapie 水疗馆

Location:
Elciego, Spain

Designer:
Frank O. Gehry

Photographer:
The Luxury Collection

Completion date:
2007

项目地点：
西班牙，艾尔西艾格

设计师：
弗兰克·盖里

摄影师：
The Luxury Collection

完成时间：
2007

Caudalie, the French cosmetic niche brand was created in 1995. The owners and founders of Caudalie were fascinated by Elciego and the Rioja wine region of Alava. It was just love at first sight which led them to develop Caudalie Vinotherapie® Spa, in favour of the new version inspired by the original in Bordeaux. This new version is inspired by the lush colours of the landscape, in the traditions of the area, the identity of Marques de Riscal and the personal signature of the famous architect Frank O. Gehry.

For this wonderful project the designers subtly retained items that are created by the company while integrating Caudalie draft and landscape of the area. Caudalie Vinotherapie® Spa have specifics and uniques treatments in the world, such as honey and wine wrap, exhilarating massage or the Crushed Cabernet Scrub. All them characterised by the indulgence the senses, the soothing of the bodies and the regeneration of the soul.

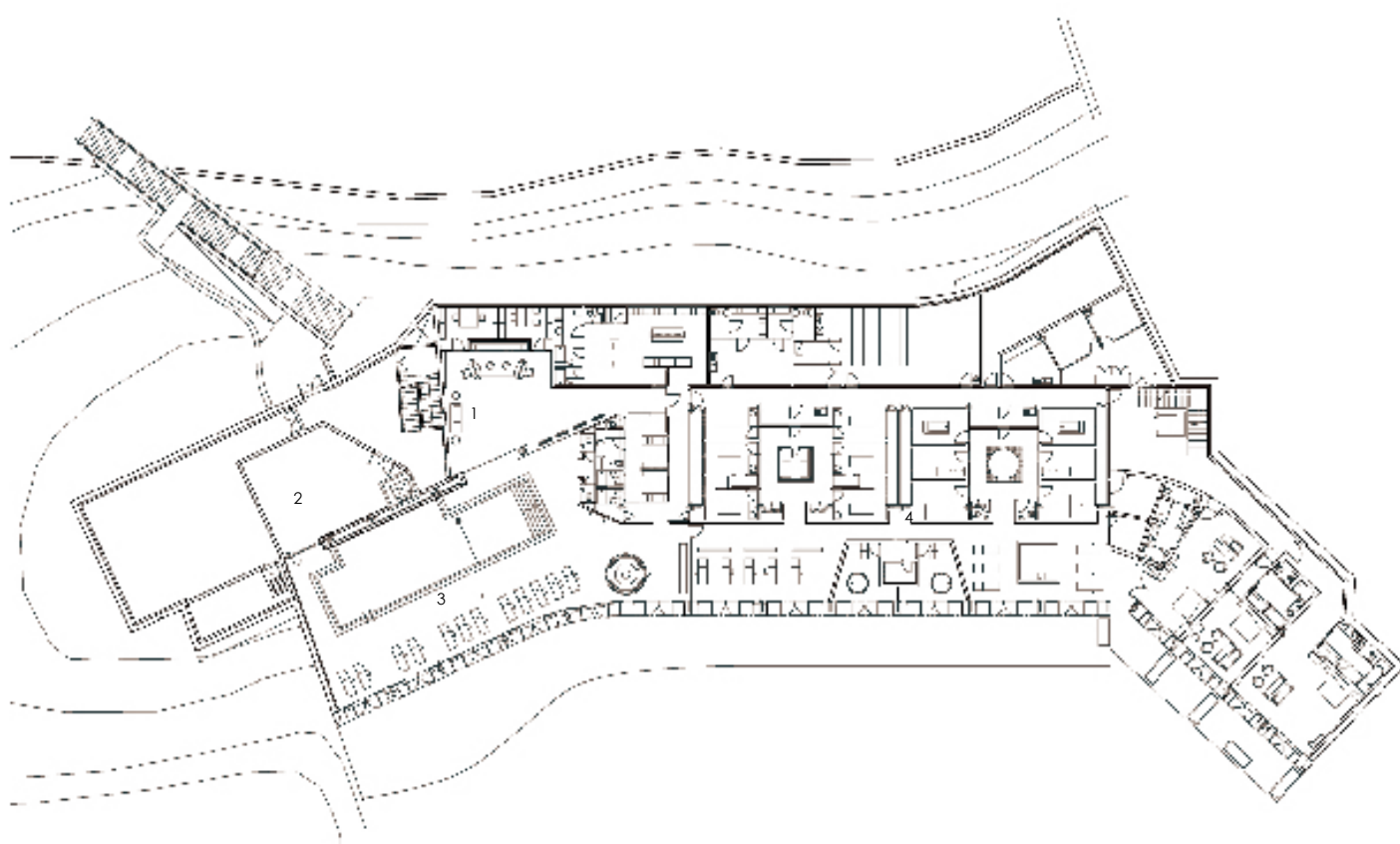
Caudalie是一个法国化妆品品牌，始创于1995年。Caudalie品牌拥有者对西班牙艾尔西艾格和里奥哈葡萄酒产区十分着迷。他们在这里一见钟情，并决定在此建造一个Caudalie Vinotherapie 水疗馆，期望这个波尔多葡萄酒产地能够提供一些灵感。水疗馆的设计特色及灵感来自多姿多彩的风景、地区的传统文化、里斯卡尔侯爵酒的品牌知名度以及著名建筑师弗兰克·盖里的个人特色。

设计师巧妙地保留了Caudalie公司的基本特征，同时也和当地的景观完美地结合了起来。Caudalie Vinotherapie 水疗馆提供世界上最特别的理疗服务，比如蜂蜜红酒敷面、令人愉悦的按摩和葡萄酒浴。所有的服务都让人沉浸在感官之中，让人的身心都得到放松。



- 1.The unique exterior form
- 2.The massage beds are placed in a line
- 3.There is a relaxation area in the massage room
- 4.The red colour reminds people of wine

1. 别致的外形
2. 整齐排列的按摩床
3. 按摩室中布置休息区
4. 红色调让人联想到红酒



1. Reception
2. Gym
3. Bath pool
4. Spa

1. 接待处
2. 健身房
3. 浴池
4. 水疗区





Conti Day Spa

康缇日间水疗馆

Location:
Terni, Italy

Designer:
Alessio Patalocco

Photographer:
Maurizio Accorroni

Completion date:
2007

项目地点：
意大利，特尔尼

设计师：
阿莱西欧·帕塔罗可

摄影师：
毛利兹欧·阿克罗尼

完成时间：
2007

The designer cuts a sharp area to have functions with water treatment. In this way, it produces two different ambiances: a wet area and a dry ground. The dry ground is more "public" than the wet one. Seeming kitsch is always a trap for a spa: in a corner where designers search for relaxation away from the day-to-day routine.

The themes of thermal, Turkish baths and saunas are rooted in the past. But today they are decidedly trendy and enjoying an exceptional boom. The designers then renounce the opportunity to create a contemporary architecture for a spa. The whole design done with elegance and delicateness, leaving people the liberty to imagine their diverse situations in this minute magic world.

It's a work of the designer's imagination, that follow them in these different little places. It is a world balanced between a starry night and the perfumes of an unknown and solitary world where guests can sink into the magic of their whirlpool under a beautiful sky with diamonds.

设计师首先划分出水疗区。这样就产生了两个不同的区域：湿润区和干燥区。干燥区比湿润区更开放一些。水疗馆的设计总是不免落入俗套。于是设计师在角落里设计了一个与众不同的休息区。

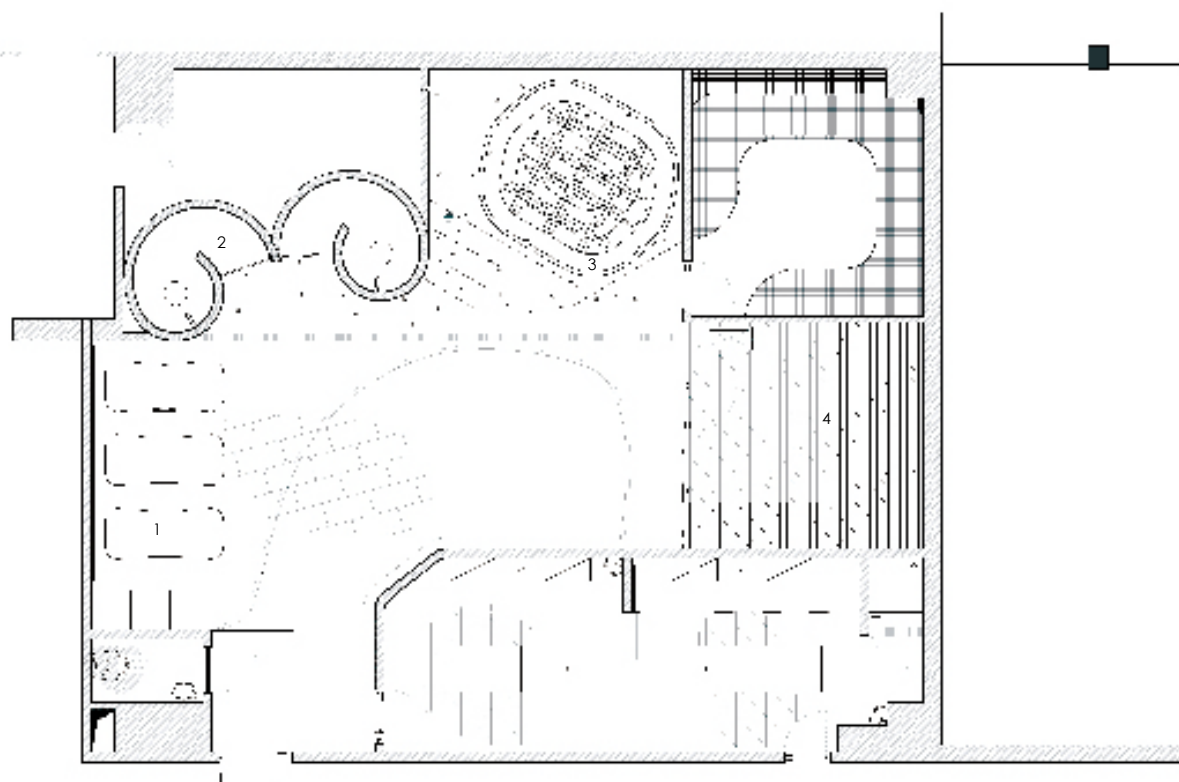
土耳其浴和桑拿浴虽然已经拥有很长的历史了，但是如今它们依然十分流行，大受追捧。因此，设计师并没有为水疗馆建造一座现代化建筑。这个设计优雅而精致，让人们在这个小小的神奇世界里，有无限的想象空间。

整个项目是设计师想象的产物，每一个狭小的空间都充满了设计师们的想象力。在这里，满天星斗的夜晚和来自未知而孤独的世界的香气达成了一种平衡。客人可以沉浸在自己的漩涡之中，观赏像镶满钻石一样的“星空”。



- 1.The comfortable massage bed
- 2.The bathroom with mosaic decoration
- 3.The unique design creates a unique interior lighting environment
- 4.The interior space is mysterious and peaceful
- 5.The ripples flow with the lighting
- 6.A sense of elegance is created by the combination of red and black
- 7.The steam room
- 8.The guests feel as if they were under the starry sky

1. 舒适的美容床
2. 马赛克装饰的浴室
3. 灯具的特殊设计营造独特的室内光环境
4. 神秘而宁静的室内环境
5. 水波和灯光一同流转
6. 红色和黑色的搭配营造高贵气质
7. 蒸汽房
8. 客人如同在星空下



1. Massage bed
2. Shower
3. Bathtub
4. Steam room

1. 美容床
2. 淋浴
3. 浴缸
4. 蒸汽室



3



4





7



8



Lanserhof Health Centre

霍夫健康中心

Location:
Innsbruck, Austria

Designer:
designstudio regina dahmen-ingenhoven

Photographer:
holger knauf

Completion date:
2006

项目地点：
奥地利，因斯布鲁克

设计师：
dahmen-ingenhoven设计工作室

摄影师：
霍尔德尔·可耐夫

完成时间：
2006

Daylight floods the funnel-shaped health centre through a vast window at the front of the building. Light penetrates the cell-like rooms, which are laid out according to their need for natural light. Doctors' consultation rooms, massage rooms and the lounge are adjacent to the window. Requiring less daylight and situated farther away from the window are reception, pools and treatment rooms. Offices and storerooms are at the rear. The reception area, at the heart of the facility, leads directly to the main lounge. A large, round, bright-blue sofa fosters communication among the guests, whose gaze is drawn to the view of the mountains through the glass frontage. A photo of the same panoramic view covers a 50-metre-long translucent wall that runs parallel to the glazed façade, separating massage and consultation rooms from circulation areas. Entering one of the doors in the wall with the photo, the visitor sees an identical mountain vista, but now through the window. The designers brought nature into the space to establish harmony between outdoors and indoors.

Wet areas behind the reception zone include pools, showers and spas. Reflecting the theme of water, they are clad in bisazza mosaic tiles in various shades of blue. The tiled surfaces mirror the motif of circular holes – seen in the acoustic ceilings, for example – that is repeated in every room, making a purely functional necessity into

日光透过建筑正面宽大的窗子照进漏斗状的健康中心，光线渗透进细胞形的小房间里。房间依照它们对自然光的需求而建。医生诊疗室、按摩室和休息大厅紧挨着窗户。接待处、浴池和理疗室并不需要那么多自然光，所以安排在离窗户略远的地方。办公室和储藏室则在中心的最后部。位于设计中心的接待处直接通往主休息厅。巨大的深蓝色圆形沙发促进了人们的交流，在沙发上会轻易地被玻璃窗外山脉的景色所吸引。同样的山脉的照片覆盖了50米长的半透明幕墙，墙壁将按摩室和诊疗室分隔开来。走进外表绘有山脉的房间，人们可以从窗户看到一模一样的景色。设计师将自然元素带到了室内空间，在室内和室外建立了和谐的关系。

接待处后面的洗浴区包括浴池、淋浴和水疗区。洗浴区以水为主题，墙面上镶满了深浅不一的蓝色马赛克瓷砖。这些瓷砖表面上映出了圆点图案，就像吸音吊顶上的一样。圆点图案被反复运用在各个房间，让纯功能需求变成了设计的一部分。这些小圆点让人想起了氧气泡。

圆形设计也出现在了一些理疗室里，不过作为墙上大小不一的窗户出现的。墙壁采用了嵌入照明，这是霍夫健康中心一个重要的设计元素，中心完全采用了间接照明。纯色或彩色的灯光从壁龛、狭缝、孔洞中流淌出来，营造出一种宁静的氛围。仅有的传统灯具镶嵌在吸顶吊顶上。健康中心的所有家具都是设计师精心定制的。

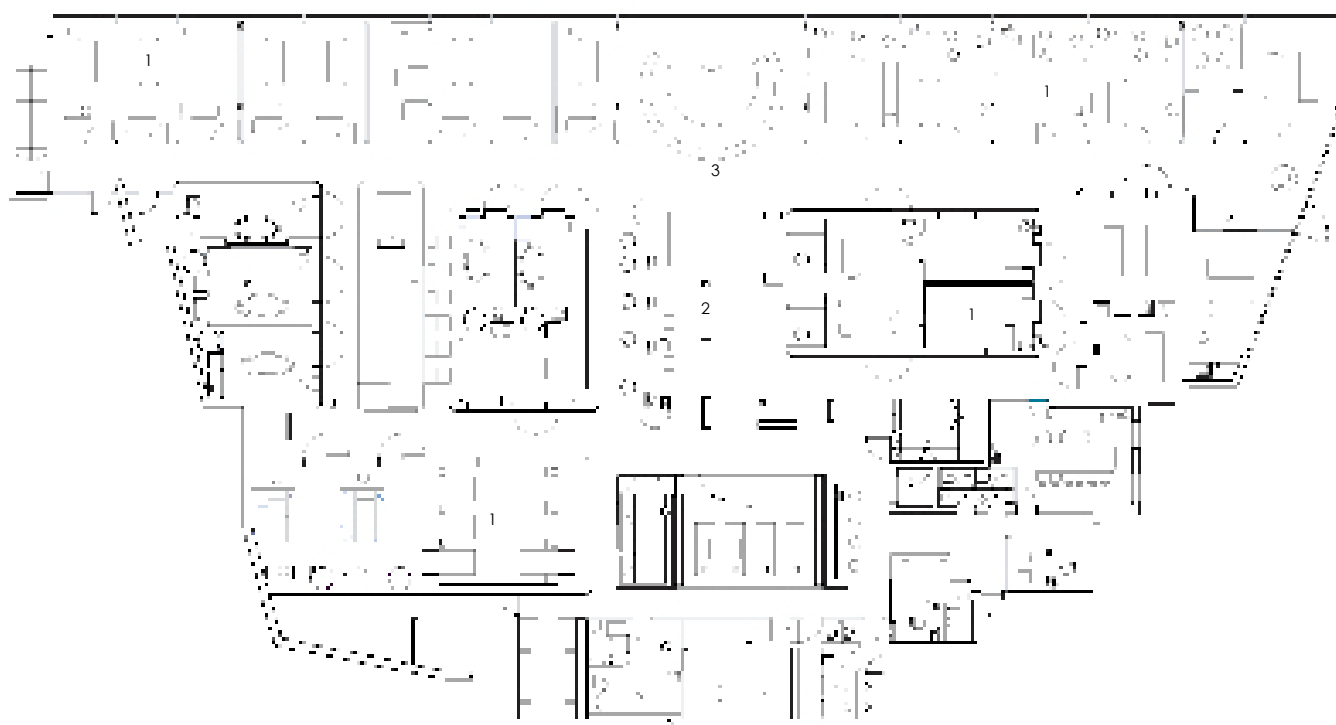


- 1.The interior space is clean and simple
- 2.Guests can enjoy the natural view through the windows
- 3.The blue mosaics bring a fresh sense of ocean
- 4.In the relaxation area, the French window connects the interior and exterior space
- 5.The comfortable wonderland feels like a home
- 6.The relatively independent reception
- 7.The private treatment room

1. 简约清爽的室内环境
2. 可以看得见窗外的自然风景
3. 蓝色马赛克带来大海般清爽的感觉
4. 休息处的落地窗将室内外连在一起
5. 家一般舒适的幻境
6. 相对独立的接待处
7. 独立理疗室

part of the design. These "polka dots" bring oxygen bubbles to mind.

Circles also appear in some of the treatment rooms, but as yellow openings of various sizes in the walls, which are lit from within. Built-in lighting is an important design device at Lanserhof, where all illumination is indirect. Pure white light or coloured light streams out of niches, slits and holes, creating a serene atmosphere. The only conventional lamps to be seen are flush-mounted spots in the acoustic ceilings. All furniture in the medical therapeutic centre was purpose-designed by the dahmen-ingenhoven team.

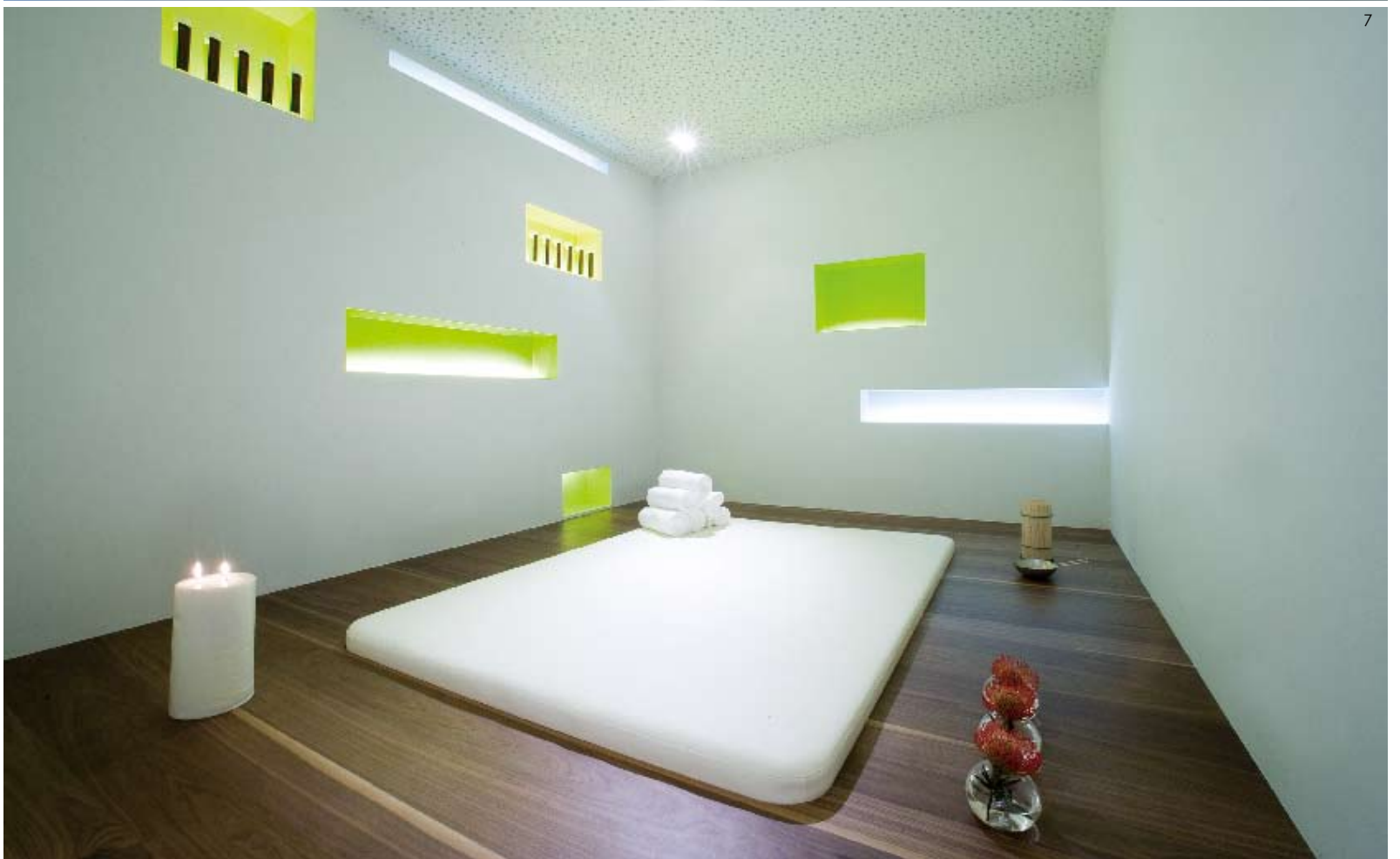


1. Treatment room
2. Reception
3. Lounge

1. 理疗室
2. 接待处
3. 休闲大厅









Bathhouse Spa

浴屋

Location:
Las Vegas, USA

Designer:
Guillermo Garita, Alex Grossmann

Photographer:
Andrew Bordwin Studio, Inc

Completion date:
2006

项目地点：
美国，拉斯维加斯

设计师：
吉勒莫·加里塔，亚历克斯·格鲁斯曼

摄影师：
安德鲁·博德温工作室

完成时间：
2006

The concept of Bathhouse draws from the traditional Roman spa experience – baths and communal services – in a very private manner. A meditative space anchored by very public experiences – plunge pools, soaking tubs, steam and sauna rooms, open rainfalls, Bathhouse reveals itself in small moments, creating the feeling of privacy in a very open environment. The energy of Vegas disappears and a contemplative space appears, quiet and tranquil, in which guests can find balance in the midst of this fabled desert.

The glass and stone hideaway houses several treatment rooms and lounges designed to offer guests a multitude of the latest in treatments and products. The house lines – Infuse, Immerse and Submerge – are designed to offer guests the opportunity to recreate their own experiences, whether they have 10 minutes (Infuse), one hour (Immerse) or three hours (Submerge).

浴屋水疗中心的设计理念源于罗马的传统水疗体验——将洗浴与公共服务融合到一个私密的空间内。这里是一个宁静平和的空间，内部融合了瀑布水潭、浴缸、桑拿蒸汽房、淋浴区，开放的空间环境中却不乏私密感。拉斯维加斯的喧嚣与活力在此消失殆尽，田园般的恬淡、宁和相继而出，让人倍感舒适。

由玻璃和石材打造的遮蔽空间内设置着治疗室以及休息室，供客人享用最新的水疗产品。此外，三间分别命名为“体验”（Infuse）、“享用”（Immerse）及“享受”（Sunmerge）的小屋依次排列。客人可以根据自己的时间安排，“体验”10分钟，“享用”1小时或是“享受”3小时，打造属于自己的完美经历。



- 1.Walking into the bath area
- 2.The pool is decorated with pebbles
- 3.The comfortable bath environment
- 4.The products area
- 5.The lighting design of the corridor
- 6.The detail design is humane
- 7.The lounge next to the corridor

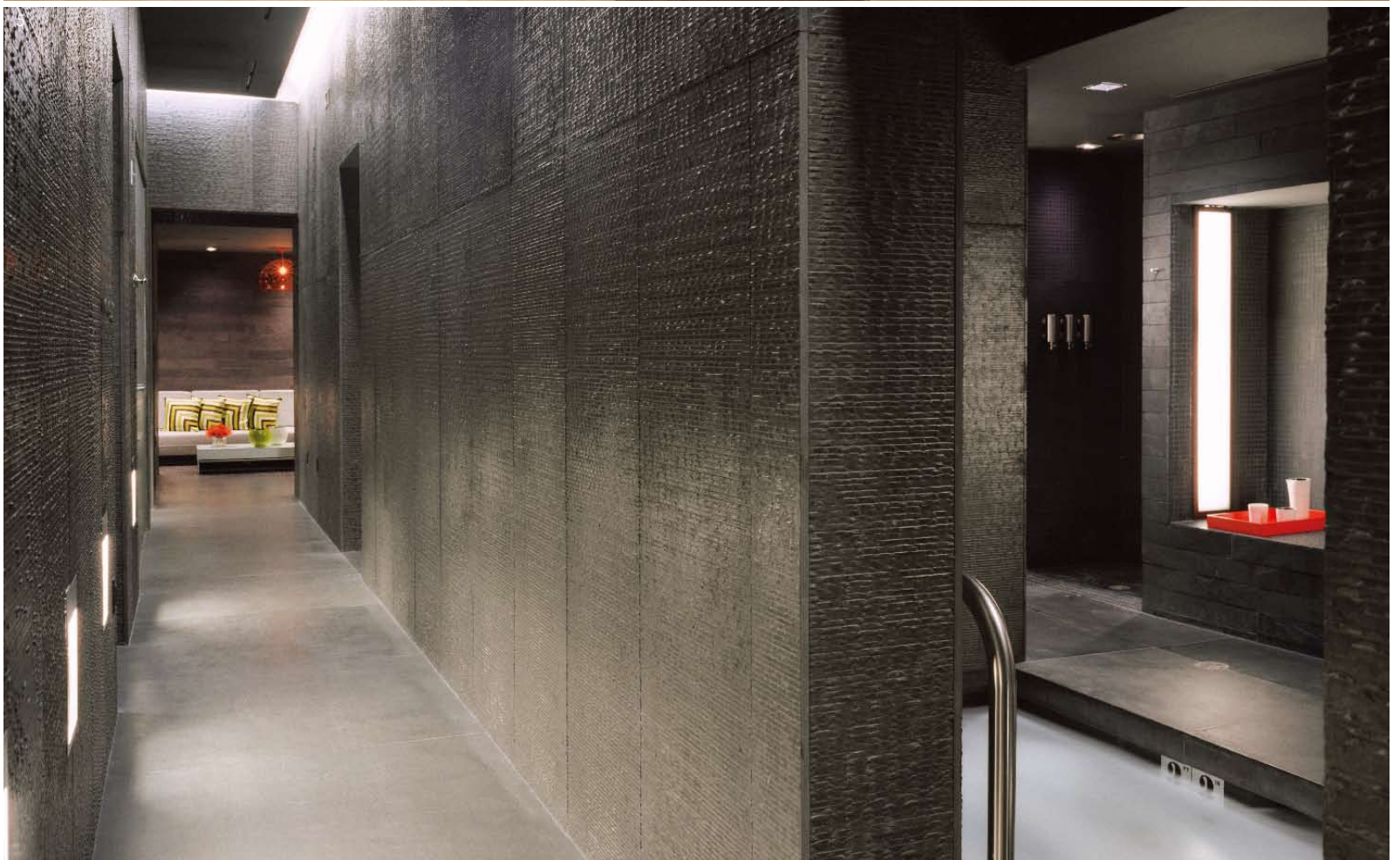
1. 进入浴区
2. 鹅卵石装饰的水池
3. 舒适的沐浴环境
4. 产品区
5. 走廊的灯光设计
6. 在细节体现人性化的设计
7. 走廊附近的休息处



1. Treatment room
2. Dressing room
3. Bath pool

1. 理疗室
2. 更衣室
3. 浴池









Mizu Spa

Mizu理疗馆

Location:

San Francisco, USA

Designer:

Stanley Saitowitz/Natoma Architects Inc.

Photographer:

Cesar Rubio

Completion date:

2007

项目地点：
美国，旧金山

设计师：
Stanley Saitowitz/Natoma建筑事务所

摄影师：
凯撒·卢比奥

完成时间：
2007

Mizu is water, which Mizu Spa embodies. The atmosphere is a tranquil stream. At the centre is a river of rock, around which the communal therapy barge floats in space. The walls are draped in shimmering mesh creating light and fluid edges. The horizontal surfaces of floor and ceiling are black. Everything else is pure and white. One will feel peaceful and quiet in this white and black space.

There are also some specially designed sittings in the space, such as the pure white comfortable sofas, where one can lie on the soft back cushion when having the foot spa, or reading newspapers, magazines. And also, there are some waiting chairs beside the spa area. There are many built-in wardrobes in the walls in order to store the Bath Linen.

Mizu Spa is a place for pampering, rejuvenating and transforming. Treatments include facials, massage and nails. The central object is a prosthetic throne to sit on. Soft pads pamper the body. Arms rest, hands support, feet soak, and the provider glides around on stools.

Behind the communal therapy area are private rooms for facials and massage. In this place, the white and black colour tone was continued by the designers, and besides, there is a line of cobblestone on each bed which was covered by some pure white towels. In the bathroom, below the sinks, rocks again appear as water.

Mizu即是水，是Mizu理疗馆的象征。理疗馆的整体氛围像一条宁静的小溪。正中央是鹅卵石铺成的“河流”，“河流”两侧是悬空的公共理疗区。墙壁上覆盖着微微发光的纱帘，营造出流动的光线效果。地板和天花板都是黑色的，其他区域都是纯白色的。在这个黑白的空间里，人们可以感受到宁静和安详。

理疗馆里还有一些特殊的设计，比如纯白色的沙发。顾客在享受足疗的时候可以躺在舒适的沙发上，也可以阅读报纸和杂志。理疗区域外也有一些休息座椅。嵌在墙上的衣橱里放着许多浴巾。

Mizu理疗馆让人享受到舒适、重生和变化。理疗服务包括面部美容、按摩、美甲。顾客坐在宝座一样的椅子上进行理疗，椅子上的坐垫十分柔软舒适。每个座椅周围都有放松手臂、支撑双手、浸泡双脚的设备。

公共理疗区域的后面是进行面部美容和按摩的包间。包间依旧沿用了黑白的色调，按摩床上铺着纯白的毛巾，每张床上也都有一排鹅卵石。洗手间的洗手池下方也同样摆放着石头，借此来象征水。



- 1.The pure white comfortable sofas for foot spa
- 2.The detail design of the massage bed
- 3.A river of black pebbles can be seen from the entrance
- 4.The interior design applies black and white palette

1. 足疗区舒适的白色沙发
2. 按摩床细节设计
3. 在入口处就可以看见黑色鹅卵石铺就的“小溪”
4. 黑白色调的室内设计风格

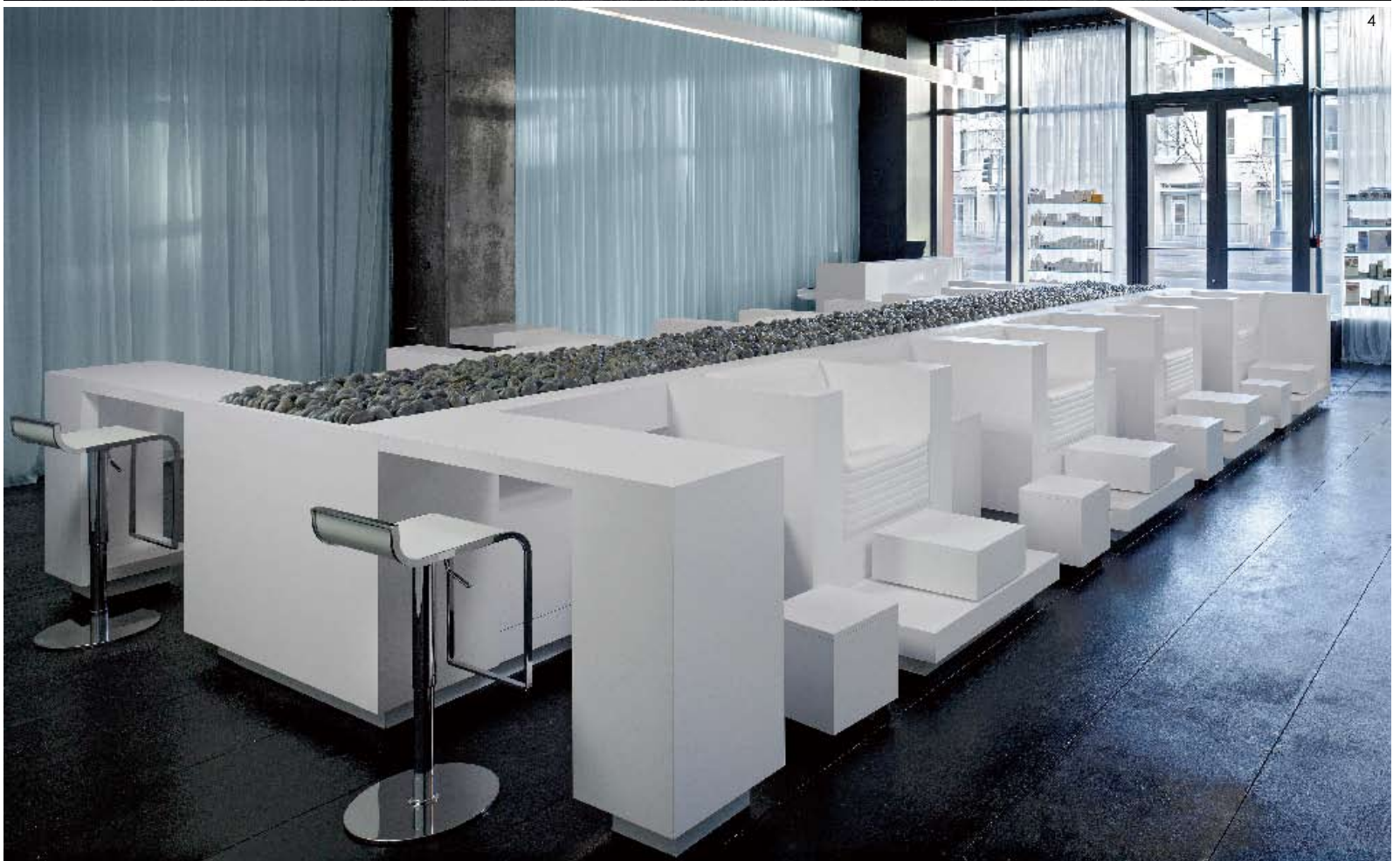


1. Entrance
2. Treatment area
3. Private treatment room

1. 入口
2. 公共理疗区
3. 独立理疗室



3



4



Kanebo Sensai Select Spa

嘉娜宝圣桑水疗馆

Location:
Interlaken, Switzerland

Designer:
CURIOSITY

Photographer:
NACASA & PARTNERS

Completion date:
2009

项目地点：
瑞士，因特拉肯

设计师：
CURIOSITY设计公司

摄影师：
NACASA公司

完成时间：
2009

Kanebo Sensai Select Spa is a haven of Japanese healing and beauty traditions offering the luxurious infusion of Koishimaru Silk, a precious variety from Japan known as the "silk of silks". Uniting the hidden power of Koishimaru Silk and the Japanese hot spring into spa treatments for the first time, the spa promises the ultimate beauty and reinvigorated spirit.

The sensai experience is a journey through sequences of sensorial encounters. The Japanese esthetic is a subtle balance of simplicity created from complexity. Sensai is a high prestige cosmetic brand of Kanebo which is mainly developed in Europe. The design of the space is based on the lining of floating layers of Koishimaru silk, a core value of the Sensai brand. The design leads visitors from the dark corridor of the hotel past the silk layers to a circular waiting room. The waiting room in the centre of the space is designed as a "cocoon", an oasis of tranquility surrounded by serene light. The everyday life gives way to a different dimensions. The interior design leads to an unexplored sense of relaxation and well-being. Treatment rooms have warm wooden walls and timber shelves linked to the ceiling by metal poles. A lighting wall is created with layers interlaced strings of fabric. Reflection, refraction, distortion, light and shadow create a play for the senses, space, material and light fuse into immateriality, where body and mind tune into harmony.

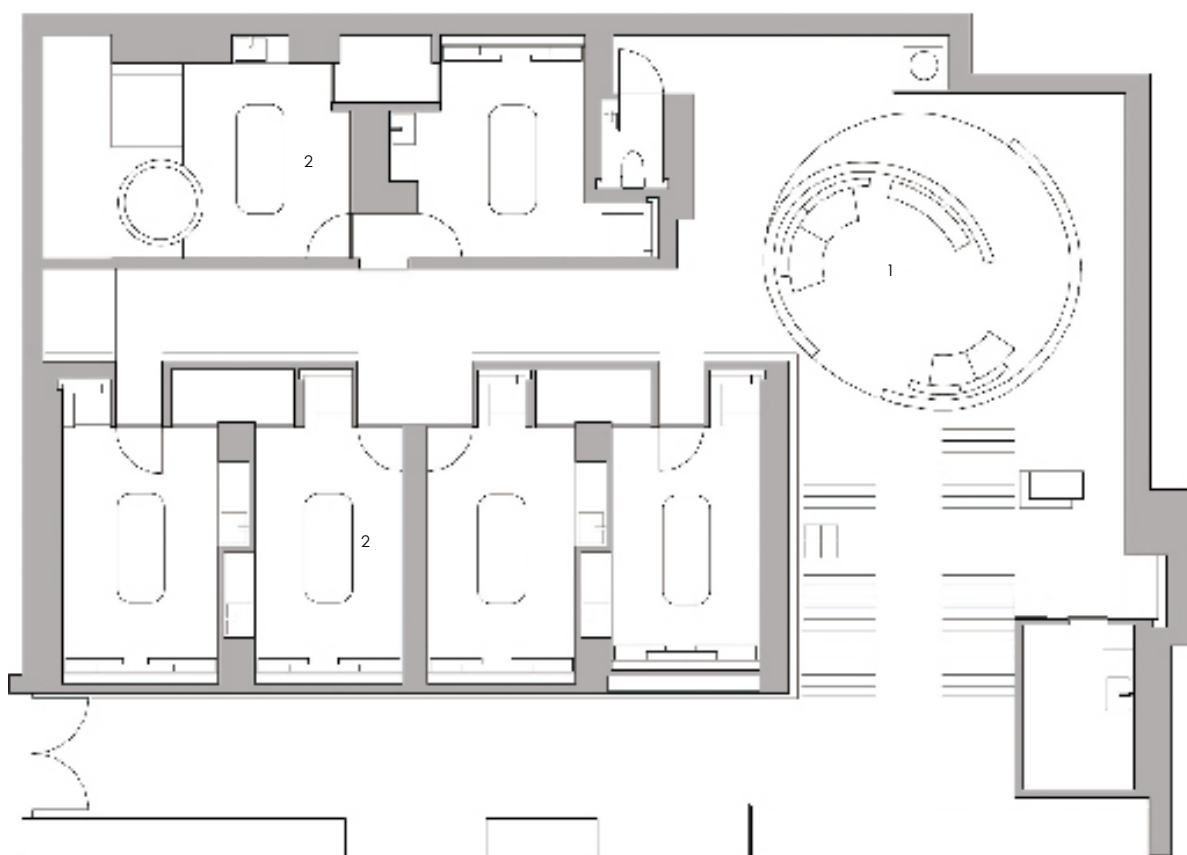
嘉娜宝圣桑水疗馆是一个日式理美容天堂，提供奢侈的小石丸丝（一种在日本被称为“丝中瑰宝”的产品）服务。水疗馆首次将小石丸丝的能量和日式温泉引入水疗之中，提供顶级的美容和按摩服务。

圣桑水疗馆提供了一系列的感官享受，日式美学让简洁和复杂达成了一个微妙的平衡。圣桑是嘉娜宝的一个高端品牌，主要在欧洲发售。空间的设计以层层叠叠漂浮的小石丸丝（圣桑品牌的核心元素）为基础。在酒店昏暗的走廊，穿过丝帐，就到了水疗馆圆形的接待区。接待区被设计成一个“茧”，像一个被温润光线包裹的绿洲。忙碌繁琐的日常生活被抛到了另一个次元。室内设计让人感受到前所未有的放松和舒适。理疗室里有温暖的木质墙壁和从天花板上吊下来的木质架子。交错的材质叠加在一扇发光的墙面上。通过反射、折射和变形，光与影把感官、空间、材料和光亮归于无形，让身心归于和谐。



- 1.The arc-shaped screen separates a semi-private space
- 2.The silk screen
- 3.The design is in Japanese style
- 4.The private treatment room

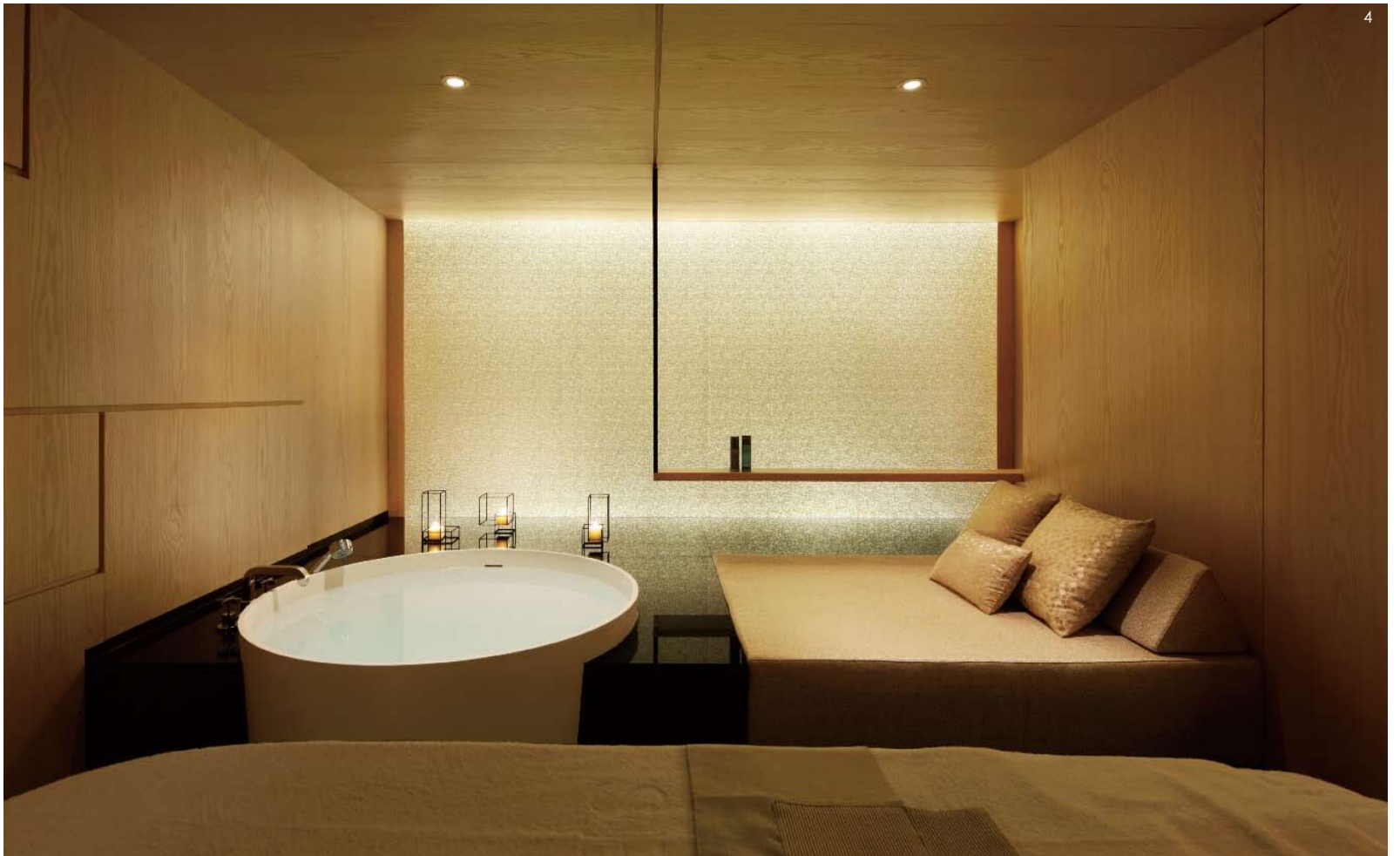
1. 弧形隔断分隔出的半私密空间
2. 丝帐隔断
3. 日式风格的设计
4. 独立理疗室



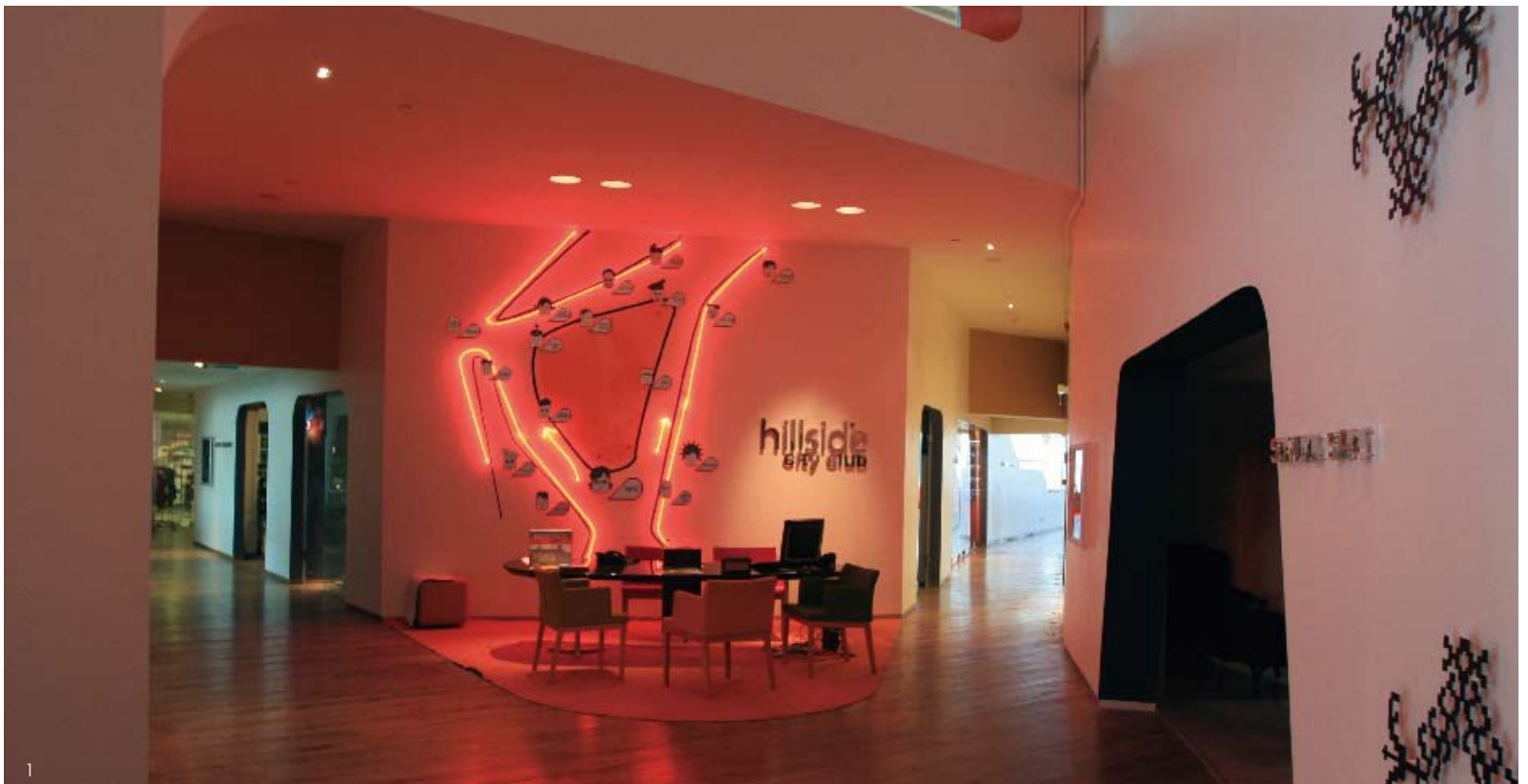
1. Reception
2. Treatment room
1. 接待处
2. 理疗室



3



4



Hillside City Club

山边城俱乐部

Location:
Istanbul, Turkey

Designer:
GAD & Gokhan Avcioglu

Photographer:
Ozlem Avcioglu

Completion date:
2008

项目地点：
土耳其 伊斯坦布尔

设计师：
GAD & Gokhan Avcioglu建筑事务所

摄影师：
欧兹莱姆·阿维西欧格鲁

完成时间：
2008

Hillside City Club is located in Istanbul's Istinye Park mall complex, a lively public destination where people may satisfy their demands for high-quality goods and services. Therefore, the Hillside City Club responded to a desire already present given the nature the area. This would serve as a basis for inspiration, and reinforced the value of this project. The Hillside City Club is a total of 6,000 square metres, and provides a number of services to its 12,000 members, including a gym complete with cardio & studio classes, squash, racquetball, tennis, & basketball courts, and a variety of group exercises accompanied by a certified expert trainer. Also, Hillside City Club is the location of Turkey's first and largest "SPA in SANDA" chain.

Architecturally, the programmatic organisation of the complex is arranged around a number of "social nodes", or destinations, which are intended as areas for social mixing and interaction. Additionally, the architect's design objective was to create varying experiences with spatial volumes throughout the complex. The combination of these "social nodes" and "spatial volumes" offers an architecturally diverse environment, and serves to supplement the various activities and services taking place at Hillside.

Typically, one will approach Hillside City Club and enter by lifts accessed from the mall below. A reception desk is located as one

山边城俱乐部坐落在伊斯坦布尔的伊斯坦提耶公园购物中心。购物中心充满活力，为来往游客提供他们所需的各种各样的商品和服务。因此，山边城俱乐部拥有大量的顾客。这是这个项目灵感的来源，也强化了项目的价值。俱乐部总面积为6,000平方米，为它的12,000名会员提供一系列的服务，包括：提供有氧运动设施和训练教室的健身房、壁球场、网球场、篮球场以及有专业人士指导的一系列群体训练。此外，山边城俱乐部拥有土耳其首家最大的“SPA in SANDA”连锁水疗中心。

在建筑方面，俱乐部的组织结构围绕一系列的“社交节点”设计，各个节点被拓展开来，形成一个个社交区域。此外，建筑师的设计理念是在俱乐部里打造不同的“空间量”，给顾客不同的体验。“社交节点”和“空间量”的结合营造了多种多样的建筑空间，为俱乐部多样的活动和服务提供了活动空间。

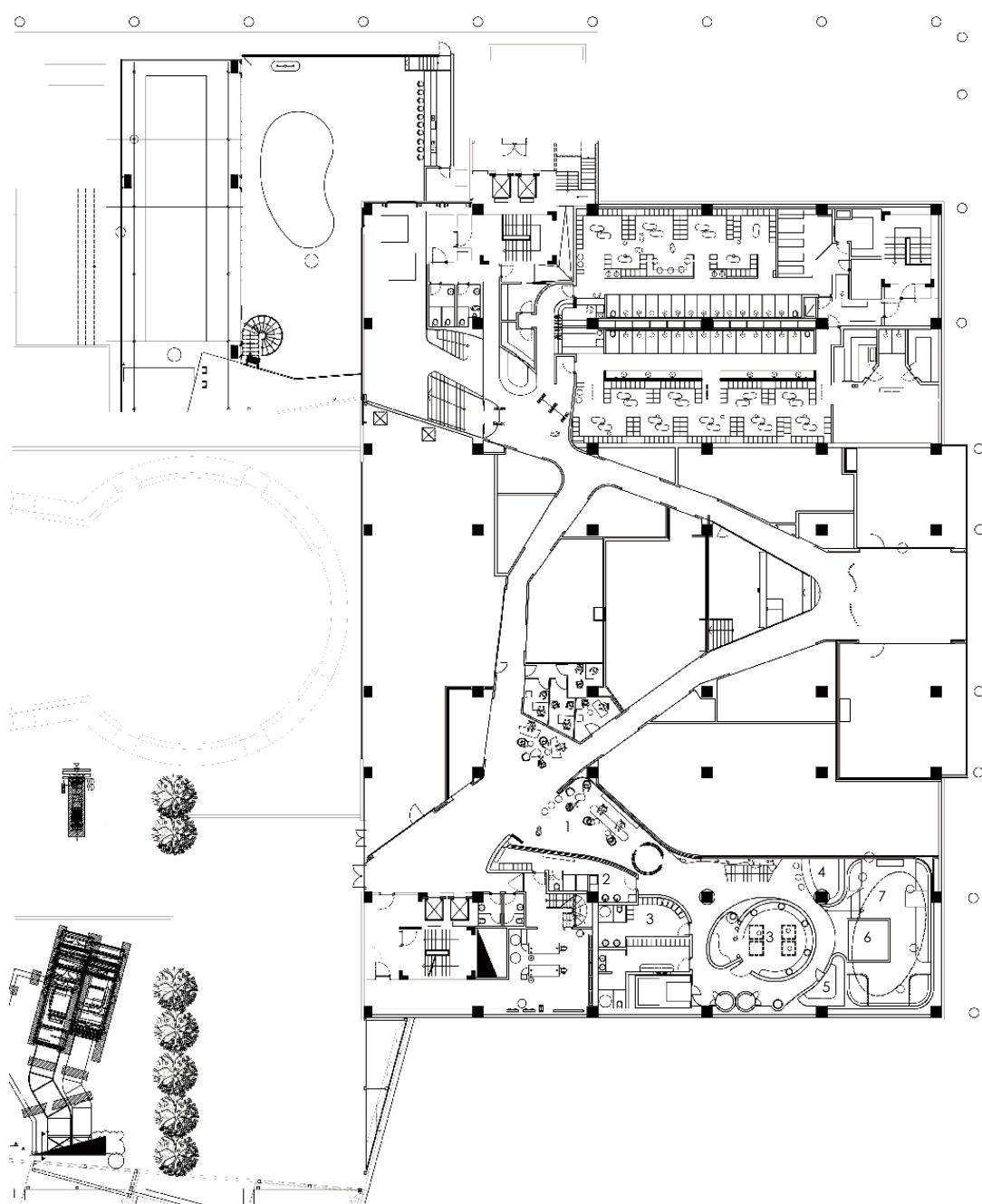
顾客可以通过商场底层的电梯进入山边城俱乐部。顾客走出电梯就是接待处，然后被分派到各个节点区域：水疗中心、更衣室、美发沙龙、书店、有机营养品店、餐厅、咖啡厅。更衣室不仅可以更衣服务，还有洗手间、休息区、蒸汽房、桑拿浴、冷水浴。俱乐部里还有两个游泳池，一个室内，一个室外，总面积为1,000平方米。更衣室隔壁的室内游泳池上方有一个日光浴平台，从游泳池出来可以很方便地进行日光浴。



- 1.The wall decoration is unique
- 2.It has a natural feeling to use woods and pebbles as decoration
- 3.The comfortable and clean interior space
- 4.The treatment room

1. 墙面装饰别具一格
2. 木材和卵石装饰更具自然气息
3. 舒适整洁的室内空间
4. 理疗室

arrives from the lifts, and the visitors are dispatched to one of the following nodes: the spa, locker rooms, and other support spaces including a hair salon, book shop, organic nutrition shop, restaurant & café. Locker rooms are provided for the users, and offer a number of accessory functions including lockers, showers, restrooms, resting areas, steam rooms, saunas, and cold shock showers. There are two pools in the club, both exterior & interior, totaling 1,000 square metres. One pool is located adjacent to the locker rooms, and a sunbathing terrace is located above the closed pool providing easy access to the terrace.



1. Entrance
2. Staff Locker
3. Locker Room
- 4.Bar
- 5.Steam Room
- 6.Jacuzz
- 7.Resting Room

1. 入口
2. 员工寄存
3. 更衣室
4. 酒吧
5. 蒸气室
6. 浴缸
7. 休息室



3



4



Aveda + Xenses Lifestyle Spa & Salon

Aveda + Xenses水疗美容中心

Location:

Hong Kong, China

Designer:

ALEXCHOI design & Partners

Photographer:

Rage Wan

Completion date:

2007

项目地点:

中国, 香港

设计师:

蔡明治设计有限公司

摄影师:

温绍威

完成时间:

2007

Aveda + Xenses Lifestyle Spa & Salon is located in Causeway Bay, at an abandoned "dungeon"-like basement with area 10,000 sq ft. With the synergy of this abandoned basement and silence, the roar of the city is muted and composes a sweet and intimate sound.

Chemistry happened when two spas co-exist in the same area but serve different visitors. Aveda focuses on adolescents while Xenses serves the maturity. Competition gives way to deep sense of harmony since Aveda and Xense share the same concept – relaxation and comfort. It is quite annoying that many columns stand inside the basement, to harmonise the atmosphere, and make it a place to peace and ease of mind. Those columns are concealed by treatment room which in turn creates maze-like layout and generate a sense of exploration and intimacy. Then the concealed light trough creates cosiness. The consistent use of shaded brownish colour match with the floral arrangement in Aveda; and the use of sustainable bamboo matching with the feature "tri-colour" geometric sand stone in Xenses. The two combinations together bring out the aim of recycle and also reinforce the theme of nature.

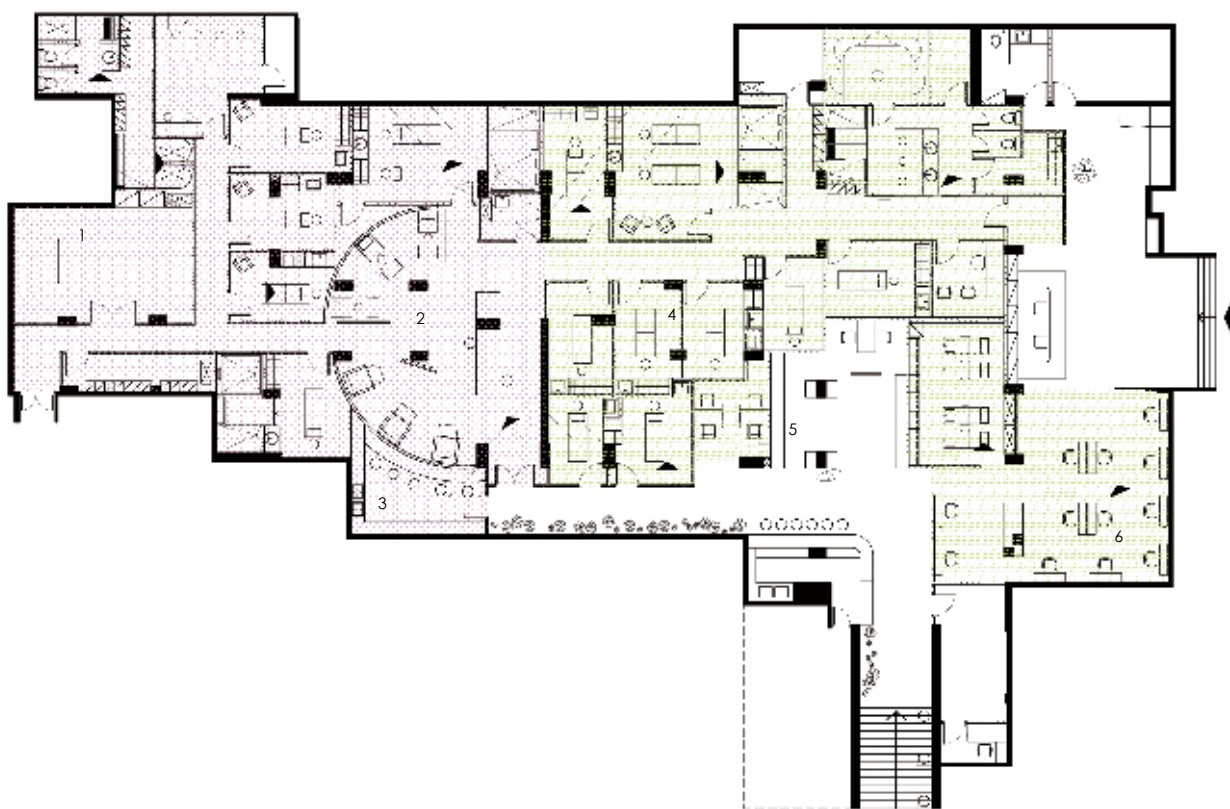
Aveda + Xenses水疗中心和美容沙龙位于香港铜锣湾, 建在一个废弃的地下室里, 总面积为929平方米。废弃的地下室将喧闹的城市隔绝开来, 营造了一个私密的空间。

两家水疗中心建在同一个地点, 却为不同的顾客服务, 这很奇妙。Aveda为青少年服务, 而Xenses则面向成年人。两家水疗中心有着同样的理念——放松和舒适, 这避免了二者的竞争, 营造了一种和谐的氛围。地下室原本有许多恼人的圆柱, 为了让环境更和谐, 设计师把柱子隐藏在了理疗室里, 这样一来, 整体的环境平和而放松。另一方面, 柱子在理疗室营造了一种隐秘的迷宫效果, 让人产生探索的欲望。而昏暗的灯光则营造了舒适感。在Aveda水疗中心里, 阴暗的褐色和花艺陈设相得益彰; 而在Xenses里, 再生竹子和三色几何形状的沙石互相映衬。这两种混搭体现了环保概念, 强调了自然的主题。



- 1.The reception of Xenses
- 2.In the clean treatment room, the washstand can be hidden behind the sliding door
- 3.The staircase
- 4.The foot spa area
- 5.The private treatment room
- 6.The flower arrangement is used as a decoration of the washstand
- 7.The hairdressing salon
- 8.The simple glass screen

1. Xenses的入口吧台
2. 整洁的理疗室，洗手台可以隐藏在推拉门后
3. 楼梯
4. 足疗区
5. 独立的理疗室
6. 洗手台上用插花做装饰
7. 美发沙龙
8. 简约的玻璃隔断



1. Meditation room
2. Relaxation area
3. Staff room
4. Treatment room
5. Reception
6. Salon

1. 冥想室
2. 休息区
3. 员工室
4. 理疗室
5. 接待处
6. 沙龙



3



4





7



8



M One Spa

M1水疗中心

Location:
Taipei, China

Designer:
Tange Associates

Completion date:
2009

项目地点：
中国，台北

设计师：
丹下都市建筑设计

完成时间：
2009

M One Spa is located on a quiet side street of the trendy, high-end area of Renai Road in Taipei. M One Spa's aim is to appeal to those customers who go to spas frequently. When those customers are in the city, M One Spa provides the quality and luxury they would otherwise receive only from a global class destination spa.

As guests approach the entrance, they are intrigued by the large, red column at the corner of the building. Tables and chairs on the terrace indicate the trendy M One Café, but it is not until inside that guests realise the presence of a spa. A doorman greets guests and ushers them to the spa's lower level. A glass partition featuring cascading water separates the interior and outside terraces. The space is decorated with soothing dark grey quartz, black marble and moabi wood. The natural materials and healing music are the first introduction to a complete relaxation experience.

As guests descend the steps to the treatment rooms, the tranquil atmosphere deepens. The high gloss sheen of black marble, black glass and black stainless steel, as well as mirrors create a sense of limitless space. At the centre of the lower level the guest lounge evokes the image of a flame with its red silk curtains. Oversized furniture upholstered in golden silk fabric invites guests to savor the moments of leisure.

M1水疗中心位于台北市时尚高端的仁爱路上安静的一角。M1水疗中心致力于吸引经常进行水疗的客人。当这些客人来到台北，M1会为他们提供世界一流品质的奢华服务。

当客人进入M1水疗中心，角落巨大的红色立柱会吸引他们的全部目光。平台上的桌椅属于M1咖啡厅。客人只有走到里面才能意识到这是一个水疗中心。门童会指引客人到达底层的水疗中心。流动着水帘的玻璃隔板将室内外的平台分隔开来。室内空间由光滑的深灰色石英石、黑色大理石和山橄榄木装饰。天然的材料和治疗的音乐引领客人进入了一个充分放松的旅程。

当客人进入理疗区域，宁静的氛围更深了一分。高光黑色大理石、黑色玻璃、黑色不锈钢和镜子共同营造了一个具有无限感的空间。底层中心休息大厅的红丝绸窗帘像一团火。金色丝质布料包裹的大型家具让顾客享受安逸的时光。

灯光昏暗的走廊让人陷入冥想，远离喧嚣的尘世。走廊直通15个私人理疗室，让人进入一个平和的感官世界。走廊的尽头是红丝绸窗帘，和休息大厅的窗帘是一样的。每个理疗室都有单独的更衣室、洗手间和浴室。理疗室外面是一个单独的竹子花园。高度的私密感让客人可以尽情享受理疗的乐趣。



- 1.The lobby
- 2.The interior landscape enhances the peaceful atmosphere
- 3.The detail design of the washstand
- 4.The treatment room
- 5.The treatment room
- 6.The treatment room
- 7.The treatment room

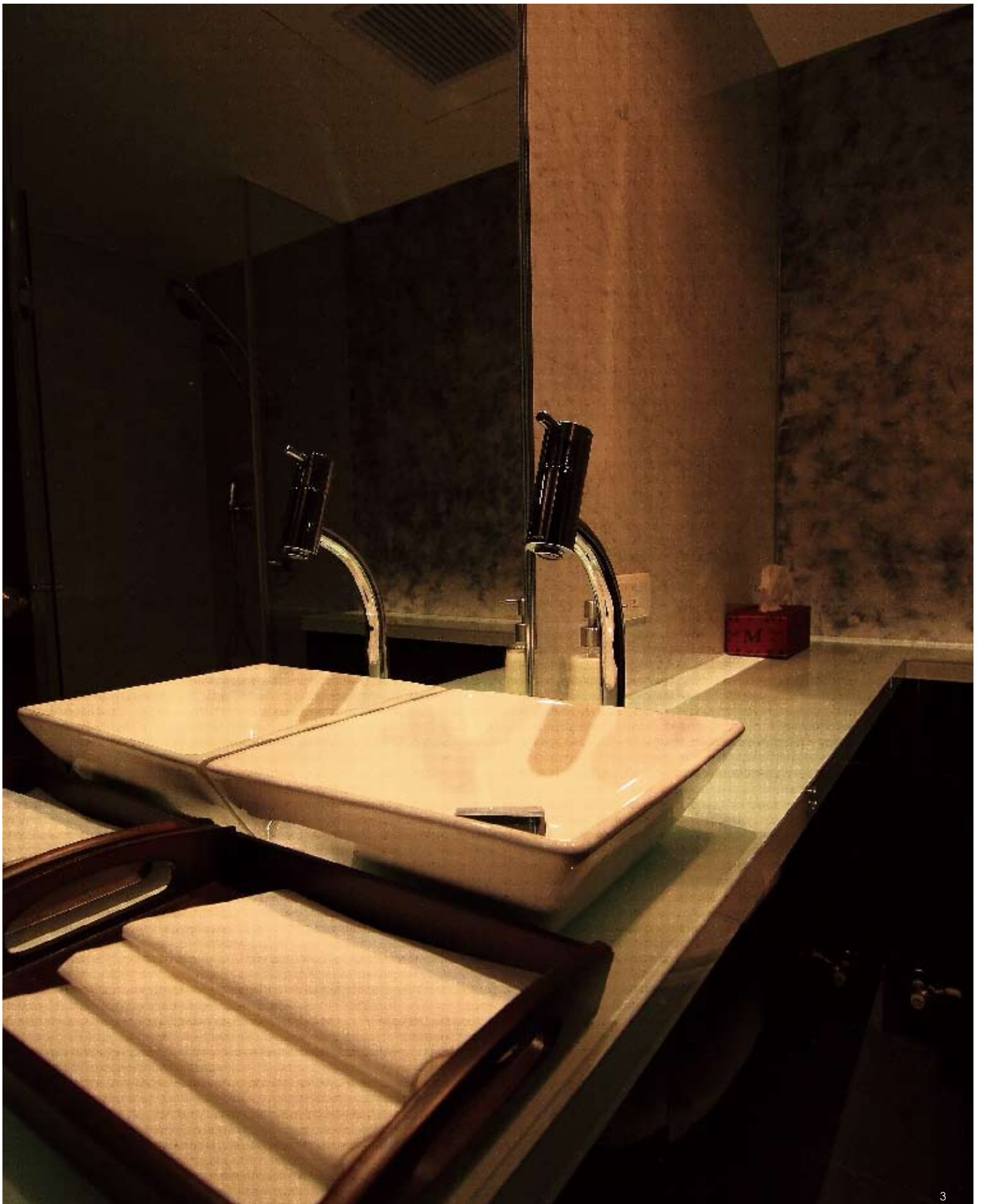
1. 休息大厅
2. 室内景观加强宁静氛围
3. 洗手盆细节设计
4. 理疗室
5. 理疗室
6. 理疗室
7. 理疗室

Guests proceed through a dimly lit corridor as if in a walking meditation, leaving the mundane behind and entering the peaceful and sensuous world of one of the 15 private treatment rooms. The corridor terminates in red silk curtains, evoking the same image of a flame as the guest lounge. Each treatment room contains its own dressing area, toilet and shower room that looks out onto a private bamboo garden. The high level of privacy allows guests to surrender fully to the spa experience.

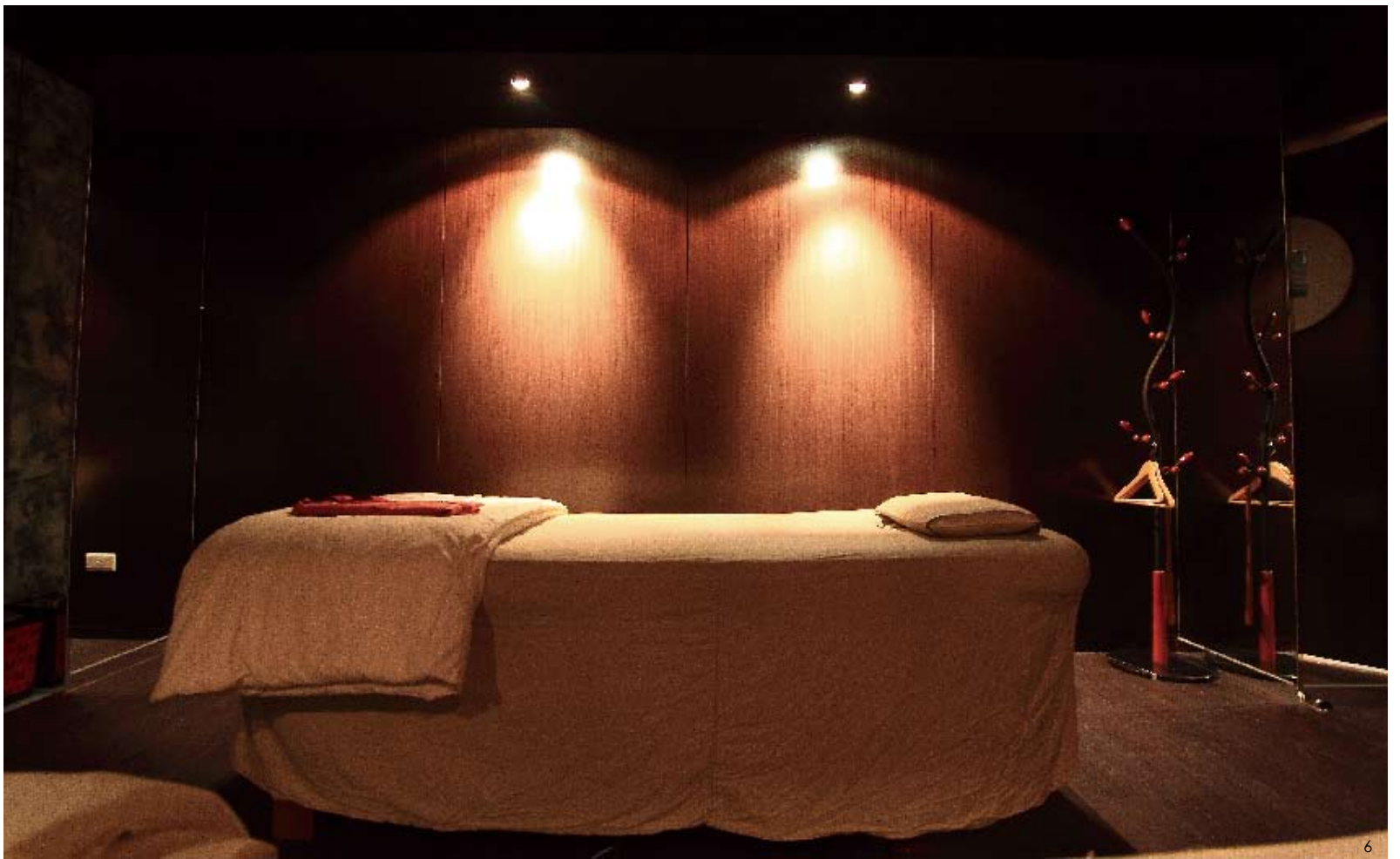


1. Staff office
2. Massage room
3. Parking
4. Lounge
5. Reception

1. 员工办公室
2. 按摩室
3. 车库
4. 休息大厅
5. 接待处







6



7



Spa Gardish

港北天然温泉馆

Location:
Yokohama, Japan

Designer:
ZNEM

Photographer:
Masaya Yoshimura

Completion date:
2007

项目地点：
日本，横滨

设计师：
ZNEM设计公司

摄影师：
吉村正也

完成时间：
2007

Spa Gardish is a day's spa institution added to the suburban model sports club. You can use a spa alone. It is an institution consisting of a bathhouse and an outdoor bath of the each man and woman, bedrock bath, the warm bath zone for families of the man and woman joint ownership, a healing corner, rest corner (reflexology, body, a Thai ancient rite, a head spa) and the private room where a massage is caught and a restaurant.

As for Spa Gardish, it is difficult to secure space of the opening so that there is it in a shopping centre. Therefore the architect directed a feeling of opening by designing half of the positions of the bathhouse part in "an outdoor bath" even if it had the eaves. The architect takes in a lot of Nipponian elements and directs it so that it is felt air of four seasons for the five senses by the natural and anonymous design. The architect wants you to pay your attention to indirect lighting in particular and indirect sound. The art object is lighted in illumination. The bamboo carries the good wishes, and the flashing on and off automatically LED light in a motif lights up the space softly. A sound of water drips down from the waterfall where the architect piles up a pebble at the outdoor bath, and is made to intercept the noise from the outside. The placement of the speaker in the institution is devised, too. The designer plans the interesting indirect sound by using

港北天然温泉馆隶属于郊外的一家现代运动会所，也可以提供单独的水疗服务。温泉馆包含男女浴室、室外温泉、基岩浴、家庭热浴区、治疗区、休息区（休息区提供脚底按摩、身体按摩、泰式按摩、头部按摩等）、独立的理疗室和餐厅。

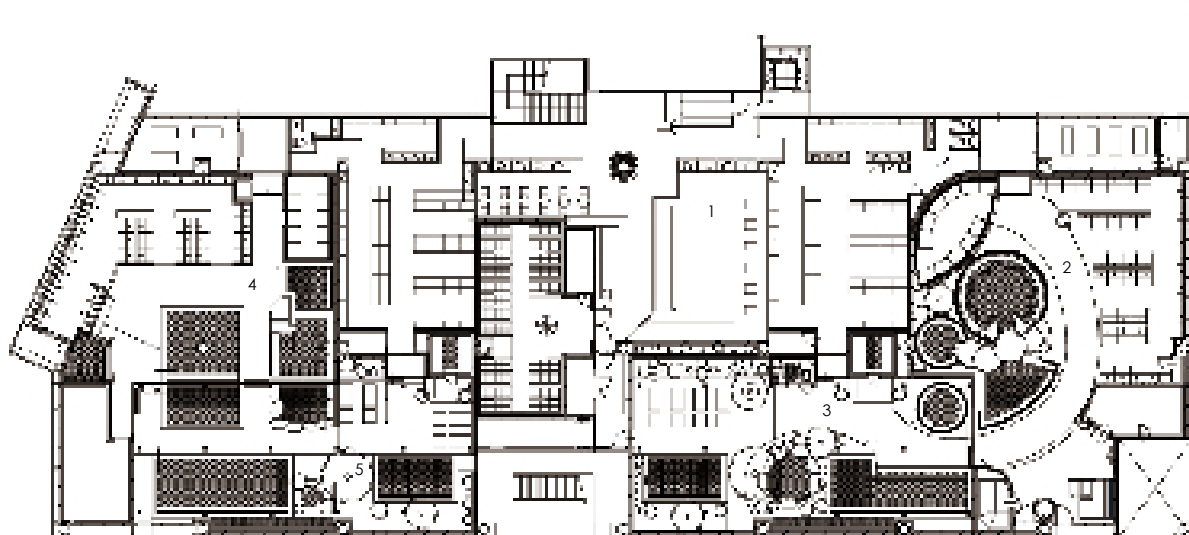
由于空间的限制，港北天然温泉馆建在一个购物中心里。建筑师为了营造一种开放式的感觉，将浴室的一部分打造成了“室外温泉”。建筑师在设计中应用了多种日本元素，人们可以在温泉馆里自由地感受四季变迁，欣赏无名的艺术设计。建筑师想让人注意间接灯光效果，特别是间接声效。艺术品被灯光点亮。竹子代表着美好的祝愿，自动闪烁的LED灯光图案温和地点亮了空间。室外温泉旁堆放着鹅卵石，以此为源头的瀑布发出汩汩的流水声，掩盖了外面的喧嚣。水疗馆的不同位置都装有扬声器。这种有趣的间接音效由一个摇摆的扬声器产生。植物创造了一个良好的环境，人们可以在这里就餐。在享受完全的水疗服务后，人们会感到身心舒畅。



- 1.The entrance to the spa
- 2.Both the application of materials and interior decoration are close to nature
- 3.The Japanese style is simple but graceful
- 4.The warm interior lighting
- 5.The indoor shower room
- 6.The exterior part enables the guests to get close to nature
- 7.There are several interior bath pools

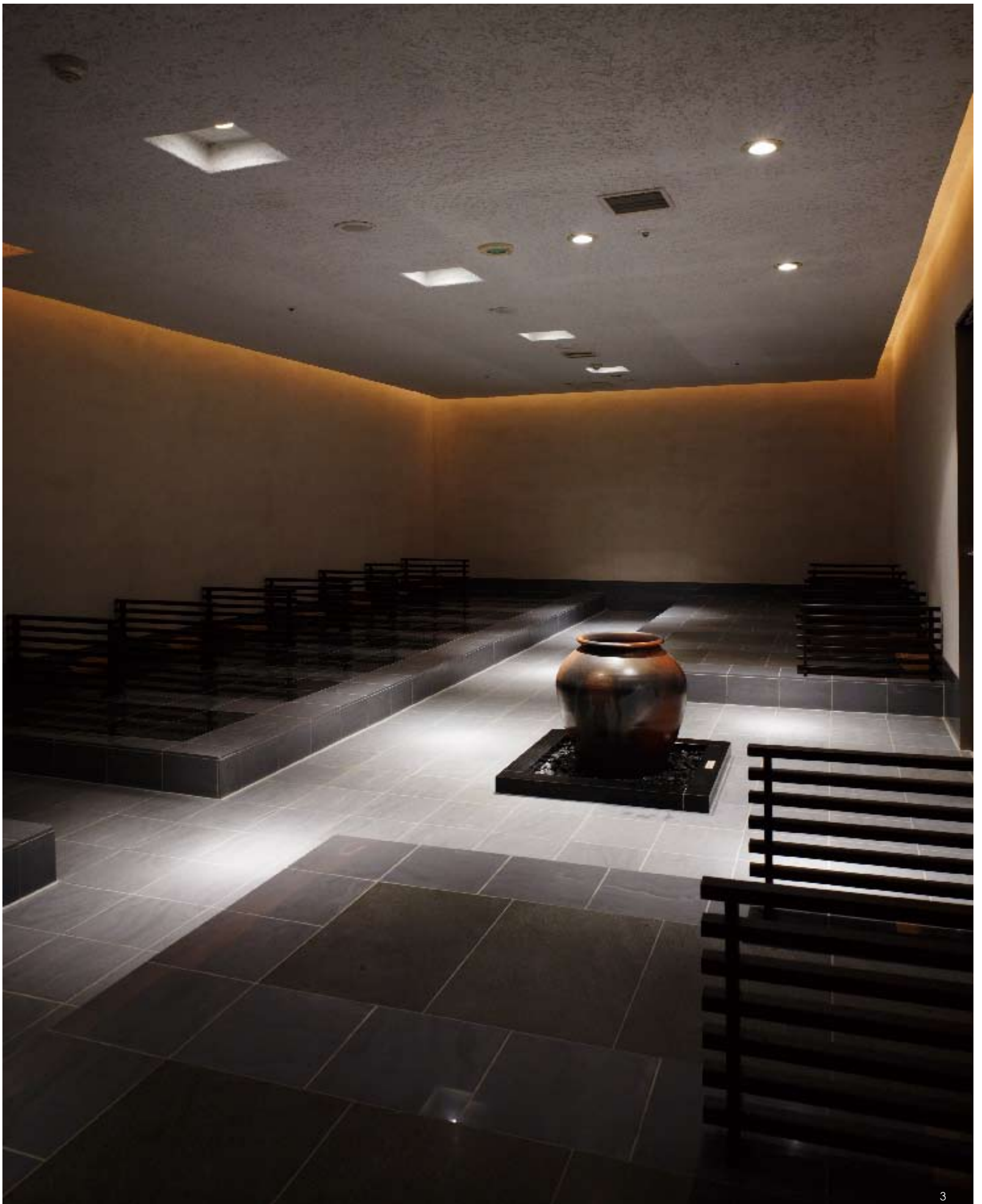
1. SPA入口处
2. 材料的运用和室内装饰都贴近自然
3. 日式风格简约典雅
4. 室内灯光温暖
5. 室内浴室
6. 室外部分让顾客与大自然亲密接触
7. 室内有多个浴池

a swing speaker. Plants are to create a good environment and people here can enjoy a delicious meal. People who visited it thoroughly can enjoy "the cosiness" and can be relaxed heartily.



1. Lobby
2. Women's spa
3. Outdoor women's spa
4. Men's spa
5. Outdoor men's spa

1. 大堂
2. 女浴
3. 室外女浴
4. 男浴
5. 室外男浴



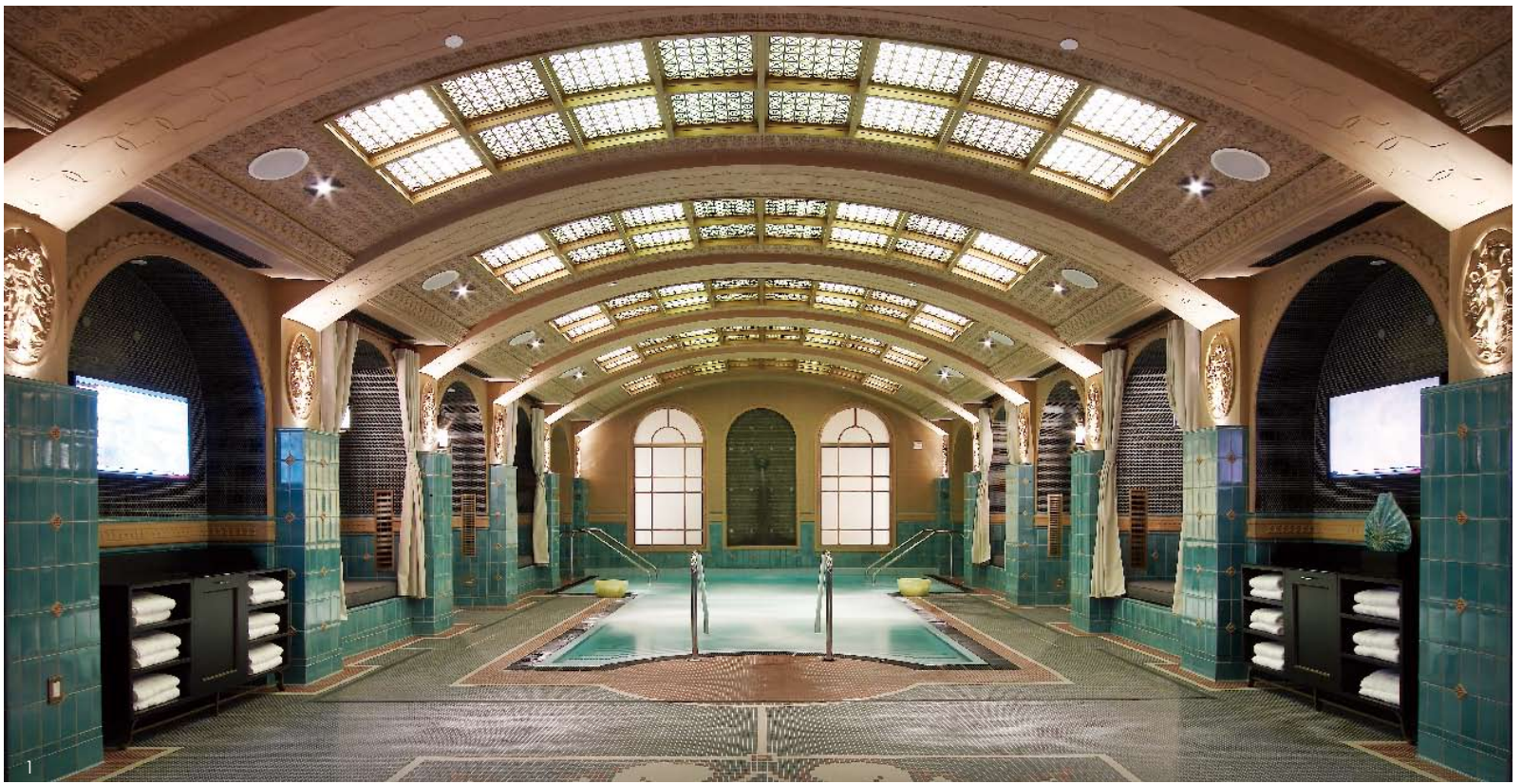




6



7



Hard Rock Spa

重摇滚水疗中心

Location:
Las Vegas, USA

Designer:
MARKZEFF

Photographer:
Eric Laignel

Completion date:
2010

项目地点：
美国，拉斯维加斯

设计师：
MARKZEFF设计公司

摄影师：
艾利克·莱格尼尔

完成时间：
2010

The designer's mission was to create a new luxury spa and salon for guests to enjoy at the Las Vegas Hotel. When designing the spa, the designer pulled inspiration from the famous art nouveau spa in Budapest and a touch of rock, n' roll details. The \$6.2 million dollar, 35,000 sq ft spa is the first to offer a communal hot tub the size of a swimming pool with lounging rooms and surrounding day bed alcoves. Each lounging room has its own steam room with fireplaces and library. The pool area is adorned with vivid blue and green tiles with black and metal detailing, ceilings are tiled with Terracotta and the wet areas have classic white with brown and grey mosaic tiled floors. The 21 treatment rooms have a silver/grey-patterned wallpaper with silver and brown flooring. The spa space commands an immediate feeling of grand opulence with the dramatic barrel vaulted tiled ceilings, bronze furniture and immense detailing on every surface. The new spa provides guests with the ability to enjoy the spa 24/7 and offers additional amenities including: an entertainment area for small parties, a private studio for pole dancing lessons, a fitness centre and the salon. When creating the look of the new salon, the designer chose to incorporate an industrial look with a clean and pure style. Rough limed oak wood floors highlight the pure white counter and wall surfaces of the salon, giving it a subtle glow. Brightly coloured oil paintings by a local artist give a pop of colour to the neutral palate and the retail area in the front gives a masculine contrast with matt black steel with antiqued brass nail head details.

设计师的任务是在拉斯维加斯一家酒店里为客人提供一个奢华的水疗中心和美容沙龙。在设计过程中，设计师从布达佩斯著名的新艺术派水疗中心和摇滚元素里获得了灵感。整个水疗中心耗资620万美元，建筑面积3200多平方米。项目创新性地提供了一个游泳池大小的公共浴池，两侧是休息室和躺椅。每个休息室都有独立的桑拿房和图书室。游泳池区域装饰着色彩鲜艳的蓝色和绿色瓷砖，周围镶着金属花纹。天花板上是赤陶，其他潮湿的区域是经典的白底棕灰花纹马赛克地面。21个理疗室里采用了银灰色图案的墙纸，地面是银色和棕色的。水疗区域的拱形穹顶、铜质家具和密集的花纹共同打造一种奢华感。水疗中心能让酒店客人365天都能享受24小时的水疗服务，并能够提供一些附加服务：举办小型派对的娱乐区、钢管舞私人教室、健身中心、美发沙龙。在设计美发沙龙时，设计师采用了简洁纯粹的工业风格。生石灰橡木地板凸显了纯白色的柜台和墙面，散发出微妙的光晕。一位当地画家的色彩鲜艳的油画在中立的色调很出挑。前面的零售区带铜质铆钉的亚光黑漆货架则展现了与众不同的阳刚之气。



- 1.The swimming pool
- 2.The blue and green tiles are decorated with metal patterns
- 3.The beauty salon has a simple industry style
- 4.Each lounging room has its own steam room with fireplaces and library
- 5.The retail area in the front gives a masculine contrast with matt black steal with antiqued brass nail head details
- 6.The treatment room has a full set of facilities
- 7.Bright sunlight can be enjoyed in the beauty salon

1. 游泳池区
2. 蓝绿色瓷砖装饰金属花纹
3. 美发沙龙是简洁的工业风格
4. 每个休息室都有独立的桑拿房和图书室
5. 前面的零售区带铜质铆钉的亚光黑漆货架则展现了与众不同的阳刚之气
6. 理疗室设施齐全
7. 美发沙龙可以享受明亮的日光

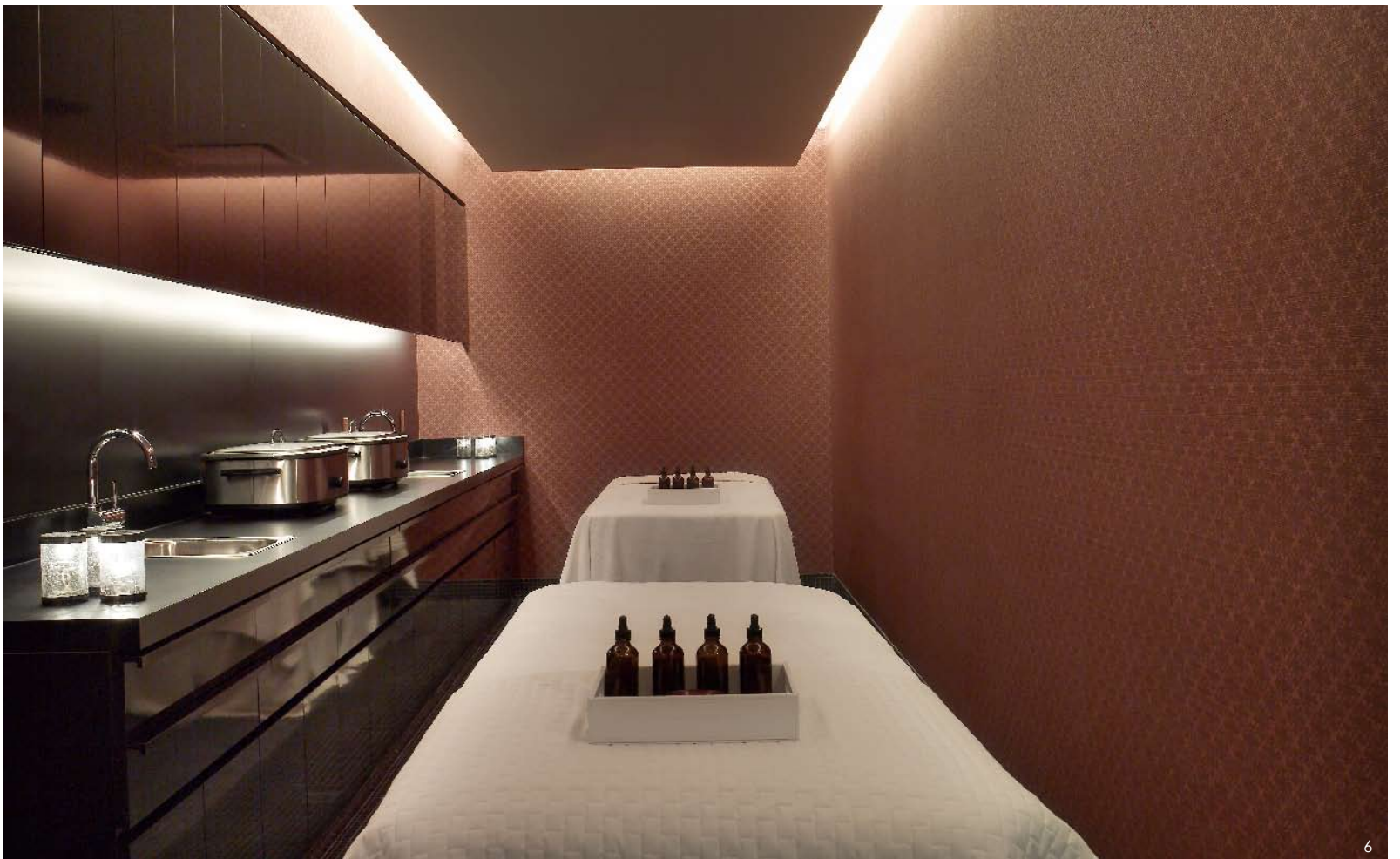


1. Treatment room
2. Gym
3. Men's spa
4. Women's spa
5. Lounge

1. 理疗室
2. 健身房
3. 男浴
4. 女浴
5. 休息室









Hypnotique Spa

Hypnotique水疗中心

Location:
Milan, Italy

Designer:
Simone Micheli

Photographer:
Simone Micheli Architectural Hero

Completion date:
2009

项目地点：
意大利，米兰

设计师：
西蒙·米凯利

摄影师：
西蒙·米凯利建筑事务所

完成时间：
2009

Hypnotique Spa, the installation with an emotional and vital mood, has become an attractive centre for the sensorial awakening, as a relaxing oasis made by conceptual contaminations, where metropolitan man can put in stand-by urban frantic paces to cuddle his soul and spend time to rediscover the pleasure of getting exited. In the words of Architect Micheli, there is the crux of the expositive performance: "In this place man has been collocated in the middle with his senses and stimulated with shapes, lights and colours, to be carried away in a dimension that is placed between immanence and transcendence, between fantasy and reality. Every element has been thought to touch his heart, to excite him, to sweetly caress him with a light breeze of joy and lightness. In this way is expressed a new conception of luxury, tied together an intimacy of sensations."

The spa offers a suggestive path with a high perceptive stimulation with massaging water jets, perfumes, lights and colours; whereas a soft and pure creaminess of the ceiling and the fluid walls create a dreaming and wrapping atmosphere. From this creamy background emerge the dividing walls and the compounding elements which, with their warm and bright colours, become an extraordinary attraction source for the eyes, completing a surreal scenery where we could immerse soul and body. An "other" place

米兰Hypnotique水疗中心内洋溢着感性、生机勃勃的景象，为忙碌在喧嚣都市中的人们提供了一片休闲天然绿洲，让疲惫的心灵得到休息。“在这里你可以尽情享受，让意识在光影、色彩及各种形状中绽放，徘徊于幻想和现实之间。我们创造的每一个元素都会触动您的感官，甚至带来意想不到的惊喜。全新的奢华理念注入亲切温馨的细节，打造非凡的感受。”设计师米凯利曾这样描述。

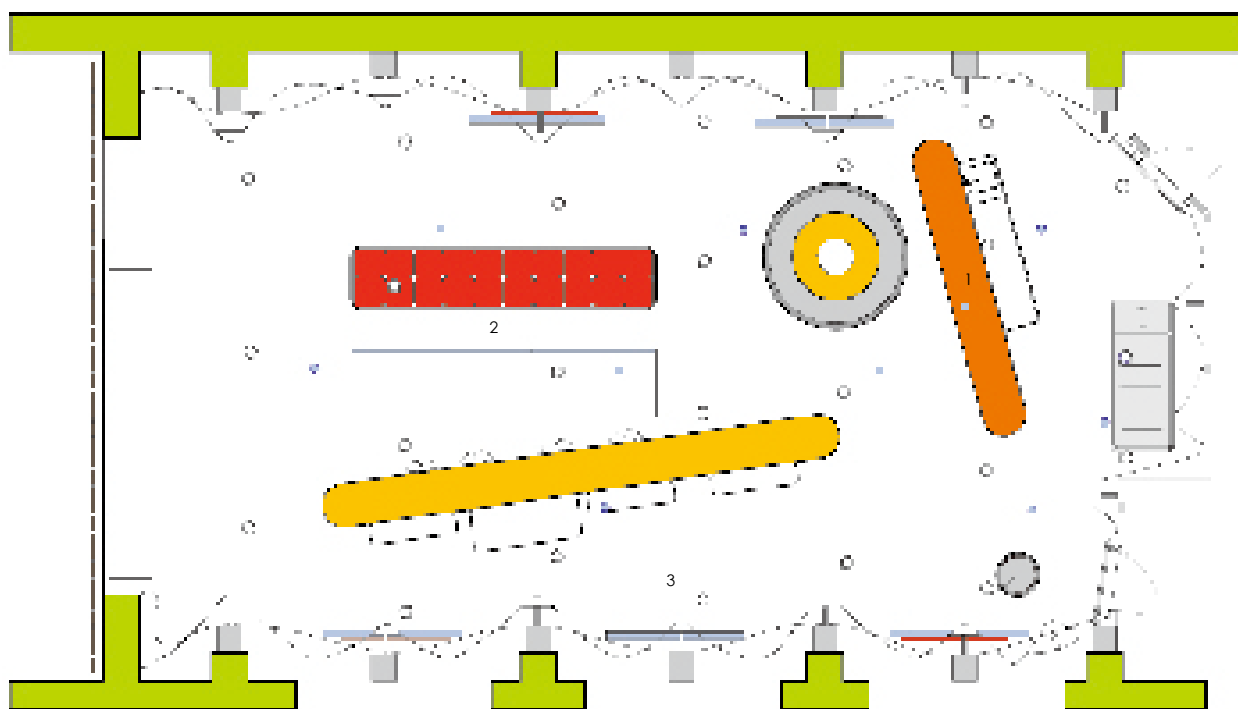
在这里，水的温柔按摩、香水和色彩光线的组合，让人回归自然的平静；乳白色的屋顶和动态感十足的内墙围合了一个梦幻空间，再加之亮丽的色彩装饰，格外引人注目，同时换来心灵和身体的双重放松。流畅的空间集建筑形式、感官享受及心灵放松于一身，让人备感精力充沛。



- 1.The design is bright and lively
- 2.In this place one can enjoy himself to his heart's content, stimulated by the shapes, lights and colours, and carried away in a dimension between fantasy and reality
- 3.The soft and pure creaminess of the ceiling and the fluid walls create a dreaming atmosphere
- 4.The interior design is surprising
- 5.The considerate detail design

1. 设计风格明丽活泼
2. 在这里你可以尽情享受，让意识在光影、色彩及各种形状中绽放，徘徊于幻想和现实之间
3. 乳白色的屋顶和动态感十足的墙壁围了一个梦幻空间
4. 室内设计处处给人惊喜
5. 贴心的细部设计

where architecture, sensoriality and wellness melt together gives life to a new improbable dimension, all to perceive. The fluidity of this place has aimed to become lifeblood of the regenerating power, able to reactivate visitors' sensoriality who came back to listen and listen to themselves again. In a reality where the unceasing frenzy exasperates the sense of uncertainty of everyone, excessively multiplying the possible ways and resetting the ground friction, the only path to follow is that of our dreams.



1. Reception
 2. Bath area
 3. Massage area
1. 接待处
 2. 洗浴区
 3. 按摩区









Mars The Salon Spa Boutique

马尔斯精品水疗沙龙

Location:
Tokyo, Japan

Designer:
CURIOSITY

Photographer:
NACASA & PARTNERS

Completion date:
2008

项目地点：
日本, 东京

设计师：
CURIOSITY设计公司

摄影师：
NACASA公司

完成时间：
2008

"Mars The Salon Spa Boutique", situated in Aoyama, has extended into a new space with a spa boutique. Following their success with the nail salon Mars, CURIOSITY has also designed this spa. While keeping the same spatial identity, the more dramatic spa contrasts nicely with the nail salon's bright and airy feel. The space is designed with a rhythm of vertical light and shadow strokes that creates a visual tempo. They are reminiscent of "Torii", the gates to a shrine marking the division between the physical and the mental worlds.

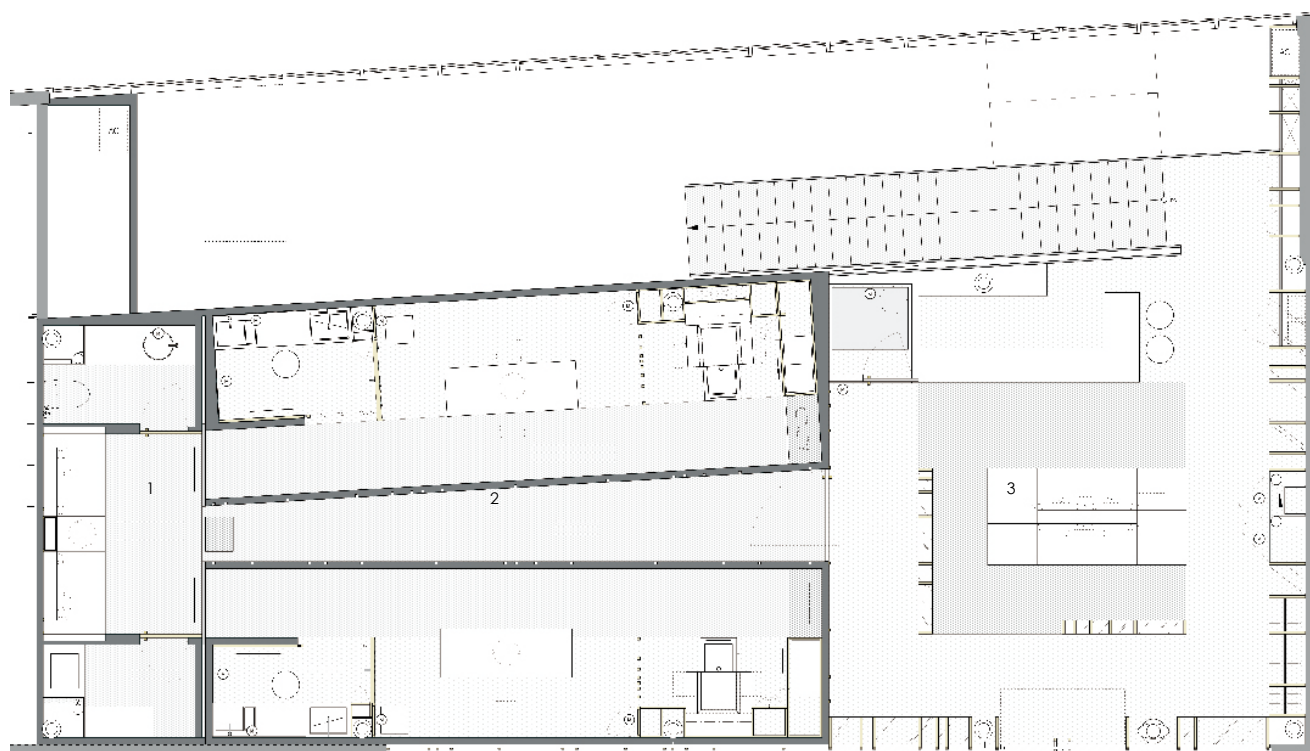
The entrance of the spa includes a shop area. The vertical element is also used to house the displays suspended from the ceiling. Following the dramatically-lit corridor, a peaceful and relaxing space welcomes the customer for consulting before and after treatment. Two long treatment rooms run alongside the corridor. The all-in-one individual rooms include treatment beds, an original nail treatment sofa with integrated footbath. The different zones inside the rooms are separated by a series of vertical wood louvers.

坐落在青山的马尔斯精品水疗沙龙开创了精品水疗的新空间。CURIOSITY设计公司曾成功设计了马尔斯美甲沙龙。水疗沙龙延续了美甲沙龙的空间结构，但是室内设计更加夸张，与美甲沙龙明亮轻快的感觉形成了对比。垂直的光影设计谱成了一首富有节奏感的乐曲。水疗沙龙的设计让人想起了神社，神社的大门把现实世界和精神世界隔绝开来。

水疗沙龙的入口有一个售货区。货架从天花板上吊下来，摆放商品。走出充满光影效果的走廊，是一个让人平静放松的区域。理疗前后，客人可以在这里进行咨询。走廊的两侧是两排长长的理疗室。一体化的个人理疗室里包括理疗床和独创的带有足浴盆的美甲沙发。室内的不同区域由一些垂直的木栅栏隔离开来。

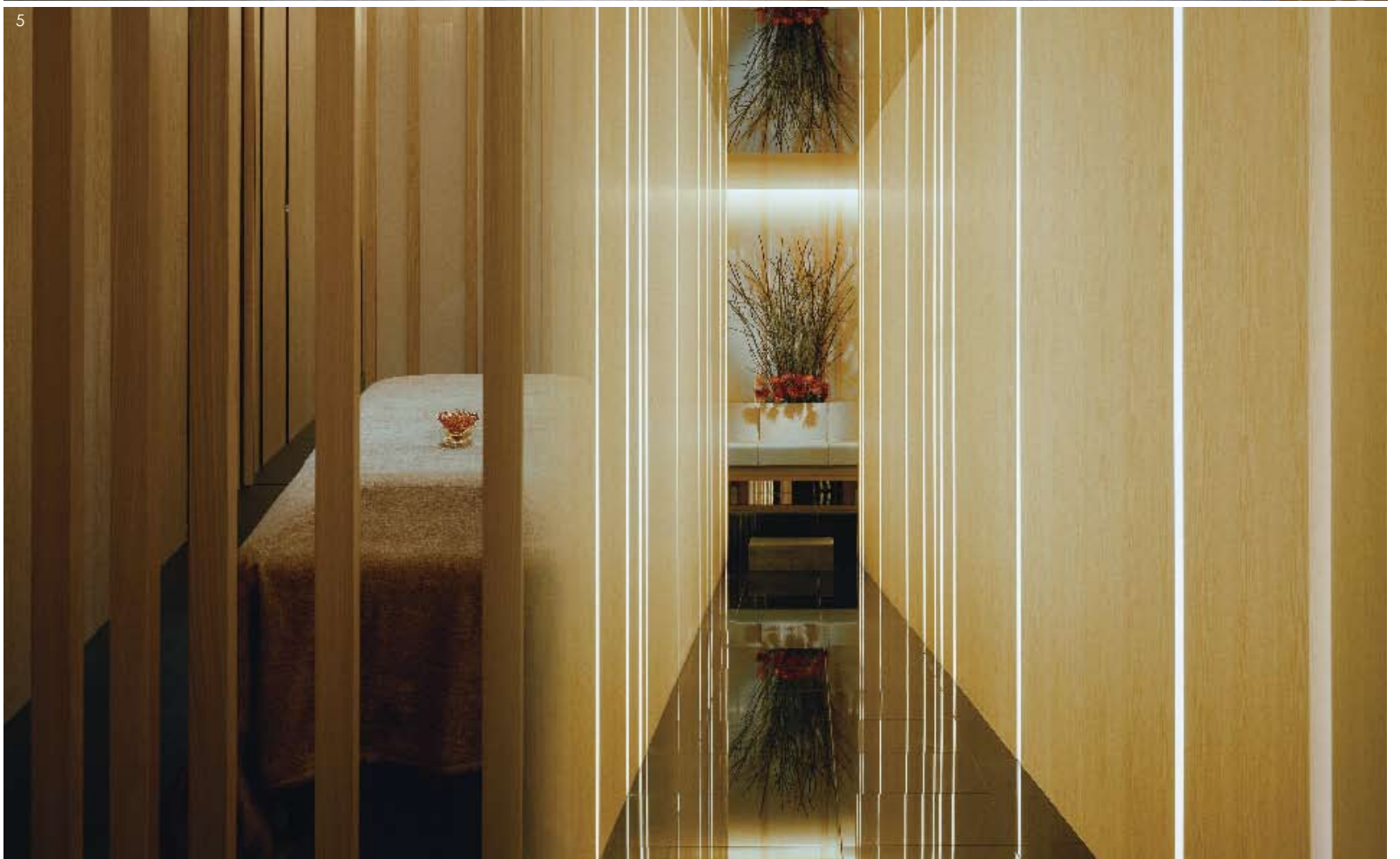


- 1.The flower arrangement embellishes the comfortable space
 - 2.The treatment room
 - 3.Each corner has a delicate decoration
 - 4.The vertical boards and horizontal glass bring a unique vision
 - 5.The vertical light-and-shadow design
 - 6.The peaceful and relaxing area
1. 插花点缀舒适空间
 2. 理疗室
 3. 每个角落里都有精心的装饰
 4. 纵向木板和水平的玻璃带来奇异视觉感受
 5. 垂直的光影设计
 6. 让人平静放松的区域

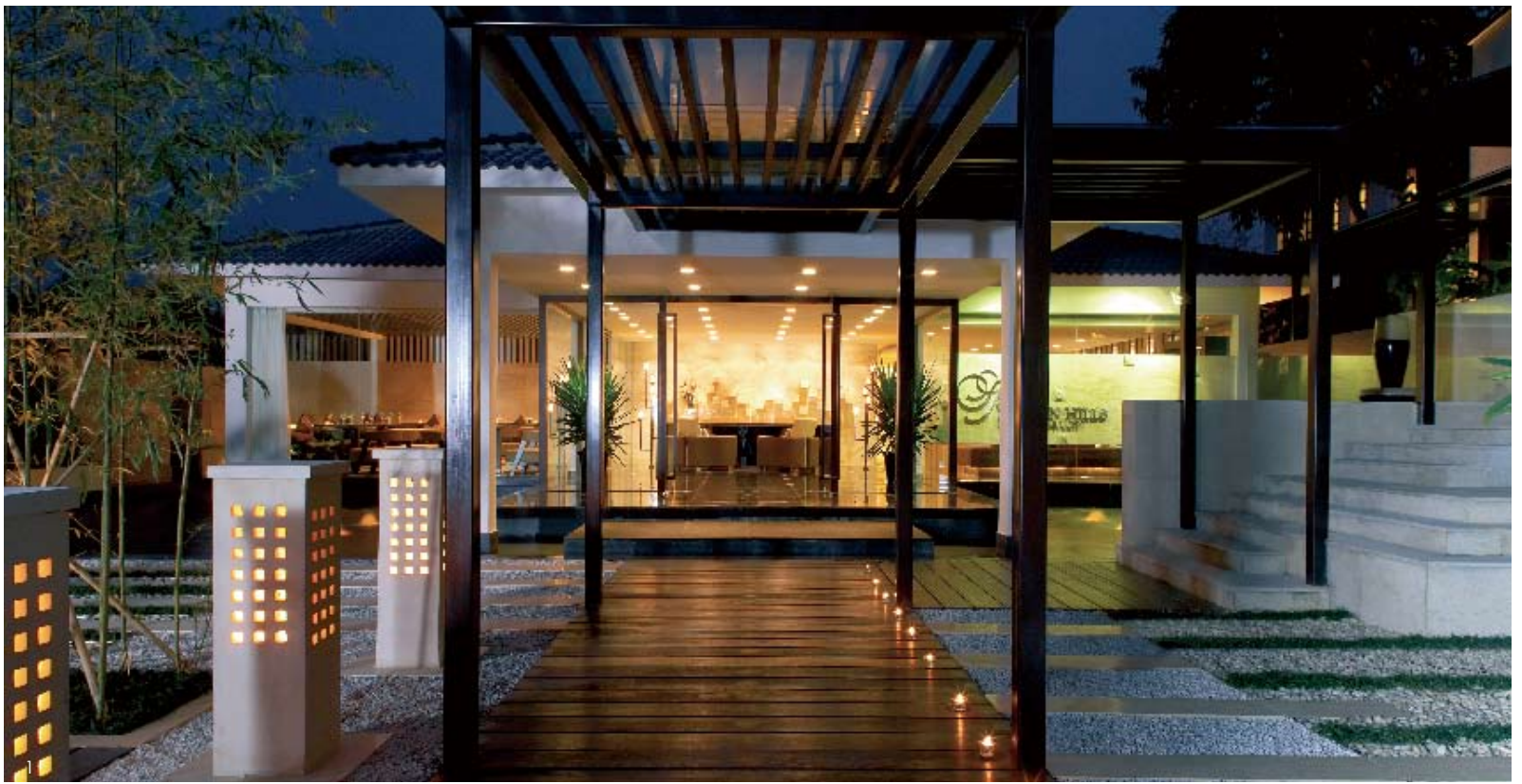


1. Staff area
 2. Stream area
 3. Lounge
1. 员工区
 2. 理疗区
 3. 休息大厅

MARSSAM







Mission Hills Spa – Spring Valley

观澜水疗中心——清泉谷

Location:
Shenzhen, China

Designer:
Joey Ho / Joey Ho Design Ltd.

Photographer:
Ray Lau

Completion date:
2006

项目地点：
中国，深圳

设计师：
何宗宪设计公司

摄影师：
雷·刘

完成时间：
2006

The Spring Valley provides a luxurious backdrop for spa activities. It also amplifies the sensual qualities that complement the whole visual of going to a spa. The spa is designed to blend into the harmonious space where peace meets light.

Spatial arrangement based on pavilions and linkage walkway is adopted for the design to create a "journey" where visitors have to go through a decompression zone to prepare oneself for the upcoming spa experience. The spa design is to invoke the five senses and has to be sensitively orchestrated to heighten one's experience. As one enters this exotically oriental and unique establishment, the reflecting pool with the pavilion-like floating spa café and entrance pavilion fringed by aromatic indigenous trees and plants engage one's senses of sight, sound and smell. The water fountain set behind the reception area gurgles harmoniously to a sort of natural musical arrangement.

Natural soft light pervades the facilities through diaphanous window treatments, illuminating the interiors with a sense of spaciousness and ethereal comfort. It is believed that nature can greatly enrich one's perception and sympathy for beauty. Therefore spa treatment rooms are purposefully geared towards the meditative garden and water features.

清泉谷不仅为游客提供奢华的水疗服务，还提供特色食物，以提升水疗中心的感官质量。水疗中心的设计和周围和谐的环境融为一体。在这里，宁静与光影相得益彰。

设计的空间设置以凉亭和廊桥为基础，形成了一段“旅途”。游客在进行水疗体验之前必须先经过一个减压区进行准备。水疗中心旨在唤醒人们的五种感官，因此必须精心安排才能让人印象深刻。走进这个别具一格的东方庭院，倒影池、漂浮的水疗亭和被芳香植物环绕的门厅唤醒了人们的视觉、听觉和嗅觉。接待区后面的喷泉发出汩汩的流水声，好似一首动听的自然乐曲。

自然柔和的灯光穿透精致的玻璃窗，洒在水疗设施上，让室内空间显得宽敞又舒适。自然可以极大地丰富人的感官和对美的认知。因此，理疗室被设置在与冥想花园和水文设施的旁边。

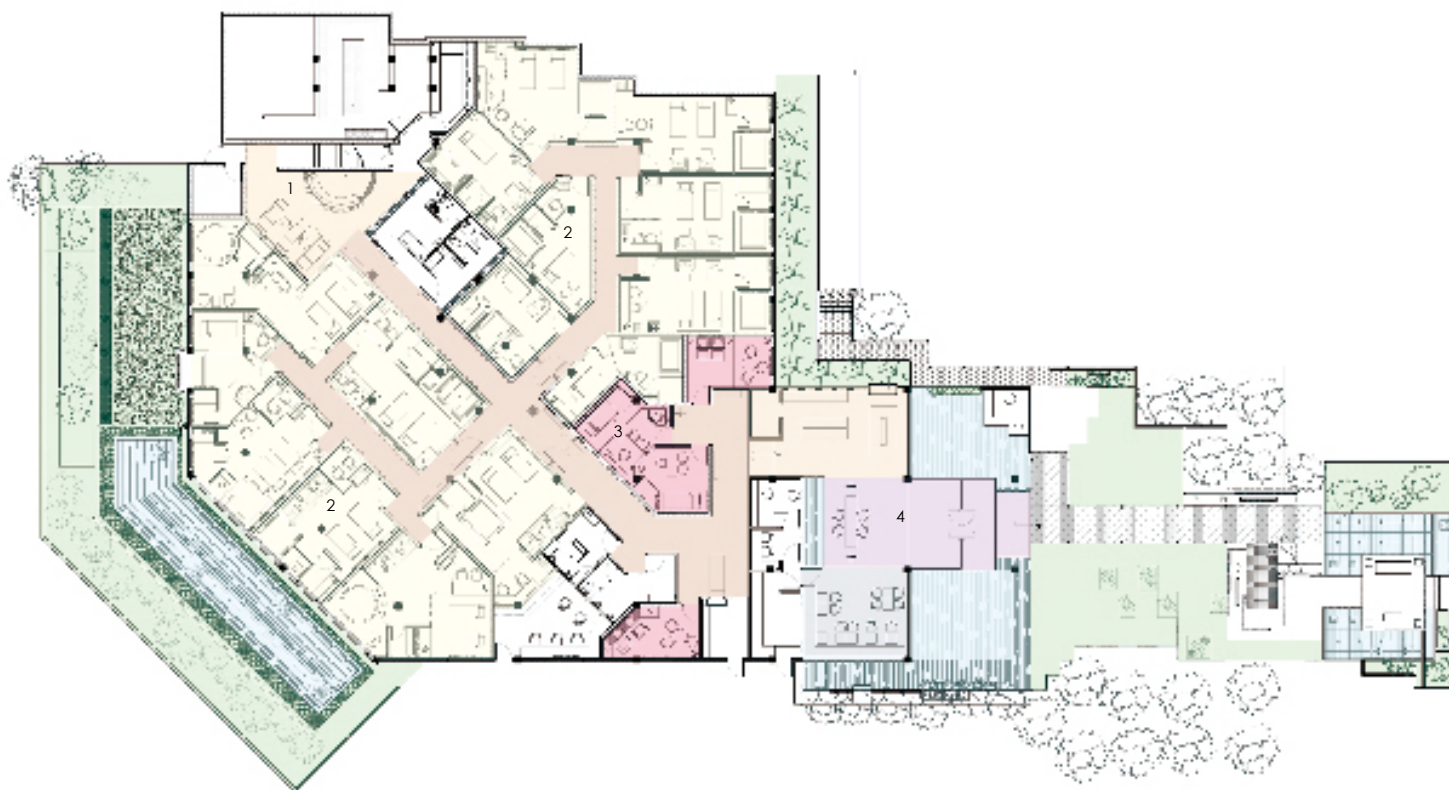
整个空间自由奔放，同时也兼具温馨感和亲切感。各种设计元素的应用只有一个目的——让人转换一个好心情。水疗中心的设计深受东方阴阳学说的影响，营造了一个平和平衡的环境。



- 1.The guests prepare themselves for the "journey" before the spa
- 2.The lighting design makes the interior space comfortable and peaceful
- 3.The delicate night scene
- 4.The public treatment room
- 5.The delicate wall decoration in the treatment room
- 6.One can enjoy natural atmosphere in the treatment room
- 7.The bathtub and massage bed in the private treatment room
- 8.The detail design is unique

1. 顾客在水疗之前的“旅途”中先为减压做准备
2. 灯光设计让室内舒适而宁静
3. 精致的夜景设计
4. 公共理疗室
5. 理疗室精致的墙面装饰
6. 理疗室可以呼吸到自然气息
7. 独立理疗室的浴缸和按摩床
8. 细节设施设计独特

The perception of space exudes freedom, yet warmth and intimacy are not far off. Elements are incorporated into this creation solely designed to inspire changes of mood. Influenced by yin-yang oriental beliefs, the spa is about creating an environment of peaceful equilibrium.



1. Relaxation room
2. Treatment room
3. Products area
4. Reception

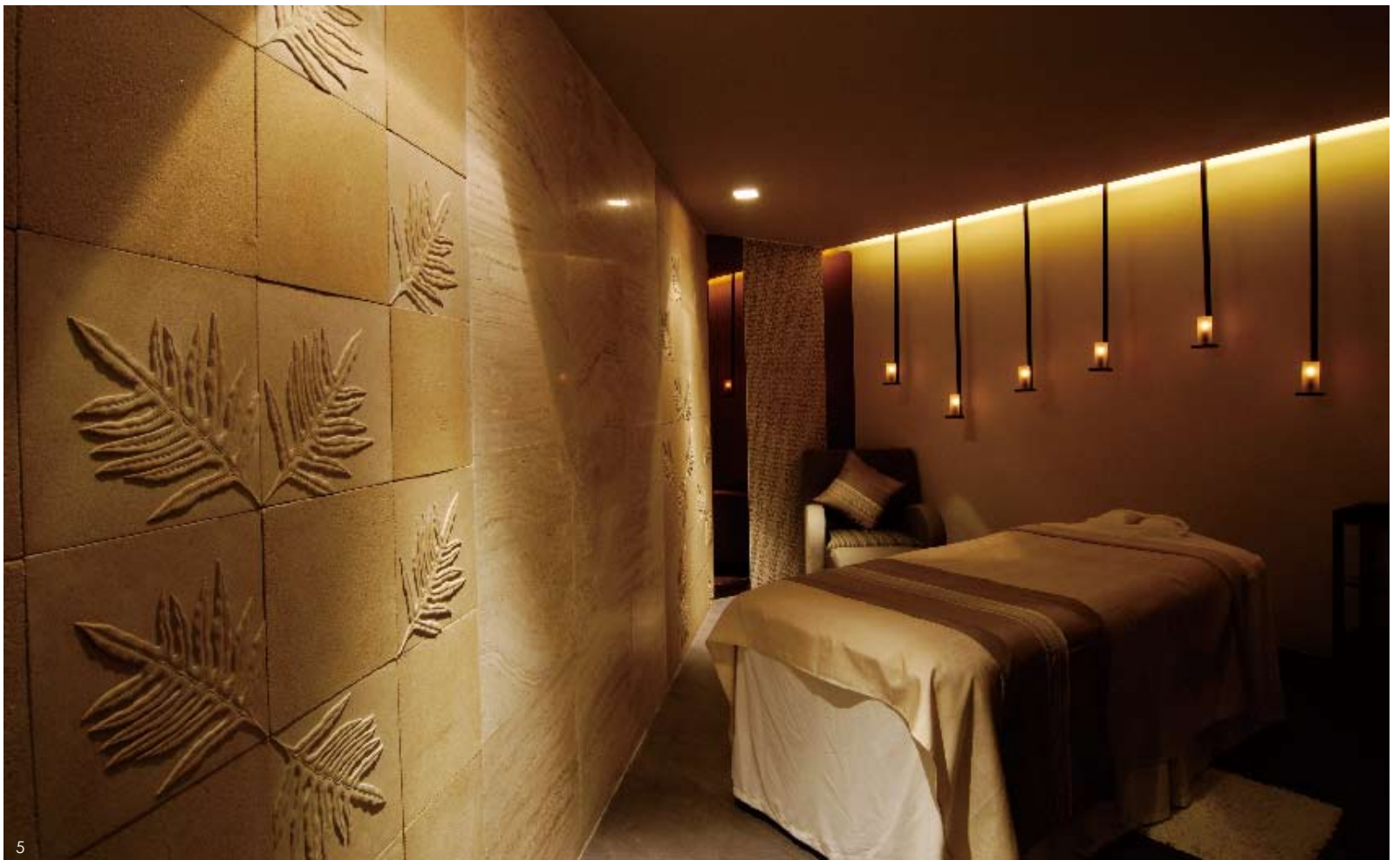
1. 休息室
2. 理疗区
3. 产品区
4. 接待处



3



4





7



8



Spa by MTM Shanghai

MTM水疗中心

Location:
Shanghai, China

Designer:
Patrick Leung

Photographer:
Bao Shi Wang

Completion date:
2008

项目地点:
中国, 上海

设计师:
梁景华

摄影师:
Bao Shi · 王

完成时间:
2008

A principal of Minimalism Aesthetic, the space design emphasizes on extreme leisure and comfort, providing an experience of a journey from body relaxation to soul touch. This brand Spa by MTM achieved the successful business in Hong Kongs first branch. The booming development of spa business extended to Mainland China. Thus the retail design inspiring a contemporary natural artistic approach is the extension of the brand concept into a new branch in Shanghai.

The shop is located on the whole floor with total 2,000 sqm. Space is invisible, integrated with the function of spa through the natural elements, and creates a sense of chic, comfort and silence. Concerning the spread of Line, curved wood stripes extend from main lobby to every spa treatment room. An arc ceiling or stripe partition enhances the beauty of peace. Prime material wood with curved shape expresses a unique architectural form in a perfect art craft.

After departure from the lift lobby, there is a reception table made of black glass and marble contrasting with the white bright lobby. To produce a welcoming and pleasant environment, seating layout sets beside at the corner of the green wall. A quiet moment is well issued by simple woodcarving art. White is the main colour tone for pureness, freshness and nature ingenuity match with green as the cheerful touch tone. Moreover, subtle

近年来, 随着水疗中心在大陆的不断发展, MTM美容店顺应这一趋势, 将其引入进来, 使其成为品牌的一部分。MTM水疗中心的设计是简约美学风格的代表, 注重强调休闲性与舒适度, 为顾客带来愉悦身心的独特旅程。

美容院占据整层空间, 总面积达2,000平方米。水疗中心内通过充分运用自然元素, 营造了时尚、舒适、恬淡的氛围。弯曲的木条结构从大堂一直延伸到每间理疗室, 拱形的天花及隔断更突出了空间内幽静的美感。同时, 木材与弯曲形状的巧妙结合更是从艺术创作角度诠释了建筑形式。

接待台由黑色玻璃和大理石材质打造, 紧邻电梯间, 与白色的大堂形成鲜明对比。一面绿色的墙壁旁摆放着座椅, 带来了温馨友好的气息。灯光经过精心设计——大堂内光线明亮, 走廊内则低沉昏暗。

此外, 这里共有13间单人理疗室和2间双人理疗室, 每间都安装卫浴设备。柔和的色调与简洁的屏风使得空间更加整齐和谐, 精致的细节让顾客尽情享受。

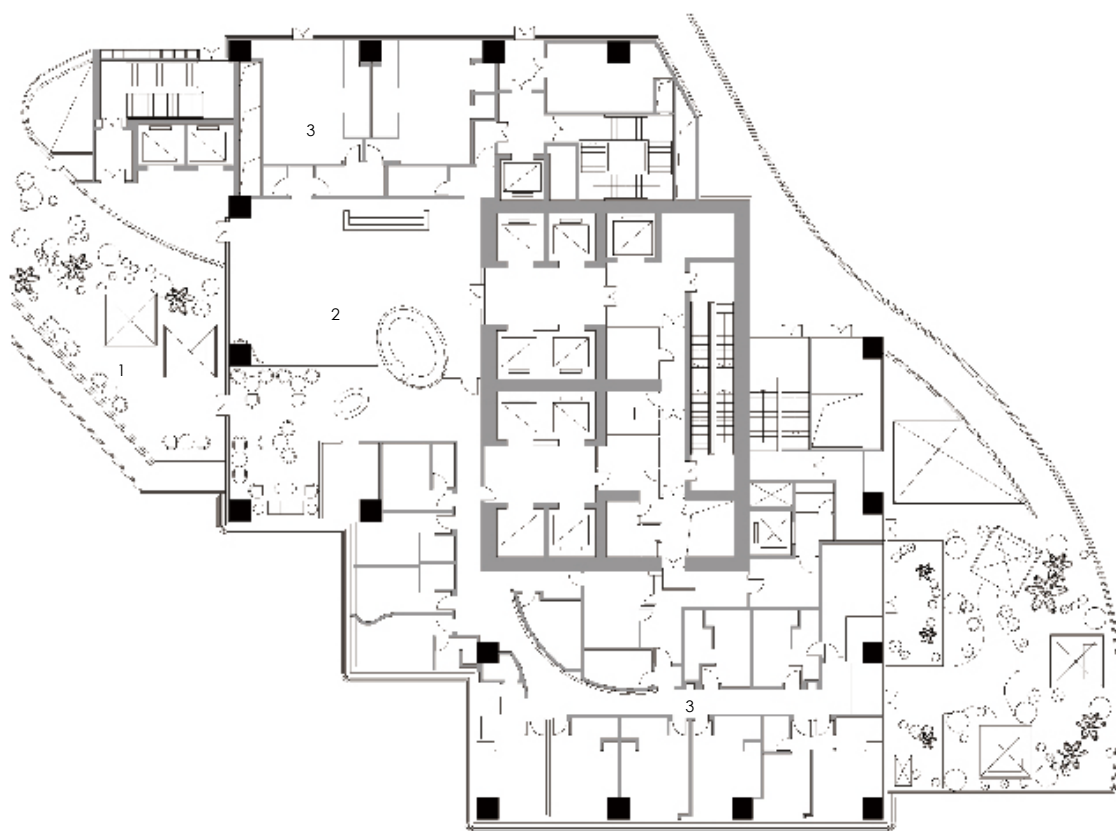


- 1.The natural elements are used in interior decoration
- 2.The curved wood line extends from the lobby to every treatment room
- 3.The quiet treatment room
- 4.The reception in black marble contrasts with the white lobby
- 5.The soft and mysterious lighting design
- 6.The treatment room
- 7.The benches in the corridor

1. 室内装饰充分利用自然元素
2. 弯曲的木条结构从大堂一直延伸到每间理疗室
3. 幽静的理疗室
4. 黑色大理石的接待台与白色大厅形成鲜明对比
5. 灯光设计柔和而神秘
6. 理疗室
7. 走廊布置的座椅

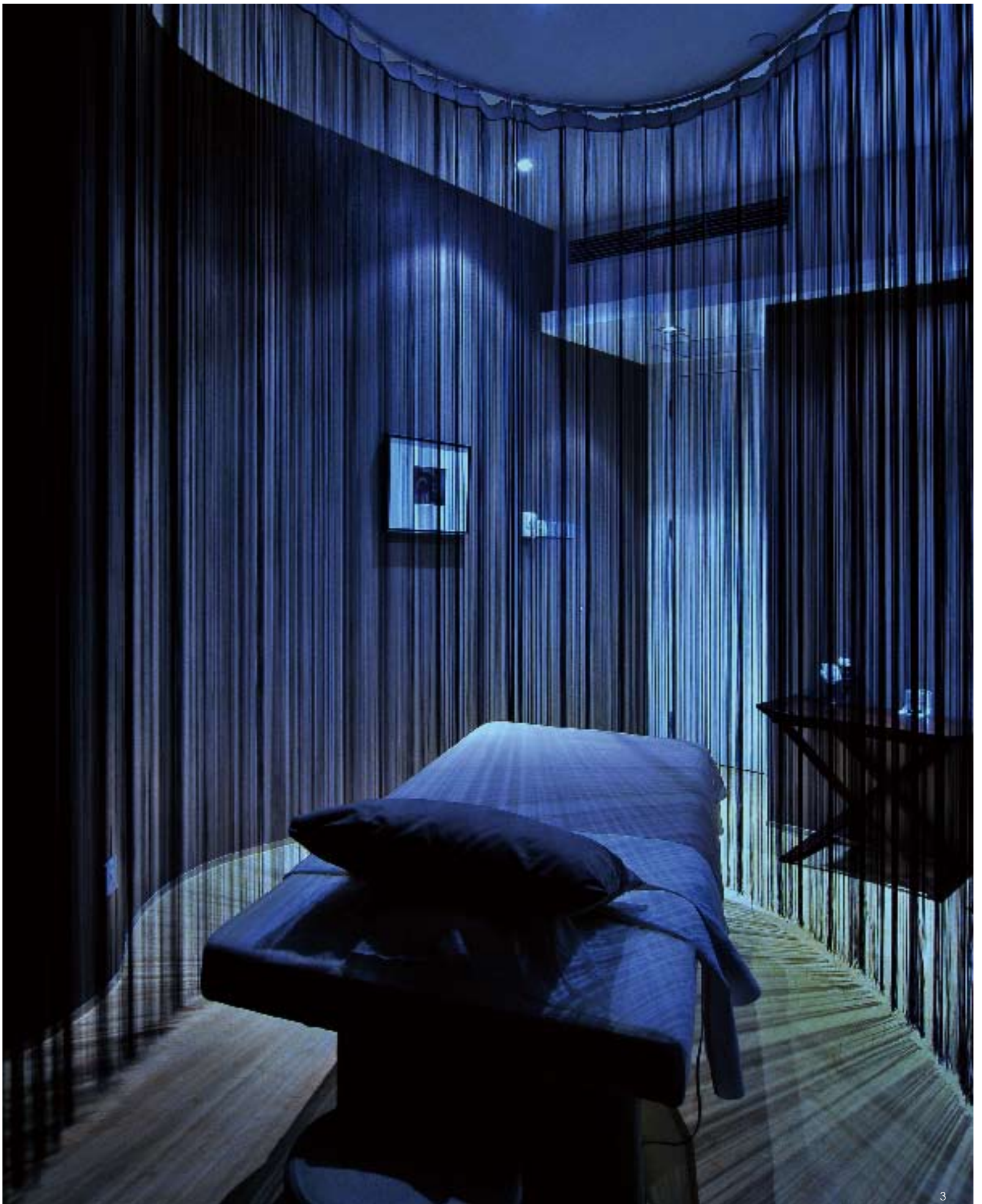
application of lighting provides an attentively consideration from bright lobby switching dim light to the corridor for its serene refinement. The curved dim pathway with two-side wood stripe partitions imagines that a client desires the placid mood.

There are 13 single and 2 dual treatment rooms giving privacy for clients with real sensation. Every room provides sanitary ware, while some special rooms provide Jacuzzi facilities. With soft colour scheme, simple screen adds to the space more cleanliness and harmony. The dedicate details serve clients for the meticulous spa enjoyment.



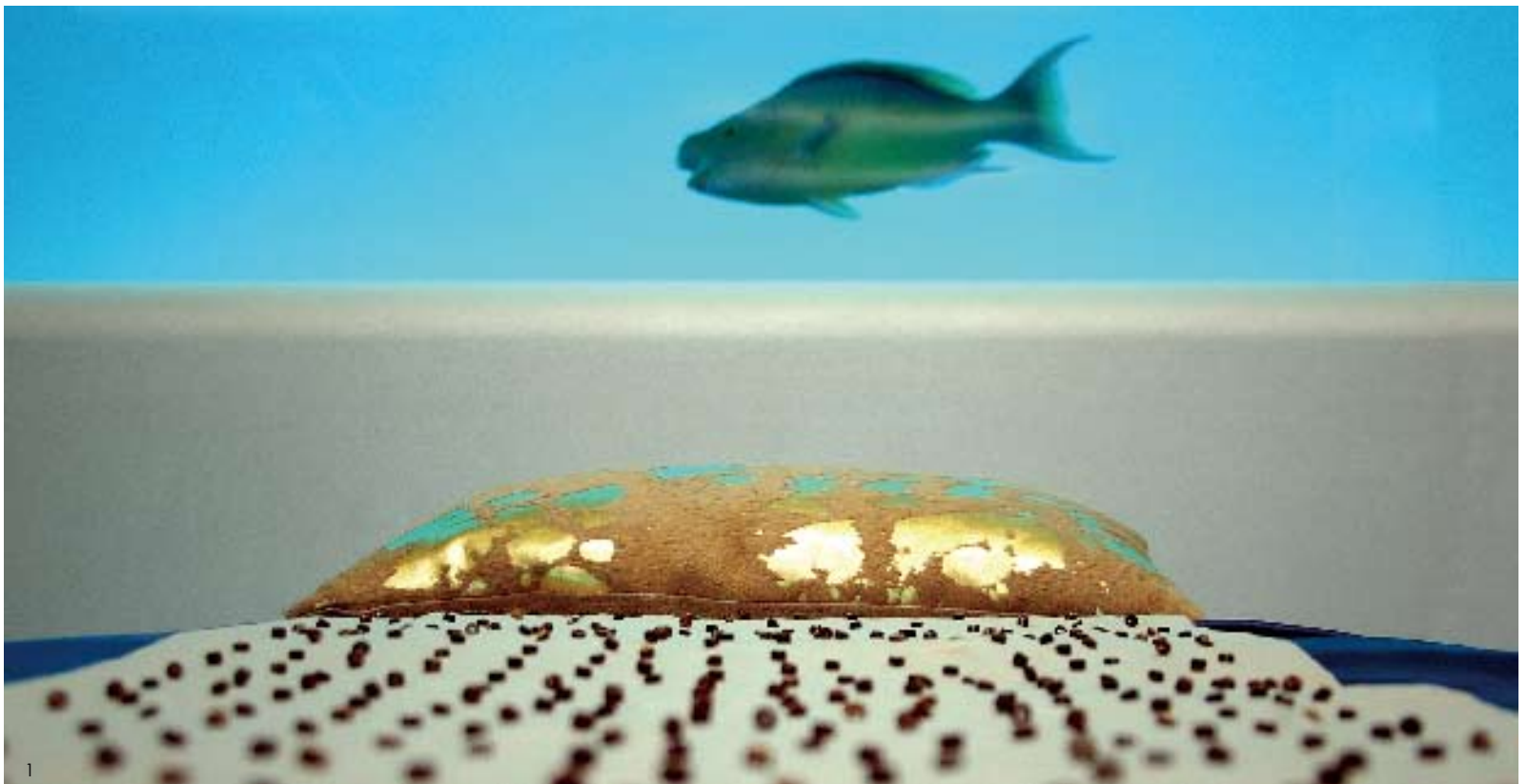
1. Relaxation area
2. Reception
3. Treatment room

1. 休闲区
2. 接待处
3. 理疗室









The World's First Underwater Spa

世界首个水下水疗馆

Location:
Maldives

Designer:
Richard Hywel Evans Architecture & Design Ltd.

Completion date:
2009

项目地点：
马尔代夫

设计师：
理查德·哈维·埃文斯建筑设计公司

完成时间：
2009

The underwater spa, which forms part of the luxury Huvafen Fushi Resort in the Maldives, comprises two treatment rooms and a separate relaxation area with mind-blowing views under the Indian Ocean. The \$180,000 redesign of the interior creates the boldest and most sensory appealing spa in the world.

Guests enter the underwater spa along a passageway lit with colour-changing lights in the ceiling to enhance the overall sensory experience. Once inside, reconfigurable sliding walls allow the space to be opened up to make the most of the spectacular views or closed to create a more intimate space for treatments. The transformation also includes lifting the interior wall colour from a light wood to a double curvature organic form, installing a stretch Barisol ceiling and replicating the sea floor by laying blue resin-bonded pebble tiles under the foot.

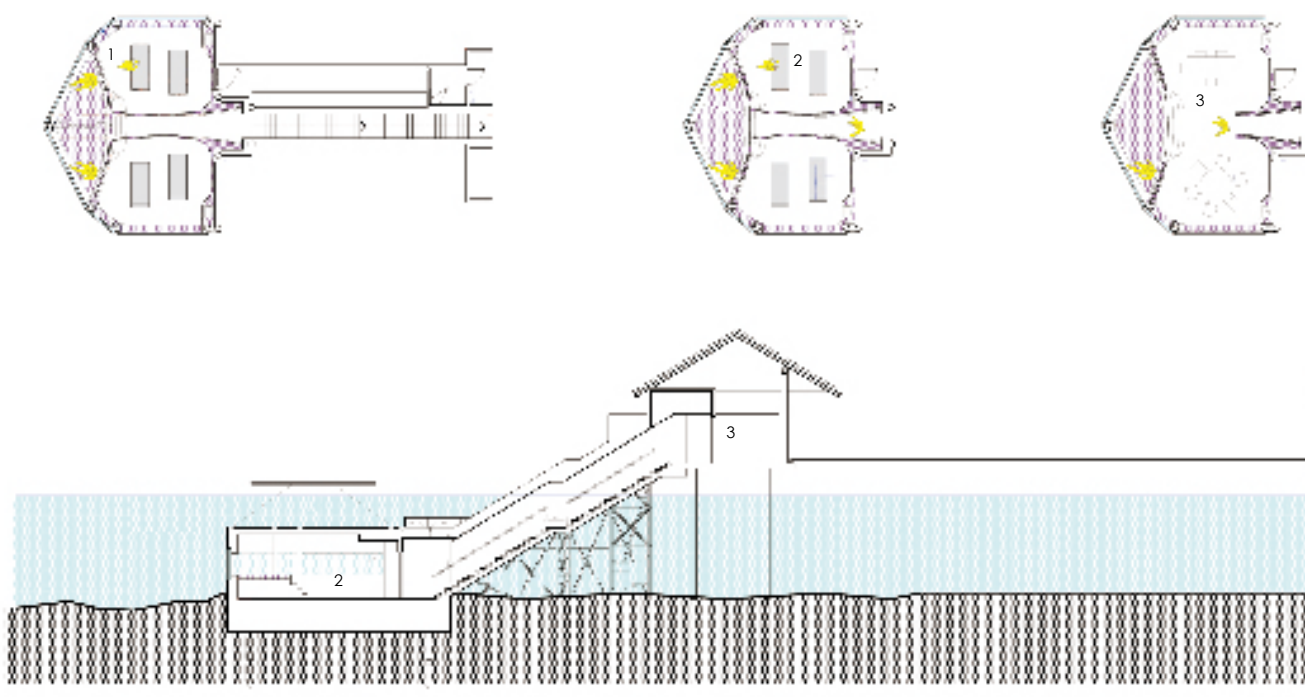
这个水下水疗馆也是豪华的芙花芬度假胜地的一部分。它由两间诊疗室和一个独立休闲区组成，在这里人们可以看到印度洋水下令人兴奋的景色。耗资18万美元的室内设计创造了世界上最大胆的、最吸引人感官的水疗馆。

客人通过通道进入水下水疗馆。从入口到内部的通道顶棚是不停变换的彩灯，给人以全新的感官体验。走入里面，可重组的滑动墙可以让空间展开，让客人看到最壮观的景色，也可分隔出更私密的空间。室内墙的颜色还可以从轻质木材转换成双层、弯曲的有机外形。顶棚由Barisol轻柔的发光材料制成。为了重塑海底世界，地面铺了蓝色的仿鹅卵石树脂。



1. Fishes are swimming before your eyes
2. The spa entrance on the ground
3. The interior design resembles the underwater view
4. It feels like an underwater palace
5. Schools of fish are swimming near the windows
6. Every fish can be seen clearly
7. The use of glass makes the spa a crystal palace

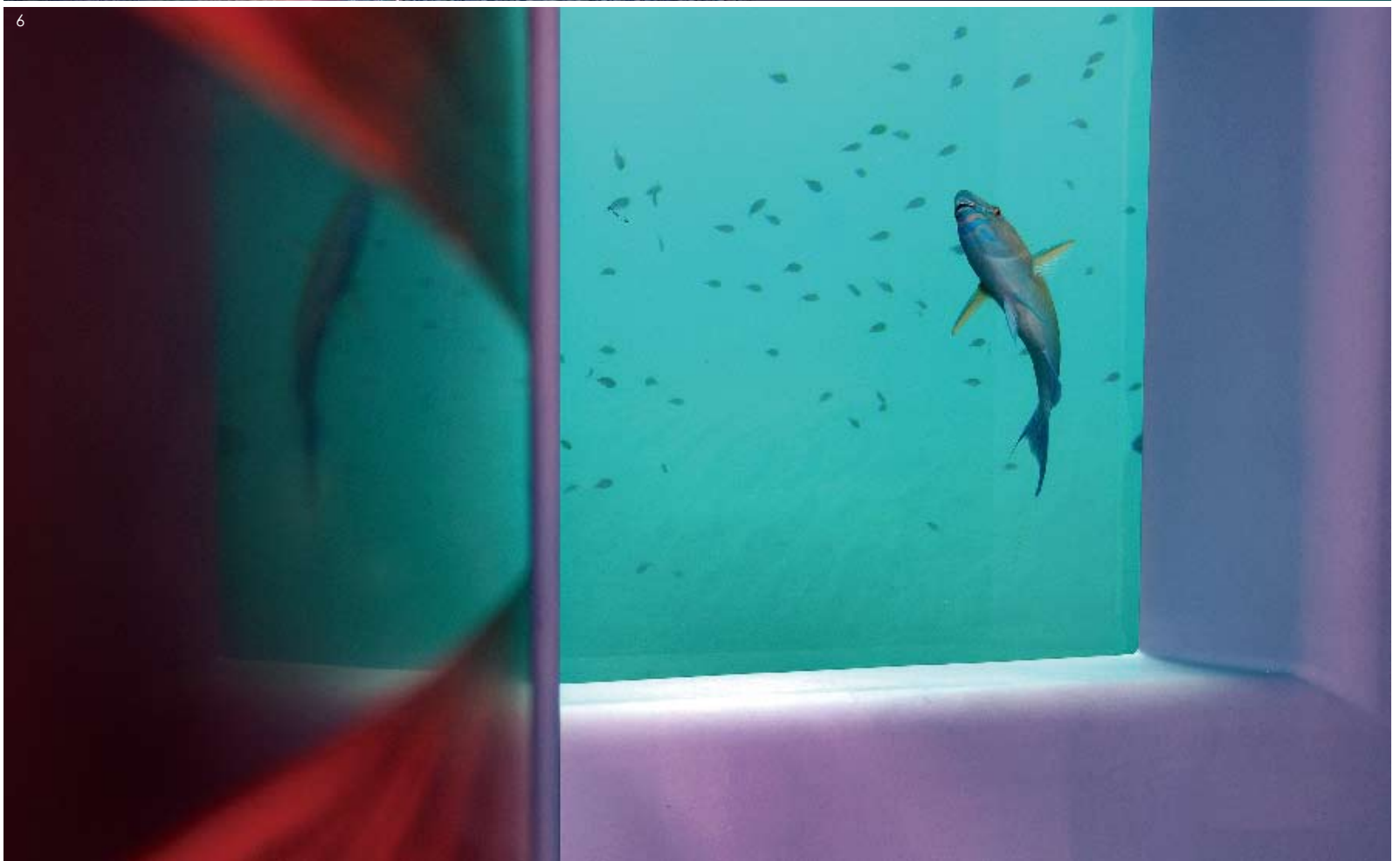
1. 鱼在眼前游弋
2. SPA地上入口
3. 室内布置也极尽海底特色
4. 如同置身海底宫殿
5. 窗边有游动的鱼群
6. 可以清晰看到每条鱼的姿态
7. 玻璃材质运用，如同水晶宫



1. Relaxation area
2. Treatment room
3. Reception

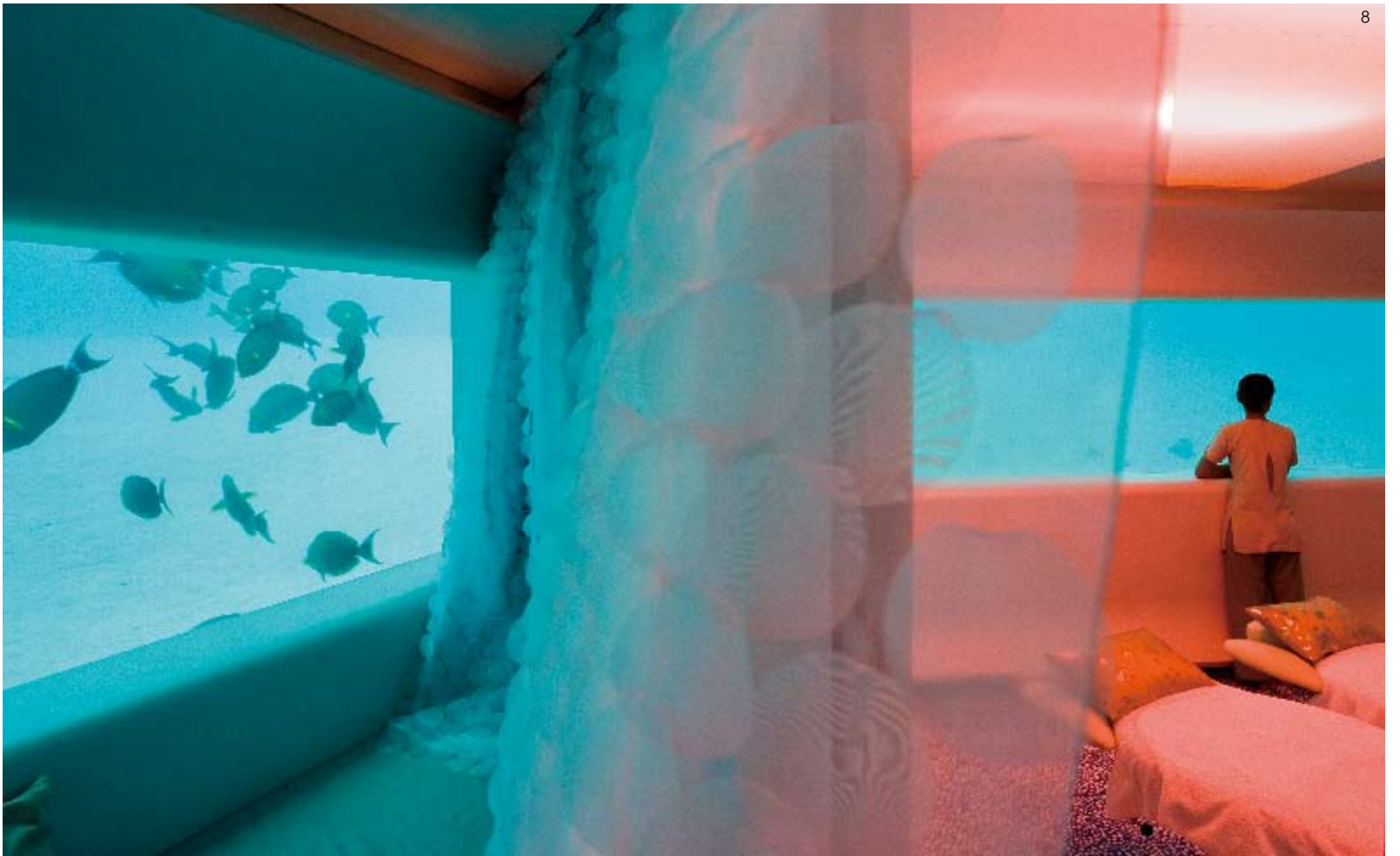
1. 休息处
2. 理疗室
3. 接待处







7



8



Shinsegae Centum City Spaland

新世界百货城水疗中心

Location:
Busan, Korea

Designer:
Hashimoto Yukio Design Studio Inc.

Photographer:
Nacasa and Partners Inc.

Completion date:
2009

项目地点:
韩国, 釜山

设计师:
桥本由纪夫设计公司

摄影师:
Nacasa公司

完成时间:
2009

This spa is in the commercial complex, Shinsegae Centum City. Shinsegae – one of the three biggest Korean department stores created the biggest scale shopping complex in Asia, and Spaland is inside the complex. The designers achieve to create extraordinary resort space with theme of "Relax & Enjoy" using "water", "light" and "natural materials" to symbolise the richness of the nature of Busan.

Spaland consists of two floors. The ground-floor lobby is a dynamic space with wooden columns, pendants, indirect lighting and flowing water from the ceiling. Guests receive spa-wear and head to the bath area through each locker rooms. The bath area has natural hot spring bath, and for ladies, there are outside hot spring also. Making the most of its high ceiling, they used curved lines and curved surfaces.

Guests can enjoy co-ed area if they go through the atrium after changing their clothes to spa-wear. Outside the footbath has circle shape luminous ceilings, which looks as if the object is continuously floating. Jjimjilbang area has water basin, lantern as if the guests feels they are in a different country resort. Jjimjilbang has twelve kinds of rooms. "Hanjungmak" has indirect lighting to create a modern feeling. "Rock salt room" is full of piled-up bricks of rock salt and lighting behind. Guests can also enjoy in other rooms with various characters and effects.

水疗中心坐落在新世界百货城。新世界百货是韩国三大百货公司之一，打造了亚洲最大规模的购物综合体。设计师以“放松和享受”为主题，用“水”“光”“自然材质”象征着釜山的自然环境，打造了一个无以伦比的度假空间。

水疗中心有两层楼。一楼大厅布置着木质圆柱、吊灯、间接照明和流水，是一个充满活力的空间。客人在更衣室换上水疗服，走进水疗区。水疗区有天然温泉浴池，女士洗浴区还有室外天然温泉浴池。为了最大限度地利用高大的天花板，设计师采用了弧线形线条和墙面。

客人换上理疗服，经过中庭，就到了男女混合区。足浴池外面是圆形发光顶棚，让人感觉周围的物体一直在漂浮。热疗区有水池和灯笼，让客人感觉置身于异域的度假村。热疗区有12种理疗室。“汗蒸室”的间接照明营造了一种现代感。“岩盐室”里堆积了很多岩盐块，采用背后照明。其他的理疗室也各具特色，任由客人挑选。

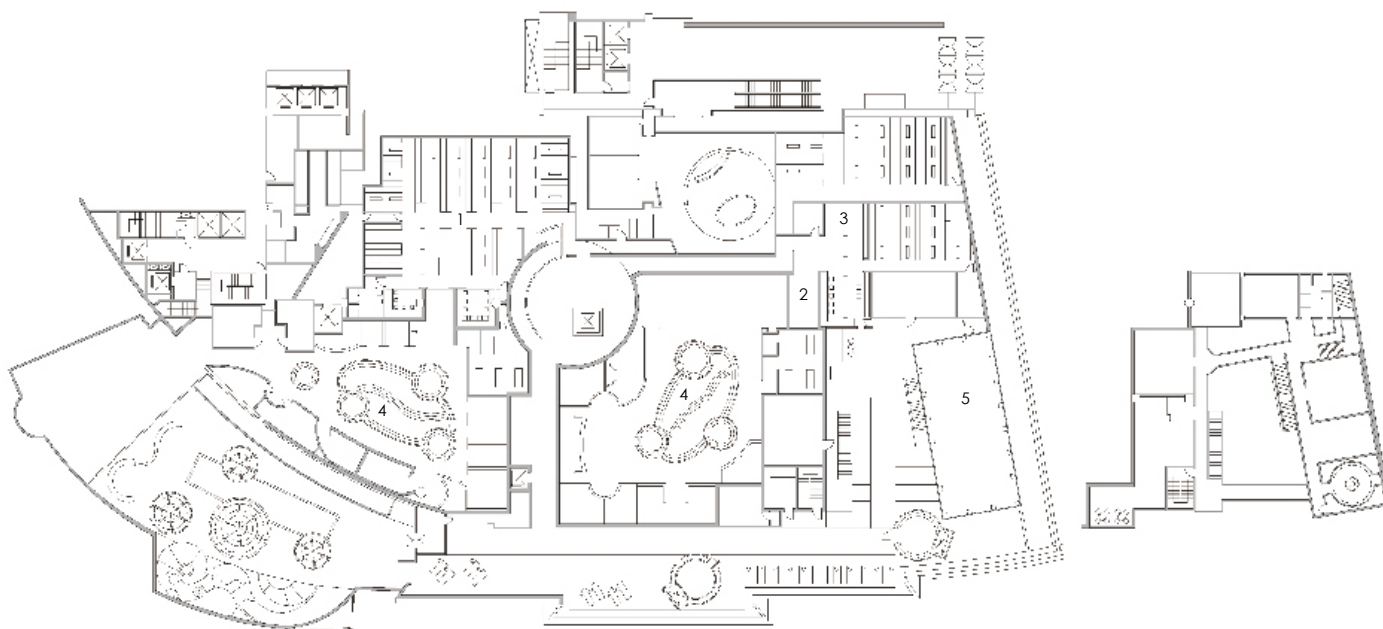
水疗中心的二楼是咖啡厅、餐厅、VIP室、休息室、DVD放映室、商务中心、健身房和美容沙龙。水疗和热疗之后，客人可以在此就餐、观看电视、享受美容按摩和其他很多休闲娱乐项目。



- 1.The wide interior corridor
- 2.The bath pool
- 3.The warm lighting design provides an exotic feeling
- 4."Rock salt room"
- 5.Here guests can enjoy full relaxation
- 6.The circular bath pool
- 7.The graceful interior environment

1. 宽阔的室内走廊
2. 浴池
3. 温暖的灯光设计让客人如同在异域度假
4. “岩盐室”
5. 在这里客人可以充分放松身心
6. 圆形的浴池
7. 优雅的室内环境

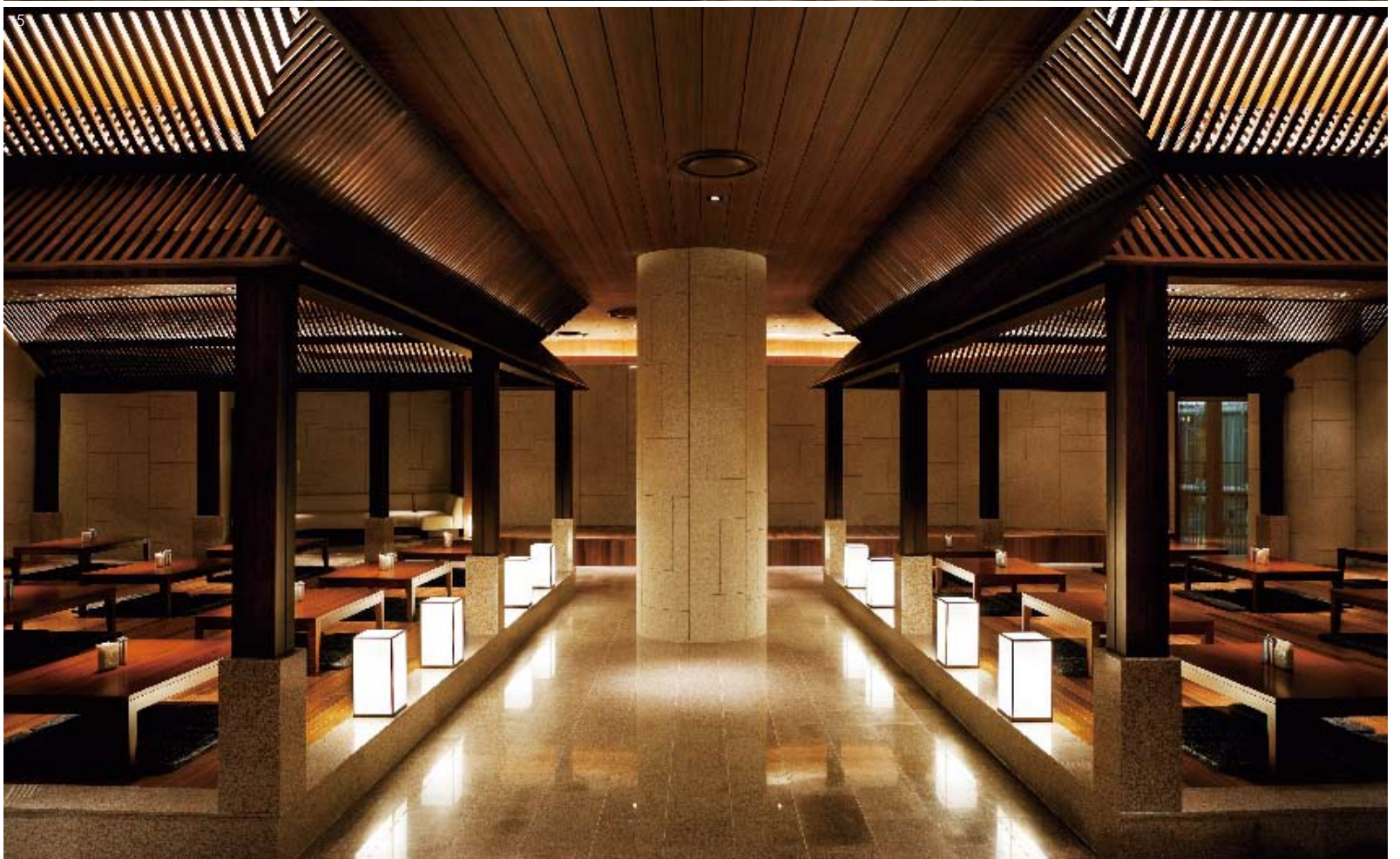
On the 1st floor, there are a café, a restaurant, a VIP room, a relaxation room, a DVD room, a business centre, a fitness studio and an esthetic-salon room. Guests can experience dining, watching TV at the relaxation room, having esthetic massage, and lots of other relaxation functions after they enjoy the bath and Jjimjilbang.



1. Female dressing room
2. Male dressing room
3. Hair salon
4. Bath pool
5. Lounge

1. 女更衣室
2. 男更衣室
3. 美发沙龙
4. 浴池
5. 大厅









MAVIDA Balance Spa

玛维达均衡水疗馆

Location:

Salzburg, Austria

Designer:

Niki Szilagyi, Evi Märklstetter

Photographer:

Niki Szilagyi

Completion date:

2008

项目地点:

奥地利, 萨尔茨堡

设计师:

尼基·斯拉格伊, 艾维·马克莱斯特

摄影师:

尼基·斯拉格伊

完成时间:

2008

The holistic concept behind the MAVIDA Balance Spa aims to create a sense of "flowing privacy", a homogenous space that always places the individual at the centre. Located in the splendid mountain landscape near Austria's Lake Zell and affording views of snowcapped Alpine peaks, the MAVIDA is the destination for wellness and recuperation. Its inviting understated modern design not only generates an atmosphere of relaxing elegance, but is sensitively implemented to promote inner balance.

The real peace takes place in the stunning state-of-the-art spa. Here massive blocks of slate create a dramatic backdrop for ultimate relaxation in a wide array of treatments and services: recharge in one of many saunas, relax in the floatation, rejuvenate in a "blue box" with special light and sound techniques, or refresh near the new 25-metre-long outdoor pool. Then they can walk to the resort's private lakeside beach, watch the sunset over the glassy water, and experience a sublime natural calm.

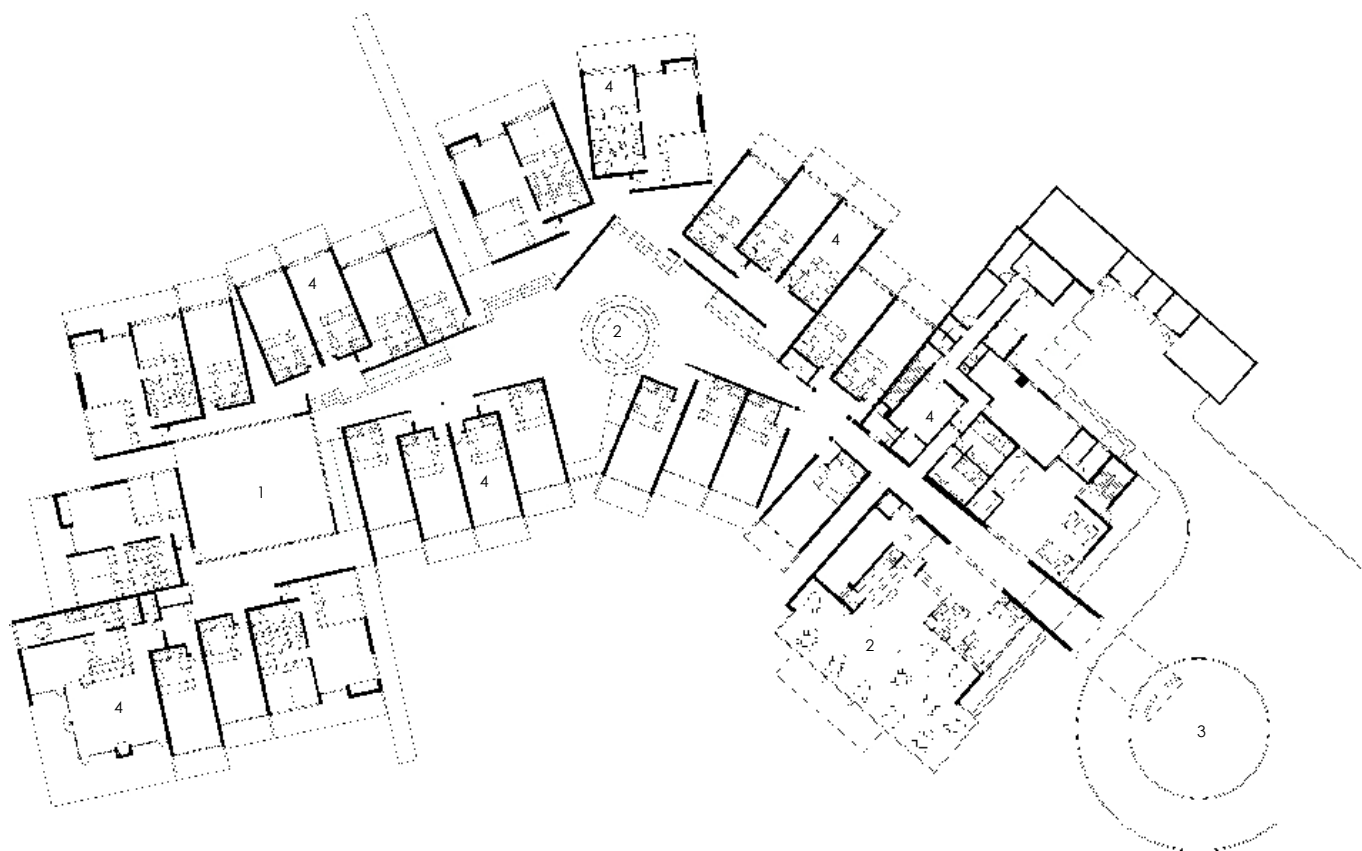
玛维达均衡水疗馆整体概念是营造一种“流畅的私密感”，始终以人为本。玛维达均衡水疗馆坐落在奥地利美丽的塞尔湖畔，可以远眺阿尔卑斯山的雪顶，坐拥湖光山色。宜人而低调的现代设计不仅营造了一种轻松优雅的氛围，同时也提升了室内的平衡感。

极具艺术感的水疗馆充满了平静感。巨大的石板营造出夸张的效果。人们可以在水疗馆享受一系列的理疗服务：在桑拿房里恢复精力，在悬浮中放松，在具有特殊光影效果的“蓝盒子”里重获新生，或是在25米长的泳池里恢复精神。还可以漫步到度假村的私人河岸上看夕阳，感受自然的庄严和宏伟。



- 1.The lounge
- 2.The comfortable chairs and tables
generate home-like warmth
- 3.The bath pool
- 4.The delicate hall
- 5.The bath pool
- 6.The warm relaxation area
- 7.The treatment room provides
courteous service

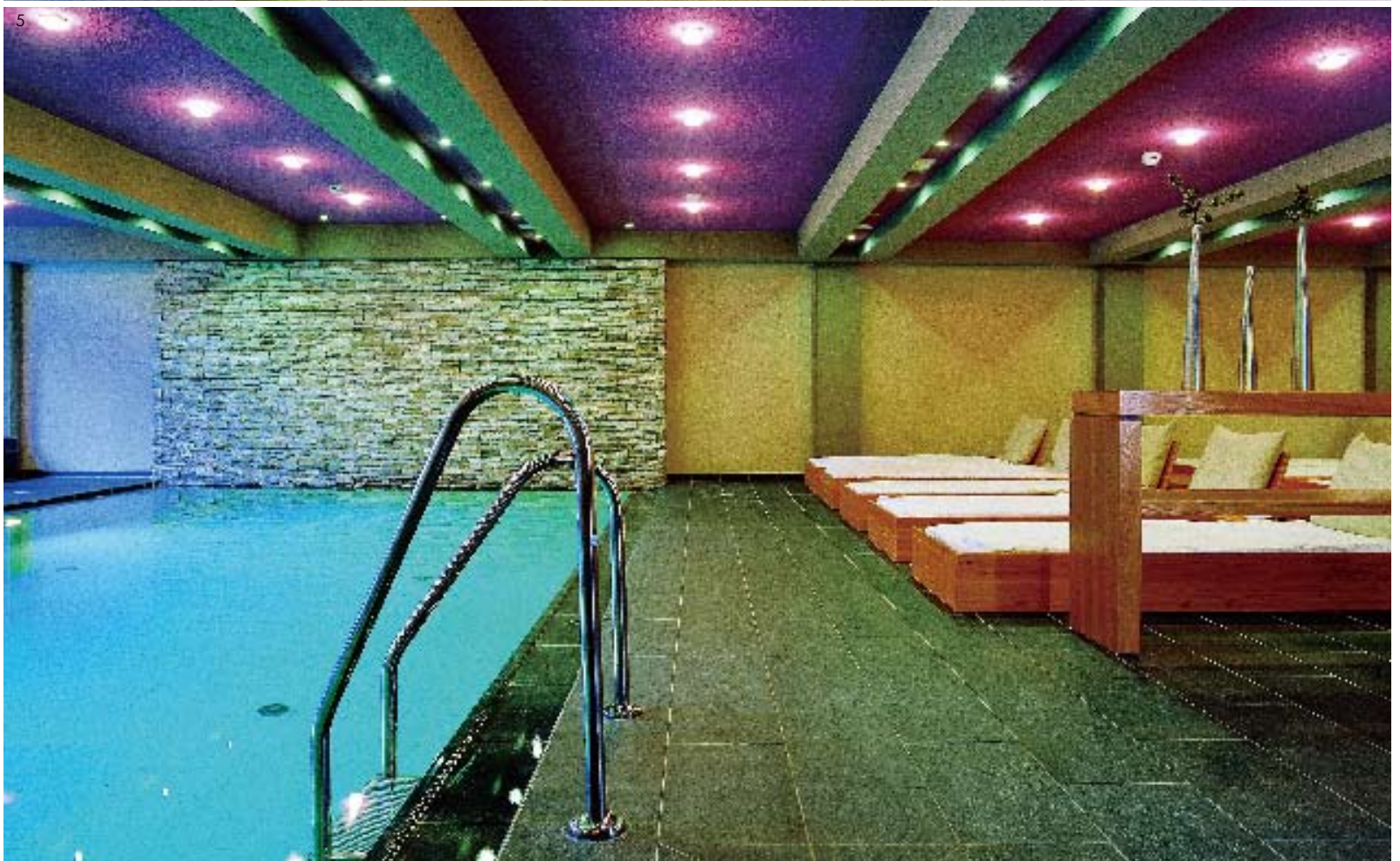
1. 大堂休闲区
2. 舒适的桌椅温暖如家
3. 浴池
4. 精致的大厅
5. 浴池
6. 温暖的休息区
7. 服务周到的理疗室



1. Bath pool
2. Lounge
3. Outdoor bath pool
4. Treatment room

1. 浴池
2. 休息大厅
3. 户外浴池
4. 理疗室







6



7



Celebrity Solstice – AquaSpa

名至水疗馆

Location:
Miami, USA

Designer:
RTKL Associates Inc.

Photographer:
Patricia Parinejad

Completion date:
2008

项目地点：
美国，迈阿密

设计师：
RTKL联合公司

摄影师：
帕特丽夏·帕林加德

完成时间：
2008

More than five years ago, Celebrity Cruise Lines set out to develop a new class of vessel that would differentiate and position the company at the forefront of not only the cruise industry, but the hospitality world. Launched in 2008, Celebrity Solstice – designed to accommodate 2,850 passengers – creates an intimate and personalised hotel-like experience with the comforts and amenities of a land-based experience at sea.

Of the ship's diverse spaces, one of the most stunning is the two-level, 30,000-s.f spa and solarium, a dynamic combination of form and function. Operating under a nationally recognised brand, the spa is one of the largest at sea, featuring 17 treatment rooms, a treatment suite, a thermal suite with two steam rooms, heated loungers with panoramic views, a full-service fitness centre, and relaxation lounge beds.

The design's colours and textures make reference to the Greek Isles. Deep blues and crisp whites – ocean-inspired colours – define the waiting areas and treatment rooms. Intricate mosaic tile patterns covering the walls and floors and a collection of heated lounge chairs feature varying combinations of the blue and white colour scheme and call to mind the serenity of a Mediterranean villa. For the more social hair and nail salon, RTKL selected a palette of bright fuchsias to accent the white

五年前，名人游艇俱乐部打造了一条全新的游轮，走在了游轮产业的前沿的同时开辟了新的服务领域。名至水疗馆落成于2008年，可同时容纳2,850名乘客，以独特舒适的酒店环境而备受青睐，让人在海上感受陆地的感觉。

水疗馆作为整艘游轮最完美的空间，总面积为2,787平方米，在设计上实现了形式与功能的动态结合。同时，名至也是最大的海上水疗馆之一，包括17间治疗室，一间理疗套房，一间蒸汽套房（带有两间蒸汽房），全功能健身中心以及休闲床。

水疗馆的色彩及结构理念源于希腊群岛风格。等候区及治疗室以深蓝色及白色为主，错综复杂的马赛克图案装饰着墙壁与地面，蓝白相间的座椅别具特色，让人禁不住感觉到置身于地中海别墅内。在美发美甲沙龙内，设计师特别选用紫红色装饰，为以黑白为主的空间增添了一抹亮丽。古典风格的楼梯将上下两层连接，同时也为往返于治疗室之间的客人们提供了一个独特的路标。

此外，设计师同游轮的建造者们密切联系，通过对材料及建筑形式的创新运用打造了一系列别具一格的空间。水疗馆的每一寸空间都可以堪称是艺术和功能的完美体现，运用细节提升顾客的体验，同时开创了游轮产业的新领域。

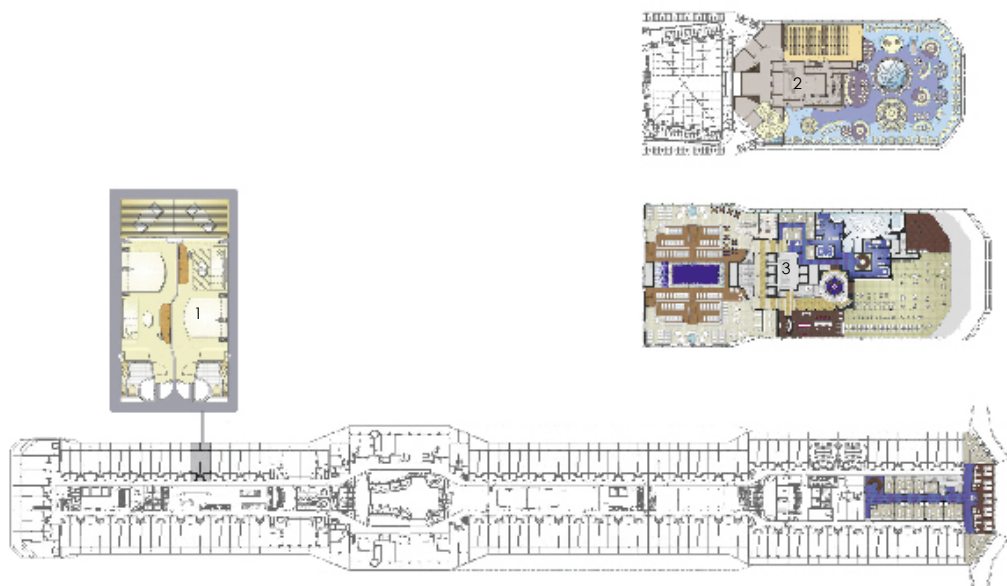


- 1.The treatment rooms are decorated with blue-flower patterns
- 2.The detail design of the massage beds and the wall
- 3.The interior colour is bright and warm
- 4.In the hair and nail salon, the palette of bright fuchsias accents the black and white interior space
- 5.The lounge
- 6.The elegant treatment room
- 7.The products area

1. 理疗室用蓝色花朵图案作装饰
2. 按摩床和墙面细节设计
3. 室内色彩明亮而温暖
4. 美发美甲沙龙内的紫红色装饰，为以黑白为主的空间增添了一抹亮丽
5. 大厅休息区
6. 优雅的理疗室
7. 产品区

walls and dark wood millwork. A monumental circular stair connects the spa's two levels, simplifying navigation and creating a sense of orientation for guests as they move between treatments.

RTKL worked closely with the ship's builders to create striking spaces that feature innovative use of materials and architectural forms. Every inch of the spa offers both artistic and functional expression, ensuring that each detail not only elevates the guest experience but sets a precedent for the cruise industry.



1. Typical treatment room
2. Lounge
3. Spa

1. 典型理疗室放大
2. 大厅
3. 水疗







6



7



Atomic Spa Suisse

原子水疗馆

Location:
Milan, Italy

Designer:
Simone Micheli

Photographer:
Jürgen Eheim

Completion date:
2009

项目地点：
意大利，米兰

设计师：
西蒙内·米凯利

摄影师：
茱恩·艾因姆

完成时间：
2009

This space possesses its personal identity independently of the hotel. The reception desk which is perfectly white and shiny gives us a warm welcome thanks to the multicolour backlighting and round shapes – it introduces us to the future world, the new enchanted world we are approaching by chasing a dreamlike and visionary Alice in Wonderland.

A round porthole which represents an eye on the future whispers us to get ready for a new experience, to raise our emotional antennas and prepare ourselves to perceive new and unpredictable sensations. From the full-length window which separates this area from the relaxation area we can glimpse through the screen printings a breathtaking display of lights and reflects, an outstanding array of plastic surfaces which strikes our senses and make them vibrating in awe. In the same way as an expert film director can convert experience into memory by increasing wait and desire following an ascending climax by means of a narrative rhythm pattern, Architect Simone Micheli diverts our attention from the sight of the incomplete central space in order to draw our attention along a long and narrow passage, a sort of emotional ascent towards the edge of sensory experience. This amazing trip is accompanied by luminous floating windows where products are exhibited on one side, while on the other side the acidated glass entrance doors of the treatment cabins are located.

原子水疗馆独立于其所处的酒店，拥有自己独特的风格。白色明亮的圆形接待台采用多色背光照明，散发出温暖热烈的气息，带领着来访者走进一个梦幻的未来世界——犹如爱丽丝梦游仙境一般。

圆形的舷窗仿若“未来之眼”，向客人展示着一段全新“旅程”的开始。落地窗将这一区域同休闲区分隔开来，客人们透过丝网结构便可以看到光影跳跃的景象——排列整齐的塑料表面结构“充斥着”他们的眼睛，仿佛在跳动一般。设计师特别引用了电影导演的特色方式——通过铺垫、等待和欲望来将独特的体验“凝固”成深刻的记忆，将客人的目光从中心区域吸引到下半场的走廊内，从而营造一种逐渐“升级”的情感体验。明亮的浮窗上，一侧展示着不同的产品，另一侧则设置着通往理疗室的入口，这一设计更加完善了客人的“独特旅程”。

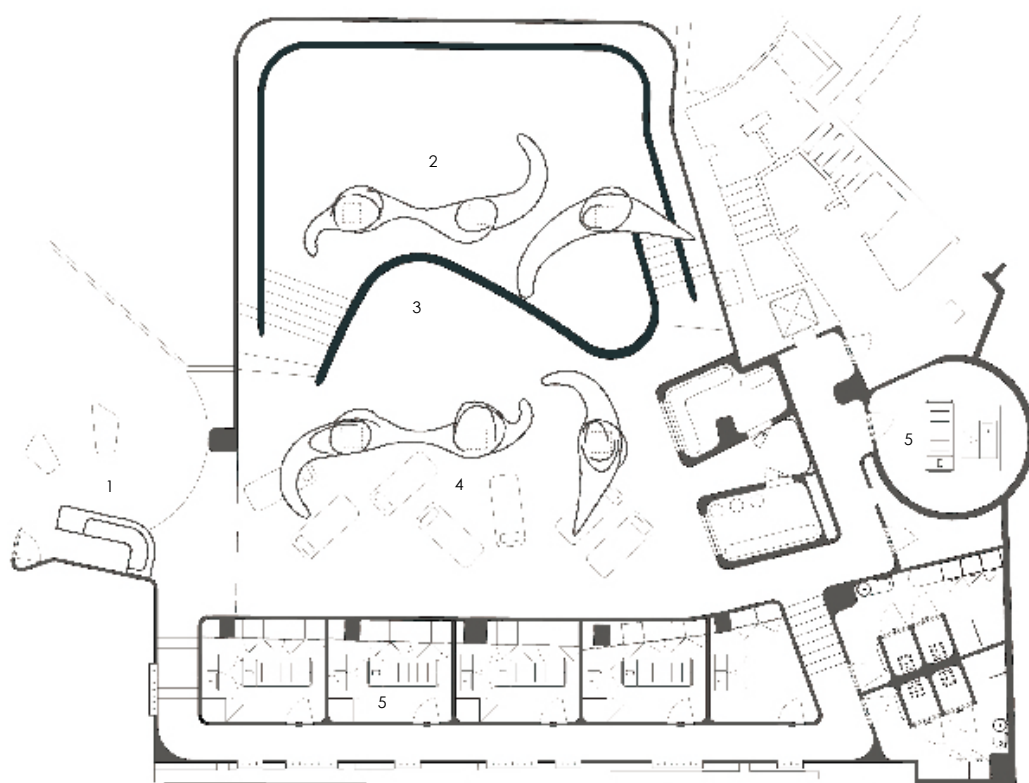
走廊的尽头，经过更衣室以及安装着蓝色LED的台阶，客人便可到达疗养中心。在这里，“镜像气泡”（铬金材质打造的结构）垂悬在天花上，闪闪发亮。它们如同争相上涌的香槟气泡一般，引领着客人走进来。之后，它们开始变得更大，数量更多。在接近游泳池的时候，它们迅速“爆破”回到最初的状态，摇身一变成了生机勃勃的“水泡泡”。蜿蜒的高大树木拥有着长长的“臂膀”，似乎漂浮在空中等待一个温暖的拥抱。



- 1.The interior environment is fascinating
- 2.The eye-catching mirror bubbles
- 3.External view of the sauna
- 4.The mirror bubbles beside the bath pool
- 5.Guests can feel like in a magical world
- 6.The mirror bubbles lead guests into the spa
- 7.The figure decoration in bathroom is very unique

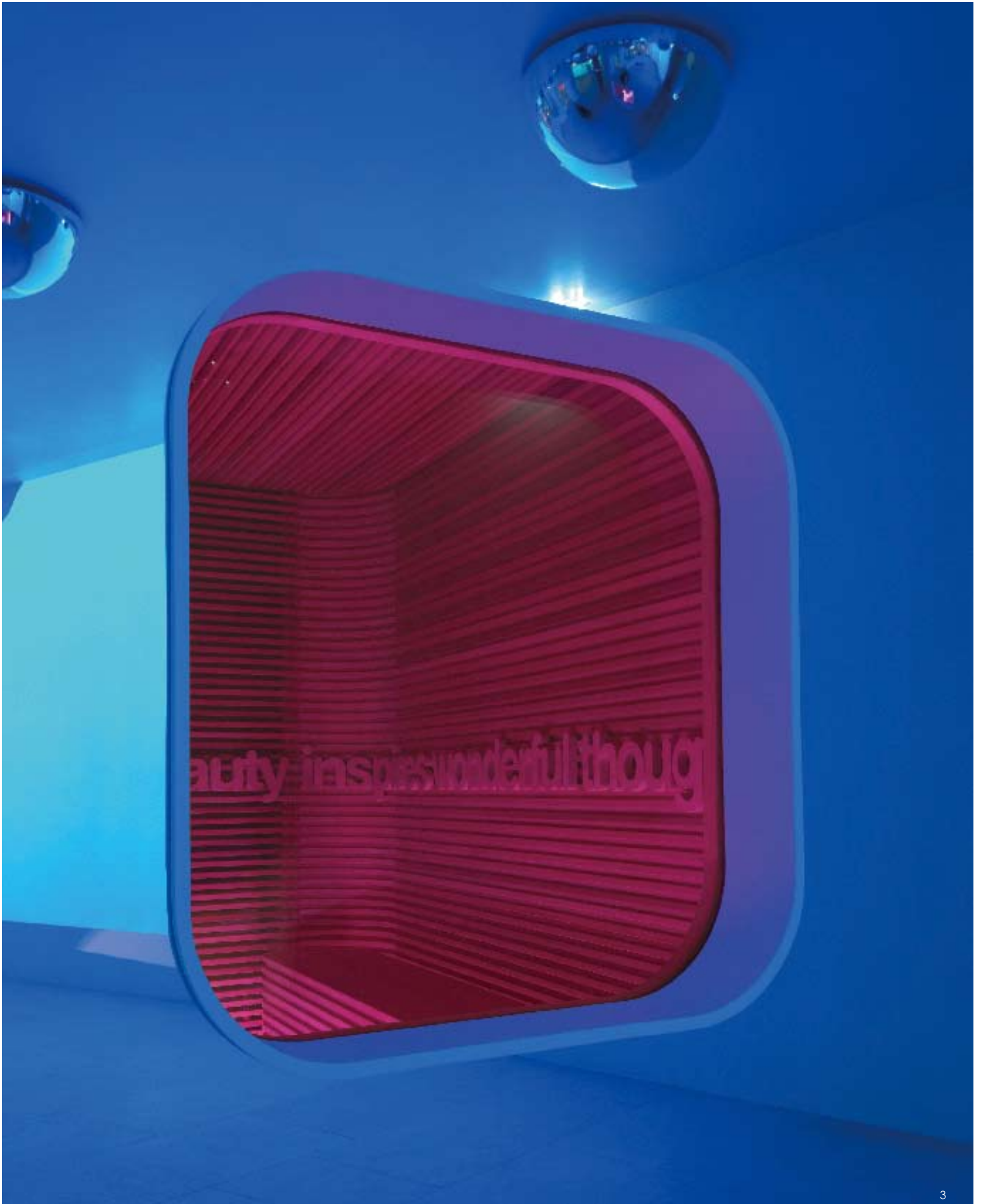
1. 室内环境如同幻境
2. 引人注目的“镜像气泡”
3. 蒸汽室外景
4. 浴池边密集的气泡
5. 顾客如同置身另一个世界
6. “镜像气泡”将客人引入SPA内部
7. 浴室的数字装饰别出心裁

At the end of the passage just past the changing rooms soon after a few stairs featuring blue LEDs, we enter into the heart of the wellness centre. The mirror bubbles, the macroscopic plastic chromium plated "melted metal" drops hang from the ceiling and shine. As soon as these rarefied drops fulfill their task of accompanying the visitor in the same way as champagne bubbles go up the neck of the bottle, they thicken and they increase in number. As we approach the large swimming pool which metaphorically represents the origin of the lively explosion, they converge into a sudden burst of sparkling bubbles. The big sinuous trees having long swaying arms which seem to float in the air searching for a melting embrace form a Pantagruelian Ring a Ring o' Roses of phytomorphic souls by means of evocative reflects of the drops on the ceiling. All this creates a kaleidoscopic dreamlike scenery, enabling the visitor to enjoy a deep, unique sensory experience.



1. Reception
2. Bath pool
3. Shower
4. Relaxation area
5. Treatment room

1. 接待处
2. 浴池
3. 淋浴
4. 休息处
5. 理疗室







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Conti Day Spa

Architrave Design & Planning

Banyan Tree Spa Sanya

Concrete Architectural Associates

Bergman Beauty Clinics MediSpa

CURIOSITY

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RTKL Associates Inc
Celebrity Solstice – AquaSpa

Saucier + Perrotte architectes
Scandinave Les Bains Vieux-Montréal

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Atomic Spa Suisse
Exedra Nice Hotel Wellness Centre
Hypnotique Spa

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